



# THE BREAST CENTER

## StDavid's MEDICAL CENTER



### Appointment Preparation for Screening Mammography

#### **Pre-Screening Mammography Instructions:**

- Please complete the Mammography Questionnaire online prior to appointment.
- Doctor's order request is NOT necessary for Screening.
- For comfort, avoid scheduling mammogram near time of your menstrual cycle.

#### **The Day of the Exam:**

- Wear comfortable, two-piece clothing.
- Thoroughly clean breast area before exam.
- Best to avoid deodorant, powders or lotions under the arms or near the breast area on the day of the exam, since the residue may mimic abnormalities and result in an unnecessary recall. If the need arises, the technologists can facilitate removal just prior to procedure.

#### **Results:**

- Screenings are read at 8:00 a.m. and 1:00 p.m. daily by The Breast Center radiologist.
- Normal results are mailed to you and your physician within 7 to 10 days.
- The Breast Center will contact you should additional imaging be required.
- If you would like to receive a verbal report from one of our nurses prior to the receipt of your letter, call The Breast Center to obtain results. Your results will typically be available 24 hours after your appointment.