

## Mental Health Authorities

### Helpful Information to give when calling 911:

- Your name
- Subject's name
- Address for police to respond to
- Age, height, weight and clothing of subject
- Medications subject may take
- Subject's diagnosis
- Any current or prior violent behavior
- Current or past drug use
- Triggers
- Current or past history of psychosis
- Current or past delusions/hallucinations
- Possible weapons subject may have (real or fake)
- What has helped de-escalate past situations

#### Austin/Travis County—Integral Care

<http://www.integralcare.org>

Main phone: (512) 447-4141

Crisis phone: (512) 427-4357

#### Williamson County—Bluebonnet Trails Community Services

[www.bbtrails.org](http://www.bbtrails.org)

Main phone: (512) 255-1720

Crisis phone: (800) 841-1255

#### Hays County—Hill Country Mental Health & Developmental Disabilities Centers

[www.hillcountry.org](http://www.hillcountry.org)

Main phone: (830) 792-3300

Crisis phone: (877) 466-0660



### Austin Police Department

### Crisis Intervention Team

(512) 854-3450

### Important Numbers

**Emergency.....911**

Austin Police CIT Office  
512-854-3450

Psychiatric Emergency Services (PES)  
512-472-HELP (4357)

National Suicide Hotline  
1-800-273-TALK (8255)  
*Veterans press 1*

Suicide Hotline  
512-472-HELP (4357)

### Hospital Emergency Departments

In the event of a medical concern in conjunction with a mental health crisis, any local hospital emergency department can provide treatment and mental health referrals.

**In the event of an emergency, or if you need immediate assistance, call 911.**

Contact APD Crisis Intervention Team with any questions.... (512) 854-3450

### **General Resources**

Adult/Child Protective Services  
<http://www.dfps.state.tx.us/>  
1-800-252-5400

Austin Travis County Integral Care  
(ATCIC)/Psychiatric Emergency Services  
[www.integralcare.org](http://www.integralcare.org)  
(512)472-HELP (4357)

Bluebonnet Trails  
<http://bbtrails.org/services/crisis-services/>  
1-800-841-1255

Dell Seton Yellow Pod  
<https://www.seton.net/behavioral-health-care/emergent-psychiatric-treatment/>  
(512) 324-2039

Mental Health TX  
<https://mentalhealthtx.org/>

NAMI Central Texas  
(National Association on Mental Illness)  
[www.namiauustin.org](http://www.namiauustin.org)  
(512) 420-9810

Mobile Crisis Outreach Team  
(MCOT)  
<https://integralcare.org/program/mobile-crisis-outreach-team-mcot/>  
(512)974-HELP (4357)

### **Intellectual or Developmental Disabilities**

ARC of the Capital Area  
<http://www.arcaustin.org/>  
(512) 476-7044

### **Homeless Service**

PATH/ACCESS Homeless Services  
<https://integralcare.org/program/pathaccess-homeless-services/>  
(512)472-HELP (4357)

### **Inpatient Services**

#### **Adults:**

Austin Lakes Hospital  
<https://austinlakeshospital.com/>  
(512)544-5253

Judge Guy Herman Center  
(512) 804-3770  
<https://integralcare.org/en/judge-guy-herman-center-for-mental-health-crisis-care/>

Rock Springs  
<https://rockspringshealth.com/>  
(512)746-7345

Shoal Creek  
<https://www.seton.net/locations/shoal-creek/>  
(512)324-2000

WellBridge-San Marcos  
<https://www.wellbridgesanmarcos.com/>  
(512)353-0194

#### **Adults, Teens & Seniors**

Georgetown Behavioral Health  
<https://www.georgetownbehavioral.com/>  
(877)500-9151

#### **Children & Adults**

Austin Oaks Hospital  
<https://austinoakshospital.com/>  
(512)440-4800

Cross Creek Hospital  
<https://www.crosscreekhospital.com/>  
(512)549-8021

Austin State Hospital  
<https://hhs.texas.gov/services/mental-health-substance-use/state-hospitals/austin-state-hospital>  
(512)452-0381

#### **Youth**

Scheib Mental Health Center  
<http://www.scheibcenter.org/>  
(512) 392-7151

Dell Seton Children's  
(512) 324-0029  
<https://www.dellchildrens.net/behavioral-health/>

### **Veteran Services**

Central Texas Veterans Health Care System—Austin/Central TX  
<https://www.centraltexas.va.gov/locations/Austin.asp>  
(512) 823-4000

Military Veteran Peer Network  
<https://www.texvet.org/partners/mvpn-military-veteran-peer-network>  
(512) 527-4584

Veterans Administration (VA)  
<https://www.centraltexas.va.gov/locations/Austin.asp>  
(512)823-4000