

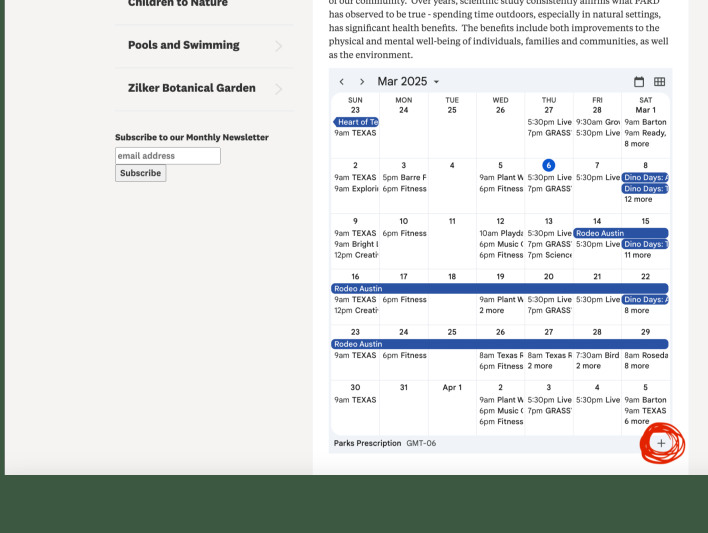
# PARKS PRESCRIPTION

An Austin Parks and Recreation Health Promotions Program

## Activity Calendar

Every month we bring you lists of events and ideas to celebrate the health and well being of us all. If you would like to keep up to date on outdoor events around Austin, check out our calendar at the link below. You can add this google calendar to your normal calendar to check out all the activities daily.

Click the plus sign circled in red on the PARDRX webpage to add the activities calendar to your calendar on our webpage.



### Free Day of Yoga

Various Locations (indoors and outdoors)  
**September 1st 2025**  
**ALL DAY** ([Check the Schedule on the website](#))  
**FREE**

On Monday, Labor Day, September 1st, 2025, participating studios across the Austin area will offer free yoga classes as an opportunity for people of every age and fitness level to:

- Try yoga for the first time
- Experience a new style of yoga
- Meet a new instructor
- Discover the benefits of yoga



### Free Day at Zilker Botanical Garden

**Zilker Botanical Garden**  
**2220 Barton Springs Rd., Austin, TX 78746**  
**Sunday, September 7th, 2025**  
**9 AM - 5 PM**  
**FREE**

On select dates throughout the year, the Garden offers free days where no admission is charged.

Parking is always free and available via our main parking lot, which can be accessed through the front entrance of the garden. If overflow parking is needed, our overflow lot at 2300 Stratford Drive will be open. If you park in the overflow lot, you can enter directly across the street through the Hartman Gate at the back entrance. This is a highly ornamental gate and is easily recognizable.

Remaining Free Days for 2025: September 7, November 11, and December 26

No advance registration is necessary. Final entry to the Garden is 4:30 pm.



### Bat Fest

**Ann W Richards Congress Avenue Bridge**  
**100 S. Congress Ave., Austin, TX 78704**  
**September 6, 2025**  
**3 PM - 11 PM**  
**\$20 - \$100**

Roadway Productions is proud to present the 19th ANNUAL BAT FEST – An Austin Festival Tradition that celebrates LIVE Music, Food, Family Fun, Children's Activities, and of course, THE FAMOUS CONGRESS BRIDGE BATS!

Bat Viewing will take place on the bridge / below the bridge from the Statesman Lot (exact timing is not available as Mother Nature dictates here).



### Pride in Local Music

**3TEN ACL Live**  
**310 W Willie Nelson Blvd., Austin, TX 78701**  
**Sunday, September 21st, 2025**  
**5 PM - 10 PM**  
**FREE**

The Austin LGBT Chamber of Commerce is thrilled to present the 6th Annual Pride in Local Music® Festival — a celebration of Austin's vibrant LGBTQIA+ music scene and creative economy.

This year, we're bringing the rainbow heartbeat of the [Live Music Capital of the World](#) back to [3TEN ACL Live](#) with an incredible lineup:

[Austin Gay Men's Chorus](#)  
Julie Bouchard  
Rock Bottom String Band  
Julie Nolen  
The Deadnames  
promqueen



### Fall Pecan Street Festival

**Hill Country Galleria**  
**12700 Hill Country Blvd., Bee Cave, TX 78738**  
**September 13 and 14th, 2025**  
**11 AM to 8 PM**  
**Free**

The Pecan Street Festival is a free two-day arts festival held twice yearly. Taking place the first Saturday & Sunday in May and the last Saturday & Sunday in September, the juried festival attracts hundreds of local and national artisans offering original handcrafted creations in a variety of mediums, from metal, wood, fiber, clay, leather, glass and stone to repurposed materials of all kinds.



### Austin Chronicle Hot Sauce Festival

**The Far Out Lounge & Stage**  
**8504 S Congress Ave., Austin, TX 78745**  
**Sunday, September 7th, 2025**  
**3 PM – 9 PM**

Celebrating everything from freshly made sauces to commercially bottled blends, and bold, independent creations, this spicy tradition brings together local sauces from Austin and beyond for a competition that sets taste buds ablaze and crowns the best in heat and flavor.

Austin's hottest festival offers attendees a chance to enjoy dozens of these tasty hot sauces with live music, cold drinks, and more! Come hungry and get ready to support your fellow Central Texans. The Austin Chronicle Hot Sauce Festival is proud to support the Central Texas Book Bank by donating \$5 of every ticket purchase.



**VIBE Weekend Downtown**  
**East 6th Street**  
**2 Locations:**  
**508 E Sixth Street**  
**522 E Sixth Street Parking Lot**  
**September 19th and September 20th**  
**10 AM to 10 PM**  
**Free**

The inaugural two-day event, VIBE Downtown, will be FREE and open to all, featuring live and unique musical performances, art installations and all-ages creative experiences on [Old Sixth Street](#).



### HVZ x KGSR: Splash Sessions

**Hotel Van Zandt**  
**605 Davis Street, Austin, TX 78701**  
**Sundays, September 7th & September 28th**  
**12 PM - 4 PM**  
**21+**  
**\$18**  
*Beats by DJ Douglas Ray. Fight the Sunday Scaries and hang with KGSR and Hotel Van Zandt poolside this summer for sun rays, DJs, and cocktails!*

## Get into Nature with the Austin Parks and Recreation Department.

- Lamar Senior Activity Center
- Conley-Guerrero Senior Activity Center
- South Austin Senior Activity Center
- Tennis
- Golfing at Golf ATX
- Softball, flag football, Basketball leagues  
<https://www.capitalcityathletics.com/home>
- Disc Golf
- Pickleball
- Trail Directory
- Skate Parks
- Zilker Botanical Garden
- Pools
- Playgrounds
- Picnic Sites
- Austin Nature Science Center

## Other Organizations Around Austin with Upcoming Outdoor Events:

- Texas Farmers Market at Lakeline
- SFC Farmer's Market Downtown
- Mueller Farmer's Market
- [Lady Bird Johnson Wildflower Center](#)
  - [gardening, yoga, etc.](#)
- Nature Rocks Austin
  - [Find Activities in Green Spaces & Parks in Your Community](#)
- Austin Parks Foundation
  - [Movies in the Park](#)
- Texas State Parks
- Tree Folks
  - [Volunteer & Calendar of events](#)
- Peace Park Conservancy
- Austin Public Library
  - [Outdoor Storytime](#)



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