

COVID-19: Risk-Based Guidelines

Recommended thresholds 7-day average hospital admits		Practice Good Hygiene	Maintain Social Distancing	Wear Facial Coverings	Higher Risk Individuals Aged 65+, diabetes, high blood pressure, heart, lung and kidney disease, immunocompromised, obesity			Avoid Gatherings	Avoid Non-Essential Travel	Avoid Dining/ Shopping	Avoid Gatherings	Avoid Non-Essential Travel	Avoid Dining/ Shopping	Workplaces Open
		Stay Home If Sick			Avoid Gatherings	Avoid Non-Essential Travel	Avoid Dining/ Shopping							
		Avoid Sick People												
0	Stage 1	●			Greater than 25		Except with precautions		Gathering size TBD					All businesses
< 10	Stage 2	●	●	●	Greater than 10		Except as essential		Greater than 25					Essential and reopened businesses
10 - 39	Stage 3	●	●	●	Social and greater than 10	●	Except as essential		Social and greater than 10					Essential and reopened businesses
40 - (70 to 123)*	Stage 4	●	●	●	Social and greater than 2	●	Except as essential		Social and Greater than 10	●		Except expanded essential businesses		Expanded essential businesses
> (70 - 123)* (depending on rate of increase)	Stage 5	●	●	●	Outside of household	●	Except as essential		Outside of household	●		Except as essential		Essential businesses only

* The exact hospitalization average trigger will depend on the rate of increase. A faster increase in the daily average will trigger stage 5 risk recommendations when the number reaches the lower end of this range.

Use this color-coded alert system to understand the stages of risk. This chart provides recommendations on what people should do to stay safe during the pandemic. Individual risk categories identified pertain to known risks of complication and death from COVID-19. This chart is subject to change as the situation evolves.