

# South Austin Senior Activity Center



Happy  
New Year

2022

3911 Menchaca Road Austin, Tx 78704 / 512.978.2400

[www.austintexas.gov/departments/south-austin-senior-activity-center](http://www.austintexas.gov/departments/south-austin-senior-activity-center)

Austin Parks and Recreation Department - Seniors

Monday thru Friday 8:00am - 5:00pm



[austintexas.gov/varsitygeneration](http://austintexas.gov/varsitygeneration)

The City of Austin is committed to compliance with the Americans with Disabilities Act. Reasonable modifications and equal access to communications will be provided upon request. For assistance please contact (512) 974-3914 or Relay Texas 7-1-1.

## GENERAL INFORMATION

### 2022 Registration/New Waiver

Currently we are not accepting any SASAC registration renewals or DONATION at this time. If you don't have a current COA-PARD-SASAC waiver on file we will require a complete and signed form. If any information such as emergency contact, address, phone number, medications, etc. have changed since March 2020 please stop by the front desk to complete a form to update your information in our database.

### 2022 EVENING HOURS

**SASAC will be open Tuesdays until 9:00pm  
and Wednesdays until 10:00pm  
Health Check & Sign-In required each day and for  
each class.**

### Evening Dance Clubs

#### **Waterloo Squares**

Tuesday Nights - Square Dancing from 7-8:45 pm  
Square-dance the night away to a live caller!

#### **Wednesday Night Dance Club**

**Return TBA**

Wednesday Nights - Country & Western Dancing  
7:30-9:45pm

Come dance the night away to a live band! **\$5 per person charge**

**FACE MASKS REQUIRED until further notice and must be properly worn upon entry and while in the facility.**

Currently, to enter South Austin Senior Activity Center, you must complete a Health Check Screening, take your temperature and sign-in. Please review the Health Check list on page 15 before arriving for your class or activity.

## What Is Varsity Generation?

What is "Varsity Generation"?

"Varsity Generation" is a positive way of describing a stage of life where experience and skill are prized and respected. The term implies being part of a team that always has your back. You rely on your team as much as they rely on you. Participation is encouraged in order to help each other continue mastering the art of living a fulfilling life. Varsity Generation sees aging as a natural progression of life, and positively acknowledges and affirms a person's earned spot on the team.

As we roll out this new concept, You will see this logo on our program promotions and start hearing the staff refer to Varsity Generation activities. South Austin Senior Activity Center and all of the Austin Parks and Recreation Department Senior Centers will continue to offer a variety of quality programs and we hope you will try new experiences with our "team" along the way!



## FACILITY CLOSURE

**SASAC will be closed Monday, January 17th in observance of Dr. Martin Luther King Jr.**

MARTIN LUTHER  
KING JR. DAY



# UPCOMING EVENTS

## Meals on Wheels of Central Texas

In person hot meals are delayed  
Until further notice.

Meals on Wheels will continue with Curb-  
side Pickups.

## Heart Painting Craft

Registration: January 10th thru the 28th

Supply Pick Up: January 31, 2022

Class/Zoom: February 4th 10am - 11am

## Mardi Gras Mask

Registration Begins: February 1st thru  
18th

Supply Pick Up: February 25th

Class/Zoom: March 1st 10am - 11am

## Lucky Embellished Picture Frame

Registration Begins: February 18th thru  
March 3rd

Supply Pick Up: March 7th

Class/Zoom: March 10th 10am - 11am

## AAPR TAX AIDE

Tax Aide will not be accepting walk ins. You  
will need to call and make an appointment

To make an appointment email  
[235003052@aarpfoundation.org](mailto:235003052@aarpfoundation.org)



# COMMUNITY GARDEN

Join our group on Mondays to help with our winter garden  
maintenance and harvesting. Whether you have a green thumb to  
lend, or want to develop one, stop by our community garden.

**Every Monday at 10am**

**\*NO CLASS - Monday, January 17th**



# FRIDAYS MOVIES

**Respect** -Following the rise of Aretha Franklin's career from a young  
child singing in her father's church's choir to her international superstar-  
dom,.

Friday January 7th

Time: 10am-12pm

**Jurassic Park** -Paleontologists Alan Grant and Ellie Sattler are among a  
select group chosen to tour an island theme park populated by  
dinosaurs created from prehistoric DNA.

