Car Seat Inspection Events

GET YOUR CAR SEAT CHECKED BY A **CERTIFIED TECHNICIAN**

Only 1 out of 5 car seats are used correctly... is yours the 1?

Austin-Travis County EMS provides FREE car seat checks every month. Make an appointment with one of our certified technicians to ensure your child is traveling safely.

Several opportunities are available every month. Call today to make an appointment.

Register online for a FREE class or car seat check: austintexas.gov/EMS

Call EMS at 512-972-SAFE (7233) or email EMSPubEd@austintexas.gov

Contacts For Additional Car Seat Checks

Buda EMS/Fire 512-295-2232

Marble Falls Area EMS 830-693-7277

Caldwell County Seton Edgar B Davis 830-875-7032

Williamson County EMS 512-943-1264

Safe Kids Austin 512-324-TOTS

Texas Law and Best Practices For Car Seats

Texas Law requires all children younger than 8 years of age (unless the child is taller than 4 feet 9 inches) to be secured in an appropriate child passenger safety seat.

Best Practices

the convertible seat.





Forward Facing with Harness - After a child outgrows the rear facing seat, they should be placed in a forward facing car seat. Typically this would be a child two (2) years of age or above.

Rear Facing - From birth to 2 years of age

or up to the weight and height limits of

Booster Seats - Keep your child in a forward-facing car seat with a harness until he or she reaches the top height or height limit allowed by yout car seat's manufacturer. Once your child outgrows the forward-facing car seat with a harness, it's time to travel in a booster seat. Children riding in a booster seat must use both lap and shoulder belts.

Safety Belts - After a child grows to approximately four feet nine inches (4'9") a child may use an adult safety belt providing the belt fits the child properly. The belt should fit with the lower portion over the hips and the shoulder belt should cross the center of the shoulder and chest.

All children under 13 years of age should be secured in the back seat.

Safe Baby Academy

Education Today for a Safer Tomorrow

Educate yourself and learn how to protect your infant in our FREE Safe Baby Academy class for expectant families, parents or caregivers of children under 12 months.

> **Register online at:** www.austintexas.gov/EMS

For more information call or email EMSPubEd@austintexas.gov 512-972-SAFE (7233)

Learn about the following topics:

Child Passenger Safety - Learn about car seats and get your car seat inspected by a certified technician

Infant CPR/Choking - Learn what to do in an emergency if your child is choking or requires CPR

Safe Sleep Practices - Learn how to create a safe sleep environment to reduce a possible SIDS or suffocation event

Water Safety - Learn how to keep your child safe around water

Home Safety - Learn how to create a safe environment for children in your home

Injuries are preventable. Sign up today!





Senior Safety Programs Fall Prevention & Free Home Safety Evaluations

Falls have become the #1 cause of death for people over 65.

ATCEMS provides FREE home safety visits for families in Travis County. Any person that meets the following criteria is eligible for a home visit:

- Age 65 or older OR concerned about their home situation
- Lives independently (not in a nursing home or assisted living facility)
- No diagnosis of dementia or Alzheimer's

Home Safety evaluations will include the following:

- Home hazard mitigation to reduce fall risks
- Medication review & Vial-of-Life program
- Basic strengthening and balancing activities
- Information about FREE safety equipment canes wheelchairs lockboxes smoke detectors
- Information to help connect with additional community resources
- CarFit Inspection ~ opportunity to check how well their personal vehicles "fit" them

Request a FREE Home Safety Evaluation visit austintexas.gov/EMS or email EMSFallPrevention@ausitntexas.gov

Austin-Travis County EMS

Keeping Your Children Safe and Our Community Educated

austintexas.gov/EMS

EMSPubEd@austintexas.gov

512-972-SAFE (7233)



Injury Prevention Programs

AUSTIN-TRAVIS COUNTY EDITED SUBJECT S

Fall Prevention

Safe Baby Academy Child Passenger Safety

