

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN	
<p>FEBRUARY CELEBRATES...</p> <ul style="list-style-type: none"> ♦ Black History Month ♦ Valentines Day ♦ President's Day ♦ Mardi Gras 		<p>1 Fusion Fitness 10a Core & Restore 11a Tai Chi-Advanced 11:30a Handicraft Meet-up 12:30p Peaceful Yoga 3p Table Tennis 4:15 Pilates 5:30p</p>	<p>2 Find Balance 10a Table Tennis 11:15a Chair One Fit 1p Tie Dye w/ Rebecca 1:30p Bastrop Farm St Opry (L) 4p</p>	<p>3 Zumba Gold 9:30a Rummikub 10a Strength & Stretch 11a Tai Chi 12:30p</p>	<p>4 5</p>	
<p>6 Fusion Fitness 10a Table Tennis 11:15a Mexican Train 12:30p Craft: Valentine Cards 1:30p Meditation Instruction 5p Yoga Flow w/ Erika 6p</p>	<p>7 Motorola Mtg 9a Golden Rollers Beginners 10a CG Palette Club 9a Find Balance 10a All Rhythms 10a Tai Chi 11:30a Bunco 12:45p Comedy Improv 1p BeMused Literati 1:30p Line Dance 2p</p>	<p>8 Fusion Fitness 10a Core & Restore 11a Cuisine Crew: Casa de Luz (L) 11:30a Tai Chi-Advanced 11:30a Handicraft Meet-up 12:30p Advisory Board Mtg. 2p Peaceful Yoga 3p Table Tennis 4:15 Book Club 4:30p</p>	<p>9 Find Balance 10a Movie: Charade 11a Table Tennis 11:15a Lunchtime Lecture CER 12p Chair One Fit 1p</p>	<p>10 Zumba Gold 9:30a Rummikub 10a CAPS 10a Strength & Stretch 11a Tai Chi 12:30p Dance Theater of Harlem (L) 5:30p</p>	<p>11 Austin Acoustical Cafe 12</p>	
<p>13 Fusion Fitness 10a Table Tennis 11:15a Mexican Train 12:30p Craft: Valentine Cards 1:30p (Donate to assisted living ctr.) Meditation Instruction 5p Yoga Flow w/ Erika 6p</p>	<p>14 Palette Club 9a Find Balance 10a All Rhythms 10a Tai Chi 11:30a Comedy Improv 1p BeMused Literati 1:30p Line Dance 2p</p>	<p>15 AARP "Smart Driver" 9a Fusion Fitness 10a Core & Restore 11a Tai Chi-Advanced 11:30a Handicraft Meet-up 12:30p Peaceful Yoga 3p Table Tennis 4:15 Pilates 5:30p Movie: Fifty First Dates 6p</p>	<p>16 Find Balance 10a Table Tennis 11:15a TARA Mtg 1p BST Valentines' Gus Garcia 9a</p>	<p>17 Zumba Gold 9:30a Rummikub 10a Strength & Stretch 11a Tai Chi 12:30p Ballet Austin Talk</p>	<p>18 19</p>	
<p>20 Presidents' Day CLOSED FOR THE HOLIDAY</p>	<p>21 "Mardi Gras Fun" in the Lobby Golden Rollers Intermediate 10a CG Find Balance 10a Tai Chi 11:30a Bunco 12:45p Comedy Improv 1p BeMused Literati 1:30p Line Dance 2p</p>	<p>22 Fusion Fitness 10a Core & Restore 11a Tai Chi-Advanced 11:30a Handicraft Meet-up 12:30p Peaceful Yoga 3p Table Tennis 4:15 Book Club 4:30p Pilates 5:30p</p>	<p>23 HEB Tour & Talk 10a Find Balance 10a Movie: Good Night Oppy 11a Table Tennis 11:15a Bingo 1:45p</p>	<p>24 Zumba Gold 9:30a Rummikub 10a CAPS 10a Strength & Stretch 11a Tai Chi 12:30p</p>	<p>25 26</p>	
<p>27 Fusion Fitness 10a Table Tennis 11:15a Mexican Train 12:30p Meditation Instruction 5p Yoga Flow w/ Erika 6p</p>	<p>28 Hike: Colorado River Refuge (L) 9a Find Balance 10a Tai Chi 11:30a Comedy Improv 1p BeMused Literati 1:30p Line Dance 2p</p>	<p>FEBRUARY 2023</p> <p>Class listing subject to change due to business needs. Classes in BLUE indicate evening programs; PINK indicates Lottery (L) programs</p>				<p>012423 235p</p>

