

Monkeypox Guidance

Congregate Settings

[Monkeypox](#) is a disease that can cause flu-like symptoms and a rash.

Symptoms of monkeypox can include:

- Fever
- Headache
- Muscle aches and backache
- Swollen lymph nodes
- Chills
- Exhaustion
- A rash that can look like pimples or blisters that appears on the face, inside the mouth, and on other parts of the body, like the hands, feet, chest, genitals, or anus.

Examples of Monkeypox Rashes

Photo credit: UK Health Security Agency



Human-to-human transmission of monkeypox virus occurs by direct contact with lesions, infected body fluids, or from exposure to respiratory secretions during prolonged face-to-face contact. Reports of human-to-human transmission include close contact with a person with monkeypox symptoms. A person is infectious until all scabs separate and a fresh layer of skin is formed.

If a staff member, volunteer, or resident of a congregate living setting has a monkeypox infection, transmission could occur within the setting. For the purposes of this document, congregate living settings are facilities or other housing where people who are not related reside in close proximity and share at least one common room (e.g., sleeping room, kitchen, bathroom, living room). Congregate living settings can include correctional and detention facilities, homeless shelters, group homes, dormitories at institutes of higher education, seasonal worker housing, residential substance use treatment facilities, and other similar settings. These settings may provide personal care services but are not traditional healthcare settings (e.g. hospitals). If healthcare services are provided on site, they are usually provided in specific healthcare areas or by outside healthcare personnel (e.g., home health care workers). In these circumstances, healthcare personnel should follow recommendations in [Infection Control: Healthcare Settings | Monkeypox | Poxvirus | CDC](#).

If a monkeypox case has been identified in a congregate living facility, consider the following actions:

- **Communicate with staff, volunteers, and residents** — Provide clear information to staff, volunteers and residents about monkeypox [prevention](#), including the potential for transmission through close physical contact such as sexual activity. Provide prevention guidance including considerations for [safer sex](#). Keep messages fact-based to [avoid introducing stigma](#) when communicating about monkeypox.

- **Provide appropriate personal protective equipment (PPE) for staff, volunteers, and residents** — Employers are responsible for ensuring that workers are protected from exposure to *Monkeypox virus* and that workers are not exposed to harmful levels of chemicals used for cleaning and disinfection. PPE should be worn by staff, volunteers, or residents in these circumstances:

PPE

Mask

Eye Protection

Gloves

Gown

- **Entering isolation areas** — Staff who enter isolation areas should wear a gown, gloves, eye protection, and a NIOSH-approved particulate respirator equipped with N95 filters or higher.
- **Laundry** — When handling dirty laundry from people with known or suspected monkeypox infection, staff, volunteers, or residents should wear a gown, gloves, eye protection, and a well-fitting mask or respirator. PPE is not necessary after the wash cycle is completed.
- **Cleaning and disinfection** — Staff, volunteers, or residents should wear a gown, gloves, eye protection, and a well-fitting mask or respirator when cleaning areas where people with monkeypox spent time.