Friday January 14th

Time: 10am-12pm

**Jumanji** - When two kids find and play a magical board game, they re-  
lease a man trapped in it for decades - and a host of dangers that can  
only be stopped by finishing the game.

Friday January 21st

Time: 10am-12pm

**E.T. the Extra-Terrestrial** - After a gentle alien becomes stranded on  
Earth, the being is discovered and befriended by a young boy named  
Elliott.

Friday January 28th

Time: 10am-12pm



# Fitness Classes

BE SURE TO CHECK OUT  
OUR TREADMILLS,  
RECUMBENT BIKES,  
WEIGHT SYSTEM AND  
ELLIPTICAL TRAINERS

IF YOU NEED ASSISTANCE US-  
ING THE  
EQUIPMENT, SASAC STAFF IS  
AVAILABLE  
TO ANSWER QUESTIONS.

Gym Hours  
Mondays 8a-4:00p  
Tuesdays 8a-8:30p  
Wednesday 8a-9:30p  
Thursday 8-4:00p  
Friday 8a-4:00p  
**SUBJECT TO CHANGE**



## SENIOR HEALTH AND FITNESS

Tuesday and Thursday 8:30-9:30a  
m

Total body cardiovascular workout  
taught in a FUN class format.  
Four sets of activities  
(15 minutes each).

Instructed by video tape  
**FREE**



## T'AI CHI

Tuesdays and Thursday 10-11a

T'ai Chi has many proven health  
benefits for seniors, from increased  
balance and bone strength, to  
greater strength and flexibility. T'ai  
Chi is also very safe and practiced  
slowly; it is zero impact. Instructor:  
Kade Green, Sifu

**Free**

## SENIORCIZE

Wednesdays 10:30 - 11a

Join Kade for a workout geared  
towards adults 50 and older.  
Seniorcize is a great way to  
stay active and get back into  
shape.

Instructor: Kade Green

**FREE**

# Fitness Classes

## BEGINNER LINE DANCE

Mondays 1-2p  
2:30-3:30pm

Socialize & learn the basic  
steps to fun line dances.  
Instructor: Joan Cox

**FREE**



## ADVANCED BEGINNER LINE DANCE

Thursdays 2:30-4p

Scoot your boots for a healthy  
body and mind. Have fun, make  
friends, and learn a variety of  
dances.

Instructor: Joan Cox

**FREE**

## ZUMBA GOLD VIDEO

Mondays 9:00-10:00a

Improve your muscle strength,  
coordination, posture and mobility.  
Come on out and shake it! This is a  
drop in class. **FREE**



Austin Rocking' Line Dancers  
Thursdays 9:30 - 11a

**Starting February**

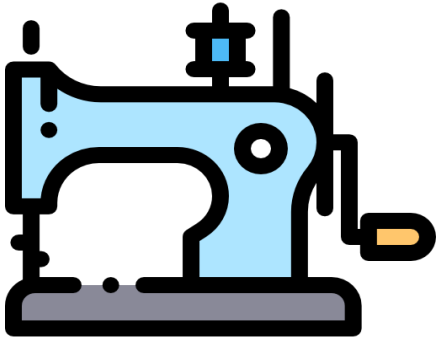
The Austin Rocking Line dances  
is a group that performs at various  
locations around Austin and has  
been honored with several  
awards.

Instructor: Sonja Hemmes

**FREE**



## Arts & Craft Classes



### Honey Bee Quilters

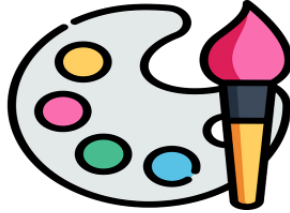
Thursday, January 6th & 20  
9a - 2p

The Honey Bees invite anyone interested in quilting to join their monthly meetings.

### Everyone Paints

Thursdays 8a - 4p

Come in and share your creativity with other painters!