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<p>2 NEW YEARS DAY Observed</p> <p>CLOSED FOR COA HOLIDAY</p>	<p>3 NO BRIDGE</p> <p>Find Balance 10a Tai Chi 11:30a New Session Bunco 12:45p BeMused Literati 1:30p Line Dance 2p</p>	<p>4 NO BRIDGE</p> <p>Fusion Fitness 10a Core & Restore 11a Tai Chi-Advanced 11:30a New Session Handicraft Meet-up 12:30p Peaceful Yoga 3p Table Tennis 4:15-5:15p Pilates 5:30p</p>	<p>5 NO BRIDGE</p> <p>Find Balance 10a Table Tennis 11:15a Chair One Fit 1p Painting w/ Rebecca 1:30p</p>	<p>6 NO BRIDGE</p> <p>Zumba Gold 9:30a Rummikub 10a Strength & Stretch 11a Tai Chi 12:30p New Session</p>	7
<p>9 VOLUNTEERS RETURN TO FRONT DESK; FIRST DAY FOR BOARD PAYMENTS</p> <p>Fusion Fitness 10a Table Tennis 11:15a Mexican Train 12:30p Comedy Improv 3p Meditation Instruction 5p Yoga Flow w/ Erika 6p ART</p>	<p>BRIDGE: Mac Attack Bridge 12p-4p</p> <p>10 Urban Explorers: Alamo Mueller (time?) Palette Club 9a Find Balance 10a Tai Chi 11:30a BeMused Literati 1:30p Line Dance 2p</p>	<p>BRIDGE: Bridge Buddies 9:30a- 1p</p> <p>11 Fusion Fitness 10a Core & Restore 11a Tai Chi-Advanced 11:30a Handicraft Meet-up 12:30p Advisory Board 2p Comedy Improv 3p Peaceful Yoga 3p Table Tennis 4:15-5:15p Pilates 5:30p ART</p>	<p>BRIDGE: Grateful 8 10a—2p Afternoon Delights 12:30p -4p AAUW 2nd Bridge 1:30p-4:30p</p> <p>12 Find Balance 10a Table Tennis 11:15a -1230p Lunchtime Lecture CER 12p Chair One Fit 1p</p>	<p>BRIDGE: AAUW Bridge 9a—12:30p Chatty Bridge 11a—4p</p> <p>13 NO BRIDGE Zumba Gold 9:30a CAPS 10a-1p Rummikub 10a Strength & Stretch 11a Tai Chi 12:30p</p>	14 AAC 15
<p>16 MLK DAY—HOLIDAY CLOSED FOR COA HOLIDAY</p>	<p>BRIDGE: Mac Attack Bridge 12p-4p</p> <p>17 Golden Rollers/ Kayaking 9a Find Balance 10a Tai Chi 11:30a Bunco 12:45p BeMused Literati 1:30p Painting w/Rebecca 1:30p Line Dance 2p</p>	<p>BRIDGE: Bridge Buddies 9:30a- 1p</p> <p>18 AARP "Smart Driver" 9a Fusion Fitness 10a Core & Restore 11a Tai Chi-Advanced 11:30a Handicraft Meet-up 12:30p Peaceful Yoga 3p Table Tennis 4:15-5:15p Pilates 5:30p ART</p>	<p>BRIDGE: Grateful 8 10a-12p</p> <p>19 Bringing Seniors Together: Conley-G 9a Find Balance 10a Movie: Against the Ice 11a Table Tennis 11:15a Chair One Fit 1p TARA Mtg 1-2:30p</p>	<p>BRIDGE: AAUW Bridge 9a—12:30p Chatty Bridge 11a—4p</p> <p>20 NO BRIDGE Trip: Still Austin Distillery Tour (time?) Zumba Gold 9:30a Rummikub 10a Strength & Stretch 11a Tai Chi 12:30p LAST DAY FOR PECAN CRACKING?</p>	21 22
<p>23 Fusion Fitness 10a Table Tennis 11:15a Mexican Train 12:30p Craft: Folded Box Card 1:30p Comedy Improv 3p Meditation Instruction 5p Yoga Flow w/ Erika 6p ART</p>	<p>BRIDGE: Mac Attack Bridge 12p-4</p> <p>24 Find Balance 10a Cuisine Crew: Le Café Crepes 10:30a Tai Chi 11:30a BeMused Literati 1:30p Line Dance 2p</p>	<p>BRIDGE: Bridge Buddies 9:30a- 1p</p> <p>25 Fusion Fitness 10a Core & Restore 11a Tai Chi-Advanced 11:30a Handicraft Meet-up 12:30p Peaceful Yoga 3p Table Tennis 4:15-5:15p Pilates 5:30p ART</p>	<p>BRIDGE: Grateful 8 10a-12p Afternoon Delights 12:30p -4p</p> <p>26 Find Balance 10a Movie: Dolly Parton Here I Am 11a Table Tennis 11:15a Chair One Fit 1p Bingo 1:45p</p>	<p>BRIDGE: AAUW Bridge 9a—12:30p Chatty Bridge 11a—4p</p> <p>27 NO BRIDGE Zumba Gold 9:30a Rummikub 10a Strength & Stretch 11a Tai Chi 12:30p</p>	28 29
<p>30 Fusion Fitness 10a Table Tennis 11:15a Mexican Train 12:30p Comedy Improv 3p Meditation Instruction 5p</p>	<p>BRIDGE: Mac Attack Bridge 12p-4</p> <p>31 Find Balance 10a Mayfield Park Nature Hike 10:30a Tai Chi 11:30a BeMused Literati 1:30p</p>	<p>BRIDGE: Bridge Buddies 9:30a- 1p</p>	<p>JANUARY 2023</p> <p>BRIDGE SCHEDULE Updated DRAFT 12 14 2022 313P</p>		