Response to Cases

- **Staff, volunteers, or residents who are suspected to have monkeypox should be [medically evaluated](#) and tested for monkeypox.** Anyone who is identified to have monkeypox should isolate away from others until all scabs separate and a fresh layer of healthy skin has formed underneath. Decisions about discontinuation of isolation should be made in consultation with the local or state health department.
- **Staff or volunteers who have monkeypox should isolate at home until they are fully recovered.** Flexible, non-punitive sick leave policies for staff members are critical to prevent spread of monkeypox.
- **Some congregate living facilities may be able to provide isolation on-site while others may need move residents off site to isolate.** Resident isolation spaces should have a door that can be closed and a dedicated bathroom that other residents do not use. Multiple residents who test positive for monkeypox can stay in the same room.
- **Staff should only enter isolation areas if they are essential to isolation area operations.**
- **If residents with monkeypox need to leave the isolation area, they should wear a well-fitting disposable mask over their nose and mouth and cover any skin lesions with long pants and long sleeves, or a sheet or gown.**
- **Ensure access to handwashing** — Soap and water or hand sanitizer with at least 60% alcohol should be available at all times and at no cost to all staff, volunteers, and residents. Anyone who touches lesions or clothing, linens, or surfaces that may have had contact with lesions should [wash their hands](#) immediately.
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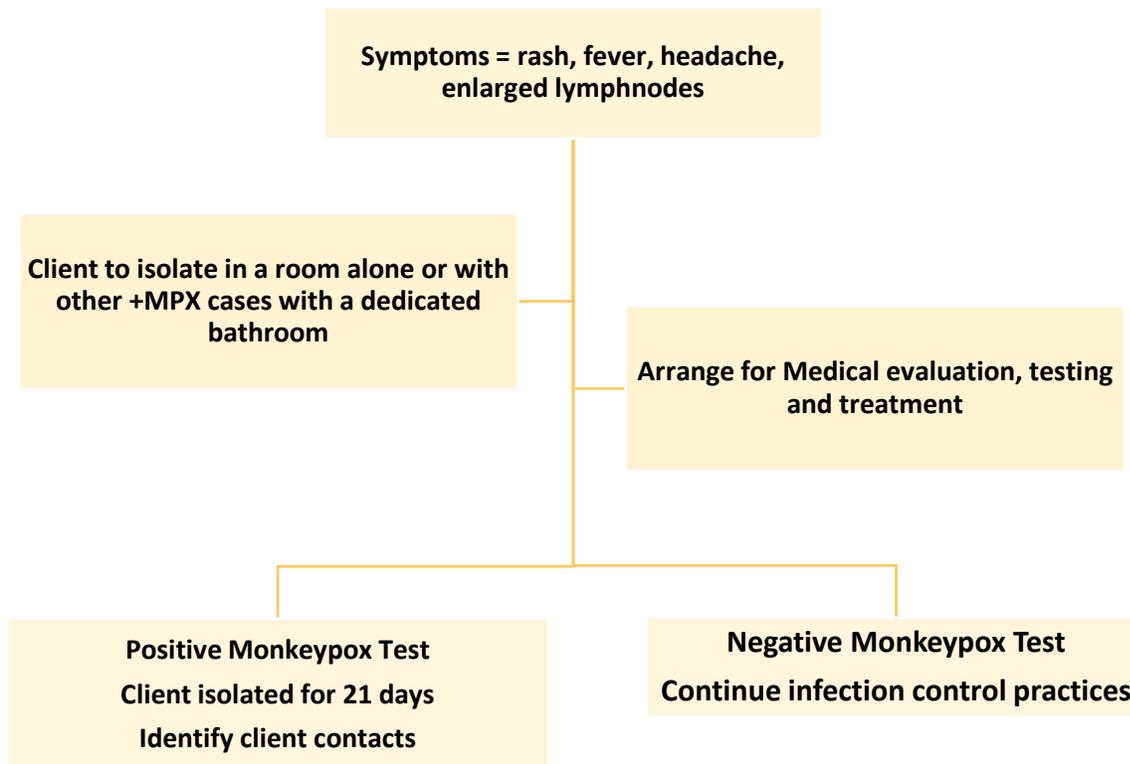


Figure 1 Monkeypox in a congregate living situation

Waste Management

Waste from patients with Monkeypox is Category B.

[Regulated Medical Waste \(envcap.org\)](http://envcap.org)

Cleaning Guidance

Avoid activities that could spread dried material from lesions (e.g., use of fans, dry dusting, sweeping, or vacuuming) in these areas. Perform disinfection using an EPA-registered disinfectant with an *Emerging Viral Pathogens* claim, which may be found on EPA's *List Q*. Follow the manufacturer's directions for concentration, contact time, and care and handling. Linens can be laundered using regular detergent and warm water. Soiled laundry should be gently and promptly contained in a laundry bag and never be shaken or handled in a manner that may disperse infectious material. Covering mattresses in isolation areas (e.g. with sheets, blankets, or a plastic cover) can facilitate easier laundering.

Employers must comply with OSHA's standards on Bloodborne Pathogens ([29 CFR 1910.1030](https://www.ecfr.gov/current/title-29--chapter-XVII--subchapter-B--part-1910--section-1910.1030)), PPE ([29 CFR 1910.132](https://www.ecfr.gov/current/title-29--chapter-XVII--subchapter-B--part-1910--section-1910.132)), Respiratory Protection ([29 CFR 1910.134](https://www.ecfr.gov/current/title-29--chapter-XVII--subchapter-B--part-1910--section-1910.134)), and other requirements, including those established by state plans, whenever such requirements apply.

References

[Congregate Living Settings | Monkeypox | Poxvirus | CDC](#)

[Monkeypox Guidance for Homeless and Inclusion Health Settings - Healthy London Partnership](#)

To report Monkeypox cases or exposure, or to request additional information, please call Austin Public Health 512-972-5555.