

# Long COVID or Post-COVID Conditions (PCC)

Some people who get sick with COVID-19 may continue to have symptoms and health problems even after they recover. This is called post-COVID conditions (PCC) or Long COVID. Long COVID can last for a few weeks, months or even years. It can cause different symptoms, and there are no proven medications to treat it.

**It's also not easy to test for Long COVID.** People who are at a higher risk of developing Long COVID are those who haven't been vaccinated against COVID-19 or who had severe symptoms when they had the virus. Sometimes, a person with Long COVID may not have tested positive for the virus or even known that they were infected.

## What are the symptoms of Long COVID/PCC?



Depression  
or anxiety



Shortness of breath,  
cough, chest pain, heart palpitations



Change in  
smell/taste



Fever



Stomach pain,  
diarrhea



Tiredness or fatigue  
that interferes with daily life



Confusion or  
difficulty concentrating



Joint or  
muscle pain