### Wednesday Painters

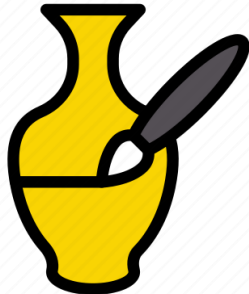
Wednesdays 1 - 3:30p

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

### Ceramics Circle

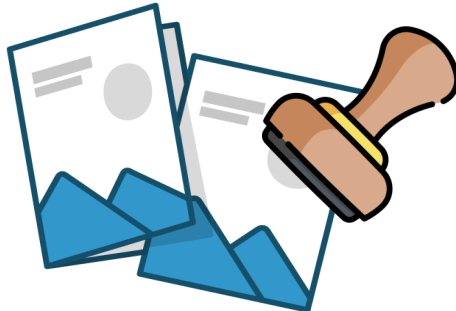
Wednesdays 9 - 12a

Bring your ceramic project and join other ceramics enthusiasts as you work.



### Card Making with Melissa

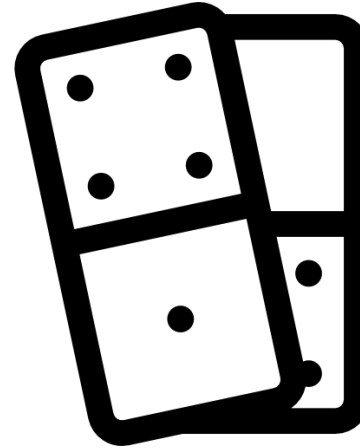
Friday January 14th  
Time: 9am-10am



## RECREATION AND GAMES

### Mexican Train Dominoes

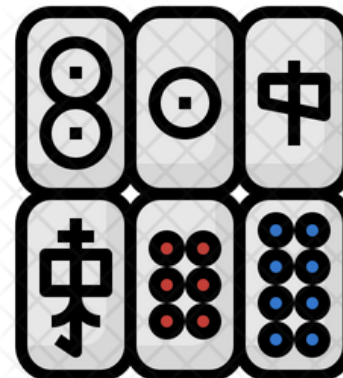
Tuesdays 12:15-3:15p



### Mahjong

TUESDAY 1-3PM

Join in on the classic game!



### Chess Club

Mondays and Fridays  
10a-12p

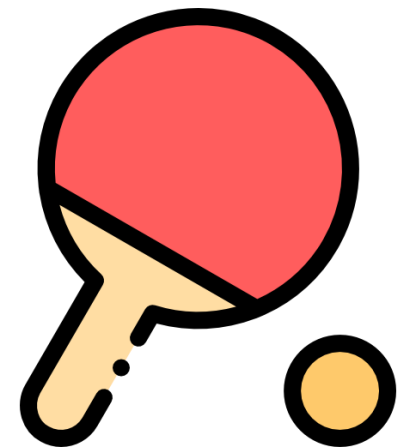
New players and all levels welcome!



### Ping Pong

Monday - Friday 9a - 3p

If you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.



## Card Games

### Free Play Bridge

*Mondays, Wednesdays & Fridays*

*11a - 1p*

**FREE**

### Progressive Bridge

*Monday, Wednesdays & Fridays*

*1 - 3p*

**FREE**

### Advanced Free Play

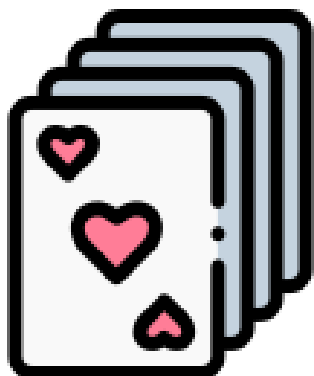
*Monday 11a- 2p &*

*Thursdays 9 - 11:30a*

*This group focuses on:*

- *Competitive Bidding*
- *Chicago Style*
- *Scoring*
- *Duplicate Practice*
- *Peer Coaching*

**FREE**



**All  
Card Games  
Are Delayed  
Until  
March**

### Friday Morning Free Play

*Fridays 9 - 11am*

*\*Beginner's welcome\**

**FREE**

### Hand and Foot Canasta

*January 13th & 27th 12-4p*

*A challenging game that's good for the brain. Friendly social group willing to teach you how to play.*

