Some people who get sick with COVID-19 may continue to have symptoms and health problems even after they recover. This is called post-COVID conditions (PCC) or Long COVID. Long COVID can last for a few weeks, months or even years. It can cause different symptoms, and there are no proven medications to treat it.

It's also not easy to test for Long COVID. People who are at a higher risk of developing Long COVID are those who haven't been vaccinated against COVID-19 or who had severe symptoms when they had the virus. Sometimes, a person with Long COVID may not have tested positive for the virus or even known that they were infected.

## What are the symptoms of Long COVID/PCC?



Shortness of breath, Depression cough, chest pain, heart palpitations or anxiety



Change in smell/taste



Confusion or difficulty concentrating





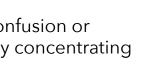
Joint or muscle pain



Stomach pain, diarrhea



Tiredness or fatique that interferes with daily life



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