

KNOW THE FACTS ABOUT HEPATITIS A

Hepatitis A is a liver infection caused by the hepatitis A virus (HAV). It is found in the stool of people who are infected, and it is very contagious.

Signs

- Yellow skin or eyes
- Loss of appetite or stomach discomfort.
- Vomiting
- Fever
- Dark urine or light-colored stools
- Joint pain
- Diarrhea
- Feeling tired

Spread

- Eating food handled by someone with the virus who doesn't thoroughly wash their hands after using the toilet
- Being in close contact with a person who is infected – even if that person has no symptoms
- Having sex with someone who has the virus

Vaccine

- The vaccine has made this disease much less common in the U.S., but outbreaks among unvaccinated people still happen
- This vaccine is recommended by the CDC for children and adults
- Side effects often go away within 2 days and are usually mild such as:
 - Redness and pain at the injection site
 - Feeling tired
 - Fever
 - Muscle aches



Facts

- Adults are more likely to have symptoms than children.
- If you get hepatitis A, you may feel sick for a few weeks to several months but will usually recover and not have lasting liver damage. You may need to go to the hospital, if you have a severe case.
- in rare cases, hepatitis A can cause liver failure and death. This is more common in older people and in people with other serious health issues, such as chronic liver disease.



Vaccinate now, protect yourself and others.

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