**FREE**

### Pinochle

*Tuesdays & Thursdays*

*8a - 2p*

**FREE**

## Daily Open Rooms

**Reservations for the Billiards Room and Fitness Room  
need to be made in advance**

### Billiards Room

*Open Daily*

*Monday-Friday*

*Free*

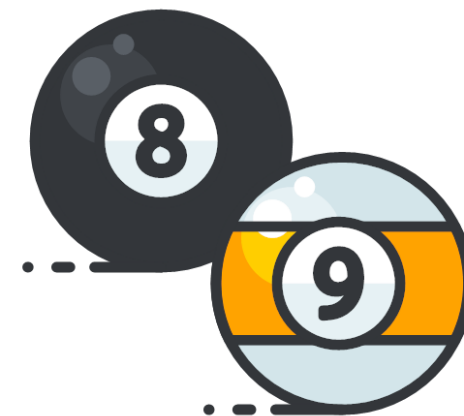
*Mondays 9a-4p*

*Tuesdays 9a-8:30p*

*Wednesday 9a-9:30p*

*Thursday 9a-4p*

*Friday 9a-4p*



### Fitness Room

*Open Daily*

*Monday-Friday*

*Free*

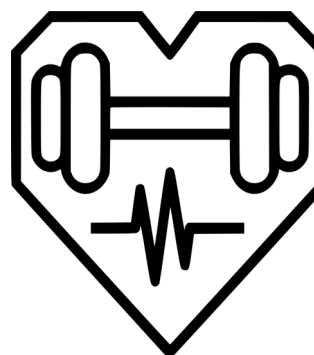
*Mondays 8a-4p*


*Tuesdays 8a-8:30p*

*Wednesday 8a-9:30p*

*Thursday 8-4p*

*Friday 8a-4p*



MONDAY	TUESDAY	WEDNESD	THURSDAY	FRIDAY
<b>3</b> Garden Meeting 10-11 Chess Play 10-12 Zumba 9-10 Beg. Line Dance 1-2 Advanced Beg. Line Dance 2:30-3:30	<b>4</b> Sr. Health & Fitness 8:30-9:30 Knitting & Crocheting 9-11 Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1-3 Waterloo Squares 7-8:45p	<b>5</b> Ceramics Circle 9-12 Seniorsize 10:30-11 Painters 1-3:30 Wednesday Night Dance 7-9:45p	<b>6</b> Quilters 8-2 Everyone Paints 8-4 Sr. Health & Fitness 8:30-9:30 Tai Chi 10-11 Line Dance 2:30-4	<b>7</b> Movie: 10-12 Chess Play 10-12
<b>10</b> Garden Meeting 10-11 Chess Play 10-12 Zumba 9-10 Beg. Line Dance 1-2 Advanced Beg. Line Dance 2:30-3:30	<b>11</b> Sr. Health & Fitness 8:30-9:30 Knitting & Crocheting 9-11 Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1-3 Waterloo Squares 7-8:45p	<b>12</b> Ceramics Circle 9-12 Seniorsize 10:30-11 Painters 1-3:30 Wednesday Night Dance 7-9:45p	<b>13</b> Everyone Paints 8-4 Sr. Health & Fitness 8:30-9:30 Tai Chi 10-11 Line Dance 2:30-4	<b>14</b> Card Making 9-10 Movie: 10-12 Chess Play 10-12
	<b>18</b> Sr. Health & Fitness 8:30-9:30 Knitting & Crocheting 9-11 Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1-3 Waterloo Squares 7-8:45p	<b>19</b> Ceramics Circle 9-12 Seniorsize 10:30-11 Painters 1-3:30 Wednesday Night Dance 7-9:45p	<b>20</b> Quilters 8-2 Everyone Paints 8-4 Sr. Health & Fitness 8:30-9:30 Tai Chi 10-11 Line Dance 2:30-4	<b>21</b> Movie: 10-12 Chess Play 10-12
<b>24</b> Garden Meeting 10-11 Chess Play 10-12 Zumba 9-10 Beg. Line Dance 1-2 Advanced Beg. Line Dance 2:30-3:30	<b>25</b> Sr. Health & Fitness 8:30-9:30 Knitting & Crocheting 9-11 Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1-3 Waterloo Squares 7-8:45p	<b>26</b> Ceramics Circle 9-12 Seniorsize 10:30-11 Painters 1-3:30 Wednesday Night Dance 7-9:45p	<b>27</b> Everyone Paints 8-4 Sr. Health & Fitness 8:30-9:30 Tai Chi 10-11 Line Dance 2:30-4	<b>28</b> Movie: 10-12 Chess Play 10-12
<b>31</b> Garden Meeting 10-11 Chess Play 10-12 Zumba 9-10 Beg. Line Dance 1-2 Advanced Beg. Line Dance 2:30-3:30				<b>Special Events are in RED</b>

2022 JANUARY

## Austin Parks & Rec COVID-19 Program and Facility Guidelines

The Austin Parks and Recreation Department (PARD) has modified its program offerings to provide the safest possible environment for participants, staff, and the community. Using recommendations and best practices sourced from the Centers for Disease Control (CDC), Austin Public Health (APH), and State guidelines for reopening, the following guidelines have been created for all PARD facilities and programs, including contract instructor and volunteer led programs.

