

MPOX (Monkeypox) LAUNDRY GUIDANCE

Do you own laundry when possible:

- Gently put items, along with the bag, in the washing machine.
- Do not shake items while taking them out of the bag.
- Use hot water or the highest temperature setting.
- Use regular detergent. You do not have to use chlorine or color-safe bleach, or another sanitizer.
- Dry your clean, wet laundry at the highest temperature allowed. Check item labels for instructions.
- Air-dry any items at home that cannot be dried in a machine.



Use cloth baskets

If you must do the laundry of a mpox (monkeypox) patient:

- Wear clothing that fully covers your skin, disposable medical gloves and a well-fitting mask.
- Immediately put any clothes worn during cleaning in the laundry.
- Thoroughly wash your hands using soap and water after removing PPE.



If you are in a laundromat or other shared laundry room:

- Wear a mask.
- Take your clean, dry laundry out of the dryer, put it directly in the clean bag and fold it at home.
- Limit your time in public laundry spaces.
- If possible, go home between washing and drying your laundry, or go outside to reduce time around others.



Wear washable clothing instead of clothes that need to be dry-cleaned!

