

MACC Staff Report – 6/4/24
May & June 2024

[Website](#) - [Facebook](#) - [Instagram](#)

Please share our social media posts, sign up for our [newsletter](#), and check out our upcoming events!

Holistic Wellness Programming

HWP April & May:



Taller Abierto: Painting/Drawing Workshop (15+): Thursday, April 4 @ 10-11:30am (Attendance: 17)

George Morales Dove Springs Recreation Center.

Art classes for ages 15+. Includes exploration of different techniques. All materials provided! Pre-registration required.

Taller Abierto: May 2nd @ 10-11:30am. George Morales Dove Springs Recreation Center (Attendance: 14)

Yoga for All Levels: Saturdays @ 10:30am (Attendance: 28)

George Morales Dove Springs Recreation Center

Body, mind and soul will align as we move with intention through gentle movement guided by breath. We will incorporate meditation to regulate the nervous system.

Family Yoga: 1st Saturday of each month, April 6th @ 12pm (Attendance: 5)

George Morales Dove Springs Recreation Center

A space for kids and their adult to practice yoga together.

Drumming Lessons: 2nd Sunday of each month, April 14th @ 1pm (Attendance: 4)

George Morales Dove Springs Recreation Center

Learn to play drums influenced by West African, Afro-Latin and contemporary styles. Class starts with a movement warm up, then use drums, bells, and shakers to learn basic rhythms and play as a group. Drums provided - feel free to bring your own drum or percussion instrument.

Chair Yoga: 3rd Friday of each month, April 19 @ 10:30am (Attendance: 5)

Yarborough Library

A gentle form of yoga that can be done while seated in a chair. These modifications make yoga accessible to people with various physical capabilities.

Chair Yoga: 3rd Wednesday of each month, April 17 @ 11am (Attendance: 3)

George Morales Dove Springs Recreation Center

Chair Yoga: 4th Monday of each month, April 22nd @ 11am (Attendance: 5)

Willie Mae Kirk Library

Gentle Flow Yoga (8+): 3rd Saturday of every month, April 19th @ 10:30am (Attendance: 3)

Windsor Park Library

Body, mind and soul will align as we move with intention through gentle movement guided by breath. We will incorporate meditation to regulate the nervous system.

Beginner Swim Lessons (5+): Saturdays @ 11-11:50pm - April 6-May 25 (Adult: 20, Youth: 29)

Bartholomew Municipal Pool

Students will become familiar with the aquatic environment and acquire rudimentary aquatic skills to develop positive attitudes and safe practices in and around the water. Two separate concurrent classes available for Adult and Youth (5-17) learners.

Beginner Swim Lessons (5+): Tuesdays & Thursdays @ 6:15-7:15pm - April 16-May 9 (Adult: 15, Youth: 26)

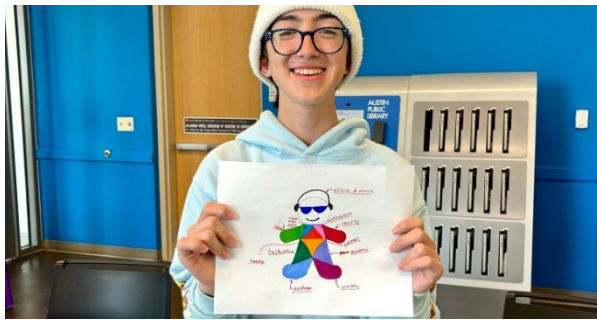
Big Stacy Neighborhood Pool

Students will become familiar with the aquatic environment and acquire rudimentary aquatic skills to develop positive attitudes and safe practices in and around the water. Two separate concurrent classes available for Adult and Youth (5-17) learners.

Road to Financial Freedom: Wednesday, April 24 @ 6-7:30pm (Attendance: 4)

Little Walnut Creek Library

Gain control of your financial future by chipping away at debt such as credit cards and bills. Facilitated by Business Community Lenders of Texas.



Community Conversation on Identity for Teens: Saturday, April 27 @ 12-3:30pm (Attendance: 16)

Central Library

All teens are invited to share about themselves and their identities: what thoughts, questions, and emotions come up as we explore who we are and how we express ourselves? Conversations will be followed by an identity collage activity. A light lunch was served.

Cine de Oro: Tuesday, April 30 @ 9-12pm (Attendance: 47)

Conley-Guerrero Senior Center

Join us for a screening of a film from the golden age of Mexican cinema. Lunch will be served.



Women's Self-Defense Class (18+): Saturday, May 4 @ 3-4:30pm (Attendance: 6)

Austin Women's Boxing Club

In a hands-on environment we will practice using mixed martial arts techniques from Karate, Jiu Jitsu, and more. You will gain a basic understanding of how to defend yourself using your body and tools like a baton, pepper spray, and a tactical flashlight.

Cooking Demo: Summer Picnic & Potluck (15+):

Wednesday, May 15 @ 6-7:30pm (Attendance: 14)

Central Library - Demo Area/Kitchen

Learn how to make delicious and nutritious summer snacks, perfect for your summer picnic or potluck, using products found at your local grocery store. Tastings are included!

Chair Yoga: 3rd Friday of each month, May 19 @ 10:30am

Yarborough Library (Attendance: 4)

A gentle form of yoga that can be done while seated in a chair. These modifications make yoga accessible to people with various physical capabilities.

Small Business Financial Workshop: Wednesday, May 22 @ 6-7:30pm

Little Walnut Creek Library (Attendance: 8)

Business owners will learn the three most important financial documents: balance sheets, profit and loss statements, and cash flow reports. At the end of the workshop, you will be able to prepare or work with a professional to prepare these documents. Facilitated by Business Community Lenders of Texas.

