

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT/SUN	
MARCH 2023 Class listing & PG info subject to change due to business needs. Classes: BLUE indicate evening programs; PURPLE indicates Lottery (L) programs				1 Fusion Fitness 10a Core & Restore 11a Tai Chi-Advanced 11:30a Handicraft Meet-up 12:30p Peaceful Yoga 3p Table Tennis 4:15 Pilates 5:30p		2 Find Balance 10a Recreation Therapy Workshop 11:15a Table Tennis 11:15a Chair One Fit 1p Painting w/ Rebecca 1:30p LLI: Mah Jongg Beginner 10a Beginner Advance 1:30p		3 Cuisine Crew: Cowboy Breakfast 6:15a Zumba Gold 9:30a Rummikub 10a Movie: Wild 11a Strength & Stretch 11a Tai Chi 12:30p		4 5	
6 Fusion Fitness 10a Ask A Chef-Common Threads 11:15a Table Tennis 11:15a Mexican Train 12:30p Craft: Popup Cards 1:30p Meditation Instruction 5p Alpha Chapter-Delta Kappa Gamma 5:30p Yoga Flow-on hold		7 Golden Rollers 9:45a Find Balance 10a Tai Chi 11:30a Pinochle 12:30p Bunco 12:45p Comedy Improv 1p BeMused Literati 1:30p Line Dance 2p		8 Fusion Fitness 10a Core & Restore 11a Tai Chi-Advanced 11:30a Handicraft Meet-up 12:30p AAUW Bridge Group 1p Advisory Board Mtg. 2p Peaceful Yoga 3p Table Tennis 4:15 Pilates 5:30p		9 AAUW Bridge Group 9a Find Balance 10a Table Tennis 11:15a Lunchtime Lecture CER 12p Chair One Fit 1p Trip: Jester Farm & Brewery 1p (L) LLI: Mah Jongg Beginner 10a Beginner Advance 1:30p		10 Zumba Gold 9:30a Rummikub 10a CAPS 10a Strength & Stretch 11a Medicare Talk 12p Tai Chi 12:30p		11 Austin Acoustical Cafe	
13 Fusion Fitness 10a Table Tennis 11:15a Mexican Train 12:30p Movie: Mack & Rita 1p Meditation Instruction 5p Yoga Flow 5:30p (new time)		14 Palette Club 9a Find Balance 10a Tai Chi 11:30a Pinochle 12:30p Comedy Improv 1p BeMused Literati 1:30p Line Dance 2p		15 AARP “Smart Driver” 9a Fusion Fitness 10a Core & Restore 11a Tai Chi-Advanced 11:30a Handicraft Meet-up 12:30p Peaceful Yoga 3p Table Tennis 4:15 Pilates 5:30p		16 Trip: BST Lucky Bingo (L) 9:30a Find Balance 10a Table Tennis 11:15a Chair One Fit 1p TARA Mtg 1p LLI: Mah Jongg Beginner 10a Beginner Advance 1:30p		17 Zumba Gold 9:30a Rummikub 10a Strength & Stretch 11a Tai Chi 12:30p		18 19	
20 Hike: Mueller Parkway 9a Fusion Fitness 10a Table Tennis 11:15a Mexican Train 12:30p Craft: Open Card 1:30p Meditation Instruction 5p Yoga Flow 5:30p (new time)		21 Palette Club 9a Golden Rollers 9:45a Find Balance 10a Tai Chi 11:30a Pinochle 12:30p Bunco 12:45p Comedy Improv 1p BeMused Literati 1:30p		22 Fusion Fitness 10a Core & Restore 11a Tai Chi-Advanced 11:30a Handicraft Meet-up 12:30p AAUW Bridge Group 1p Peaceful Yoga 3p Table Tennis 4:15		23 AAUW Bridge Group 9a Find Balance 10a Lunch Bingo 10:30a Table Tennis 11:15a Chair One Fit 1p LLI: Mah Jongg-Canceled this day		24 Trip: Texas Quilt Museum 9a (L) Zumba Gold 9:30a Rummikub 10a CAPS 10a Strength & Stretch 11a Tai Chi 12:30p		25 26	
27 Fusion Fitness 10a Table Tennis 11:15a Mexican Train 12:30p Meditation Instruction 5p Yoga Flow 5:30p (new time)		28 Golden Rollers w/Camacho 9a Find Balance 10a Tai Chi 11:30a Pinochle 12:30p Comedy Improv 1p BeMused Literati 1:30p Line Dance 2p		29 Trip: Zilker Botanical Garden 10a (L) Fusion Fitness 10a Core & Restore 11a Tai Chi-Advanced 11:30a Handicraft Meet-up 12:30p Peaceful Yoga 3p Table Tennis 4:15 Pilates 5:30p		30 Find Balance 10a Movie: Megan Leavey 11a Table Tennis 11:15a Chair One Fit 1p LLI: Mah Jongg Beginner 10a Beginner Advance 1:30p		31 Zumba Gold 9:30a Rummikub 10a Strength & Stretch 11a Tai Chi 12:30p			

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