**Please note, guidelines are subject to change at any time based on local health conditions and guidance as provided by local health authorities.** Any changes to PARD guidelines will be communicated appropriately. Furthermore, program schedules, hours of operation, facility capacity limits, and facility availability may be **changed or cancelled** at any time based on the business need of the City of Austin/PARD or public health safety concerns.

### RISK FOR EXPOSURE

While PARD will take necessary precautions and follow approved guidelines in accordance with the CDC and State/Local health authorities, this cannot fully eliminate the inherent risks of exposure to COVID-19 that are associated with being around other individuals who are outside one's household. The virus that causes COVID-19 can infect people of all ages. While the risk of serious illness or loss of life is greatest in those 65 years of age or older with pre-existing health conditions, persons in every age group can become infected with COVID-19 and some may become seriously ill or even die. By participating in PARD programs, or programs and activities happening within/on PARD property, you understand this risk and agree to follow all safety and wellness guidelines as outlined by the Department.

## Austin Parks & Rec COVID-19 Program and Facility Guidelines

### GENERAL GUIDELINES

- If you are symptomatic, don't feel well, have been around someone who tested positive for COVID-19 in the last 14 days, please stay home.

Upon entry to a PARD facility or a program, temperature will be taken using a non-contact temporal thermometer. Should one's temperature exceed 100 degrees Fahrenheit, entry will be denied.

- Additionally, anyone entering PARD facility must answer general COVID-19 Health Questions each day to satisfy admission into a program or facility. If the answer to any of these questions is "yes", entry will be denied.

### HEALTH SCREENING

#### *PARD Senior Activity Centers*

**Each time you enter the facility, you must confirm all the health requirements below are true:**

Temperature does not exceed 100 degrees Fahrenheit. (your temperature will be taken but not recorded).

Visitor has not been diagnosed with Covid-19

In the last 10 days or is waiting on results of a test.

Visitor has not been in close contact (same household) with someone who has symptoms

**or**

is waiting on results of Covid-19 test

**or**

has received a laboratory confirmed case of Covid-19 in the last 14 days.

Confirm none of the following symptoms are present: Fever or Chills, Cough, Shortness of Breath or Difficulty Breathing, Fatigue, Muscle or Body Aches, Headache, New Loss of Taste or Smell, Sore Throat, Congestion or Runny Nose, Nausea or vomiting, Diarrhea.



## **Austin Parks & Rec COVID-19 Program and Facility Guidelines**

- For outdoor programs, in particular those led by contract instructors, daily health screenings of participants must be implemented which should include temperature checks and daily health screening questions.
- Good hygiene should be followed at all times, including frequent hand washing and the use of PPE
- All staff, contract instructors, volunteers and participants are strongly encouraged maintain 6 ft. of physical distancing whenever possible. There may be instances when distancing may not be realistically maintained, in such cases masks are highly recommended.

Any equipment or supplies used in the administration of programs and activities, whether provided by parks staff, contract instructors, or brought from home, should be sanitized before and after each use. o PARD staff will perform additional cleaning and disinfecting of equipment and high-touch areas within the facility.

- For indoor programs, room and group sizes are limited to no more than 10 participants at a time.

