

HEALTHIER TEXAS

STRONGER TEXAS

FITNESS & NUTRITION CLASSES


Free 

IN-PERSON CLASSES



ZUMBA

Mondays at 6pm - 7pm

 **Dittmar Recreation Center**
1009 W Dittmar Rd
Austin, TX 78745


Saturdays at 10am - 11am

 **South Austin Recreation Center**
1100 Cumberland Rd
Austin, TX 78704



MIXXEDFIT

Mondays at 6:15pm-7:15pm

 **Turner Roberts Recreation Center**
7201 Colony Loop Dr
Austin, TX 78724



This institution is an equal opportunity provider. This material was funded by USDA's Supplemental Nutrition Assistance Program-SNAP.

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