

BACK TO COLLEGE

MPOX (Monkeypox) SAFETY

Monkeypox is a disease that causes fever, aching, headache, swollen glands and a rash that look like pimples or blisters. The disease is now present in Austin and Travis County. Staying educated and making informed decisions will help to stop the spread of monkeypox.

Who can get monkeypox?

Monkeypox can be transmitted to anyone – regardless of sexual orientation or gender identity.

How do I keep myself safe?

Limit close contact to small groups of people you know.

Close contact includes:

- Kissing, cuddling, wrestling, or sex.
- Sharing drinks and utensils.
- Touching contaminated clothing and bed linens.

Talk about monkeypox risk factors with any close contacts.

Ask questions including:

- Are they experiencing any monkeypox symptoms?
- Have they had other sexual partners in the past 14 days?

Practice good hygiene! Washing your hands often and wearing masks when in close quarters with others will greatly reduce the chance of disease spreading.

What do I do if I have symptoms?

Anyone experiencing symptoms of monkeypox should immediately call their primary care provider. This could be your campus's health services. If you do not have a health care provider, you can call Austin Public Health's Health Equity Line at (512) 972-5560.

Stay home and isolate in your room if you think you're experiencing symptoms.

College is a time to be enjoyed – Stay informed to keep yourself and others safe from monkeypox.



Photo credit: NHS England High Consequence Infectious Diseases Network



SCAN ME!
**For more information
on monkeypox here**



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