## **Austin Parks & Rec COVID-19 Program and Facility Guidelines**

- For outdoor programs, group sizes are recommended to be limited to no more than 25 individuals at a time.
- Any individual accessing PARD facilities, parkland, or PARD-sponsored programs should adhere to all posted guidelines, rules and signage as specified at that location

### **IF POSITIVE CASE IS CONFIRMED WITHIN A PROGRAM OR FACILITY**

If a COVID-19 exposure or risk occurs in any of our programs, health authorities will be notified and PARD will follow their directives which may include cancelation of programs and closing the facility immediately for deep cleaning, quarantine of staff and participants in their own homes and other steps as required. Upon becoming aware that a participant, staff or volunteer in a program tests positive for COVID-19, such cases must be reported to APH. To do so, call the APH nurse line at 512-972-5560. Additionally, all participants and any individuals who may have had close contact with a positive case in your program must be notified in writing within 48 hours. Confidentiality of all participants must be maintained at all times, and under no circumstances should the name or information pertaining to an individual be shared or released.

## Austin Parks & Rec COVID-19 Program and Facility Guidelines

- Limited activities and participants began on June 21, 2021.
- Pre-registration will be required for any class/activity offered at this time. No Drop-Ins will be allowed.
- Everyone must check-in at the center's main entrance. You will participate in a "Health Screening" which will include health status questions and temperature check. Anyone not able to pass the health questions, refusing to participate in the screening or have a temperature of 100 degrees or more, will not be allowed in the center. Your cooperation is vital to the success of our staying open.
- **PROPERLY WORN MASKS (covering nose and mouth) ARE REQUIRED AT ALL TIMES WHILE IN THE FACILITY.** (until further notice)
- We suggest that you bring your own supplies, equipment, water bottle, etc. for the class/activity you attend. Some equipment will be available, but you must sanitize it before and after the class/activity.
- If you are not feeling well, please stay home.

## Austin Parks & Rec COVID-19 Program and Facility Guidelines

- You will not need to complete a new registration/waiver form at this time. If you have changes to the information on your current waiver, please let staff know and they will provide you with a form to complete.
- We promote and adhere to social distancing of 6 feet.
- Tables and chairs, exercise pods, etc. will be arranged to promote social distancing. Please do not move or rearrange them.
- Please wash and sanitize your hands often. Hand sanitizer is available throughout the building.
- We are implementing extra cleaning and sanitizing protocols throughout the facility and before and after classes.
- All events and Center hours are subject to change. We will make every effort to provide this information as it occurs.

We miss you; and with everyone following the guidelines and policies, together, we can make this a safe opening!

## Austin and Travis County Masking Orders and Guidance (as of August 12, 2021)

### Mayor's Order No. 20210811-033-

NOW THEREFORE, I, MAYOR OF THE CITY OF AUSTIN, PURSUANT TO THE AUTHORITY VESTED BY TEXAS GOVERNMENT CODE CHAPTER 418, HEREBY ORDER, EFFECTIVE AS OF 12:01 A.M. ON AUGUST 12, 2021 THAT IN THE CITY OF AUSTIN:

#### SECTION 1. Face Coverings.

An individual over the age of two is REQUIRED to wear a face covering while present on or in City property unless expressly exempted in Section 2 or by a City policy applicable to the premises or facility.

#### SECTION 2. Exceptions. A face covering is not required for:

- (a) any individual with a medical condition or disability that prevents wearing a face covering;
- (b) any individual while the individual is eating or drinking, or is seated at City property to eat or drink;
- (c) any individual while the individual is
  - (i) exercising outdoors or engaging in physical activity outdoors and
  - (ii) maintaining a safe distance from others not in the same household;
- (d) any individual while the individual is driving alone in a City-owned vehicle;
- (e) any individual obtaining a service that requires temporary removal of the face covering for security surveillance, screening, or the need for specific access to the face, but only to the extent necessary for the temporary removal;
- (f) any individual while the individual is in a swimming pool, lake, or similar body of water;
- (g) any individual who is voting, assisting a voter, serving as a poll watcher, or actively administering an election, but wearing a face covering is strongly encouraged;
- (h) any person who is actively providing or obtaining access to religious worship;
- (i) any individual while the individual is giving a speech for a broadcast or to an audience; or
- (j) any individual while temporary removal of the face covering is necessary for communication by or with an individual who is hearing impaired; or
- (k) any individual who is alone, or in the presence of only members of the same household or residence, in a separate room or single space that is not an indoor common area.

