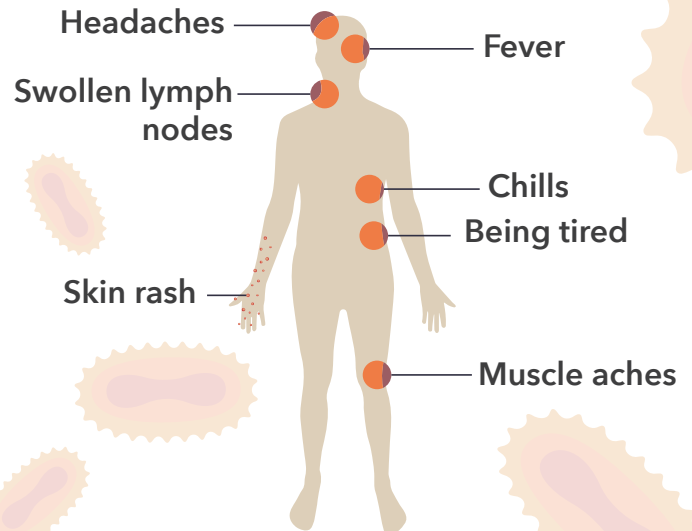# Get the facts about MPOX

Mpox is a viral infection that spreads from person to person through close contact. It usually causes mild but painful symptoms, like these:

- Headaches
- Fever
- Swollen lymph nodes
- Chills
- Being tired
- Skin rash
- Muscle aches

Most people who get mpox get it from close contact, including sex, with someone who is showing symptoms. But people who have mpox may be able to give it to others up to four days before they show symptoms.

IT TAKES TWO!

You can stay safe from getting sick with mpox by

✓ **Getting the mpox vaccine -- It takes two doses!**

✓ **Getting tested if you think you may have mpox**

✓ **Getting tested if you've been in close contact with someone who has mpox**

Don't have sex or close contact with strangers who may have mpox.

Talk to your primary care provider for more information about mpox testing or getting the mpox vaccine.

If you think you need testing, please call the **Sexual Health Clinic** line at **512-972-5000**.

If you need more info about the mpox vaccine, please call the appointment line at **512-972-5520**. Our staff will ask questions to help decide if you should get an mpox vaccine.

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