Household Mpox (monkeypox) Laundry Guidance

Do your own laundry when possible:



Place items and bag in washing machine



Use regular detergent



Dry your laundry at the

highest temperature

allowed

Air-dry items at

home that cannot be

dried in a machine

Do not shake items when they are taken out of the bag



Use hot water or the highest temperature





Wear long sleeve tops and pants, disposable gloves and a well-fitting mask



Immediately put any worn clothes in the laundry



Wear a mask



If you are in a laundromat or other shared laundry room:

Limit your time in public laundry spaces



Thoroughly wash your hands using soap and water



Place clean and dried laundry into clean bag and fold it at home



If possible, go home between washing and drying your laundry

Wear washable clothing instead of dry-cleaned