## Austin and Travis County Masking Orders and Guidance (as of August 12, 2021)

#### SECTION 3. Enforcement.

- (a) If an individual fails to comply with this rule, an employee responsible for the city property shall make a verbal request that the individual wear a face covering and offer a face covering, if available, or an alternative method to obtain the services provided at the city property.
- (b) If after the employee complies with subsection (a), an individual refuses to wear a face covering or comply with the alternative method to obtain services, the employee shall ask the individual to leave city property for the remainder of the day.
- (c) If an individual refuses a request to leave city property, the employee should seek the assistance of security or law enforcement.
- (d) An employee shall follow Use of City Property Rules and Administrative Bulletin Number 11-4 (Handling Inappropriate Conduct by the Public on City Property) in the event an individual refuses to wear a face covering and engages in conduct prohibited by Use of City Property Rules
- (e) A person who violates this Order violates Austin City Code Section 2-6-24. A violation is a misdemeanor punishable by a fine not to exceed \$1,000. A violation of this Order may be enforced by the filing of a probable cause affidavit alleging the criminal violation with the appropriate court or by issuing a citation to the person violating, that contains written notice of the time and place the person must appear before a magistrate of this state, the name and address of the person charged, and the offense charged.



**MEALS ON WHEELS**  
AMERICA

# CONGREGATE MEAL REGISTRATION REQUIRED

A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, & delivery.

Meal tickets are distributed on a **FIRST COME FIRST SERVE** basis beginning at 9:30a each morning.

Tickets distributed equal the number of meals ordered for that day. Lunch is served daily **12p-12:30p** with milk and water.

For ineligible guests **OVER 60** (not registered) and guest **UNDER 60**, the cost of the meal is \$5.39.

Due to the unavailability of certain items, substitutions are occasionally made.

# LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <b>Pick up Meals and shelf stable food.</b>	4	5	6	7
10 <b>No Meals on Wheels Pick up</b>	11	12	13	14
17 <b>CLOSED FOR MLK JR. DAY</b> <b>No Meals on Wheels pick up</b>	18	19	20	21
24 <b>Pick up Only</b>	25	26	27	28
31 <b>Pick up Only</b>				

## Austin City Council Mayor and City Council

Steve Adler, Mayor  
Delia Gara, Mayor Pro Tem, District 2  
Natasha Harper-Madison, District 1  
Sabino “Pio” Renteria, District 3  
Gregorio “Greg” Casar, District 4  
Ann Kitchen, District 5  
Jimmy Flannigan, District 6  
Leslie Pool, District 7  
Paige Ellis, District 8  
Kathie Tovo, District 9  
Alison Alter, District 10

## Austin Parks and Recreation

Kimberly A. McNeeley, CPRP, Director  
Liana Kallivoka, PhD, P.E, Assistant Director  
Lucas Massie, Acting Assistant Director  
Suzanne Piper, Chief Administrative Officer  
Anthony Segura, Assistant Director  
David Crabb, Program Manager

## SASAC Advisory Board 2020

Willie Williams, President  
Raisa Edelman, Vice President  
Joan Cox, Secretary  
Kitti Greenough, Treasurer  
Elaine Benton  
Carolyn Drake  
Ken Cohen  
Margie Mendez  
Chris Ng  
Jackie Gaylord  
Harold Barnett



## City Manager

Spencer Cronk, City Manager  
Elaine Hart, Deputy City Manager  
Rey Arellano, Assistant City Manager  
Gina Fiandaca, Assistant City Manager  
Rodney Gonzales, Assistant City Manager  
Christopher J. Shorter, Assistant City Manager

## Parks Board

Dawn Lewis, Chair  
Romteen Farasat, Vice Chair  
Anna Di Carlo, Board Member  
Richard DePalma, Board Member  
Tom Donovan, Board Member  
Francoise Luca, Board Member  
Kate Mason-Murphy, Board Member  
Fred Morgan, Board Member  
Nina Rinaldi, Board Member  
Laura Cottam Sajbel, Board Member  
Kinberly Taylor, Board Member

## SASAC Staff

Jason Miller Program Supervisor  
Maria Reyes, Recreation Program Coordinator  
Lynnette Lara, Recreation Programs Specialist  
Vacant, Recreation Programs Specialist  
Joe Asevedo, Building and Grounds Assistant  
Daniel Mendoza, Administrative Associate



**MISSION** Inspire Austin to learn, play, protect and connect by creating diverse programs and experiences in sustainable natural spaces and public places

### REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financial viability providing an overall financially sound recreation program to the Austin community.