

# How Long to Quarantine:

## Information for Child Care & Pre-K - 12th Grade Schools

### Note

If at any time you develop COVID-19 symptoms, follow isolation guidance and take a PCR or rapid antigen test.



**In general, close contacts should wear a mask and get tested.**

**Masking:** Everyone 2+ should wear a well-fitting mask for at least a full 10 days following their last contact with someone with COVID-19. (Day 1 is the first full day after last contact with a person who has COVID-19.)

**Testing:** Close contacts should get a viral test\* (rapid antigen or PCR) at least 5 days after their last exposure, even if they do not have symptoms. If their COVID-19 test is negative, they should continue to wear a mask and avoid going anywhere they cannot mask for the full 10 days.

\*If the close contact has had COVID-19 in the last 90 days, they do not need to test unless they develop symptoms.



**Is the person eligible for and up-to-date with COVID-19 vaccinations** (i.e., they have received all the recommended doses, boosters, and additional primary shots that they are eligible for)?\*\*

\*\* Per the [CDC](#), "to allow time for students to catch up with the [latest recommendations](#) and to minimize disruption to in-person learning, schools may consider forgoing quarantine for students ages 12-17 years who completed their [primary vaccine series](#) but have not yet received all [eligible boosters](#)." Encourage these students to get boosted.



Yes



No

Can or will the person consistently and correctly wear a mask?  
**AND** When they do remove their mask to eat, drink, or nap, are they able to physically distance?

**The person should quarantine.**

5-day quarantine, return on day 6 if they:

- Can and will wear a mask;
- Can and will socially distance when they do remove their mask to eat, drink, or nap.

10-day quarantine, return on day 11 if they:

- Can't or won't wear a mask
- Can't or won't socially distance when they do remove their mask to eat, drink, or nap.

Has the person had confirmed COVID-19 within the past 90 days (tested positive using a viral test)?



Yes

Can or will the person consistently and correctly wear a mask?  
**AND** When they do remove their mask to eat, drink, or nap, are they able to physically distance?

**The person should quarantine.**

10-day quarantine, return on day 11.

The person does not need to quarantine **but should take precautions for a full 10 days:**

- Wear a mask around others
- Avoid travel
- Avoid being around people who are at high risk