Learn to Row (18+): 4th Thursday of each month, May 23 6-7:30pm

Austin Rowing Club (Attendance: 10)

Join us on Lady Bird Lake to be introduced to sweep rowing (using one oar) in a training barge. Learn rowing stroke basics, how to stay safe on the water and handle the rowing equipment. Expect a fun, beginner friendly, and lively experience.

Cooking Demo: Summer Picnic & Potluck (15+): Wednesday, May 15 @ 6-7:30pm (Attendance: 14)

Central Library - Demo Area/Kitchen

Learn how to make delicious and nutritious summer snacks, perfect for your summer picnic or potluck, using products found at your local grocery store. Tastings are included! Pre-registration requested by Fri, May 10.

Small Business Financial Workshop: Wednesday, May 22 @ 6-7:30pm (Attendance: 8)

Little Walnut Creek Library

Business owners will learn the three most important financial documents: balance sheets, profit and loss statements, and cash flow reports. At the end of the workshop, you will be able to prepare or work with a professional to prepare these documents. Facilitated by Business Community Lenders of Texas.

Learn to Row (18+): 4th Thursday of each month, May 23 6-7:30pm (Attendance: 10)

Austin Rowing Club

Join us on Lady Bird Lake to be introduced to sweep rowing (using one oar) in a training barge. Learn rowing stroke basics, how to stay safe on the water and handle the rowing equipment. Expect a fun, beginner friendly, and lively experience.

Beginner Swim Lessons (5+): Saturdays @ 11-11:50pm - April 6-May 25

(Attendance: 40 total for the month)

Youth: 6. Adult: 5. Bartholomew Municipal Pool

Students will become familiar with the aquatic environment and acquire rudimentary aquatic skills to develop positive attitudes and safe practices in and around the water. Two separate concurrent classes available for Adult and Youth (5-17) learners.

Beginner Swim Lessons (5+): Tuesdays & Thursdays @ 6:15-7:15pm - April 16-May 9

(Attendance: 20 total for the month)

Youth: 7. Adult: 3. Big Stacy Neighborhood Pool

Students will become familiar with the aquatic environment and acquire rudimentary aquatic skills to develop positive attitudes and safe practices in and around the water.

Two separate concurrent classes available for Adult and Youth (5-17) learners.

Upcoming Workshops @ Little Walnut Creek Library
835 W Rundberg Ln, Austin, TX 78758
Facilitated by Business Community Lenders of Texas

Small Business Financial Workshop
Wed, May 22 @ 6-7:30pm
Business owners will learn the three most important financial documents: balance sheets, profit and loss statements, and cash flow reports. Learn how to prepare or work with a professional to prepare these documents.

Home Ownership Workshop
Wed, June 12 @ 6-7:30pm
Get started on the journey towards purchasing a home of your own. The first steps are getting your finances and credit score in order - We're here to help you!

Questions/Comments?:
Email Lorie Martinez at macwellness@austintexas.gov
Todas las clases son bilingües - inglés y español

Pre-registration requested.
Please email: macwellness@austintexas.gov

Digital Calendar

The City of Austin is committed to compliance with the Americans with Disabilities Act. Reasonable accommodations and assistive devices to communications will be provided upon request. For assistance please contact (512) 974-3772 or Relay Texas 7-1-1.

HWP Upcoming:

Taller Abierto: Painting/Drawing Workshop (15+): June 6 @ 10-11:30am

George Morales Dove Springs Recreation Center

Art classes for ages 15+. Includes exploration of different techniques. All materials provided!

Chair Yoga: Wednesday, June 12 @ 11am

George Morales Dove Springs Recreation Center

A gentle form of yoga that can be done while seated in a chair. These modifications make yoga accessible to people with various physical abilities.

Chair Yoga: 3rd Friday of each month @ 10:30am

Yarborough Library

Chair Yoga: Monday, June 24 @ 11am

Willie Mae Kirk Library

Learn to Kayak/Paddleboard (18+): 4th Thursday of each month @ 6-7:30pm

Austin Rowing Club. Join us on Lady Bird Lake and paddle through the heart of Downtown Austin. Choose a single or double kayak or paddleboard. Pre-registration required.

Home Ownership Workshop: Wednesday, June 12 @ 6-7:30pm

Little Walnut Creek Library

Get started on the journey towards purchasing a home of your own. The first steps are getting your finances and credit scores in order - we're here to help you! Pre-registration requested by Fri, June 7th.



Community Exhibit: *The Diosa Energy Within* Opening Reception

Thursday, June 27 @ 6-7:30pm

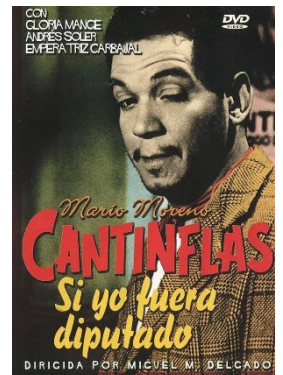
Ruiz Branch Library

All people can harness their Diosa (goddess) Energy. The artwork exhibited may be inspired by the artist or the influential Diosas in the artists' lives who ignite, empower, nurture, persevere, uplift, and make waves of change in our world.

Cine de Oro: Tuesday, June 25 @ 9-12pm

Conley-Guerrero Senior Activity Center

It's back! Join us for a screening of a film from the golden age of Mexican cinema. Lunch will be served. "Si Yo Fuera Diputado (1952) starring Cantinflas: "Tired of the same politicians, who never do anything to improve their welfare, people from a poor neighborhood decide to support the local barber boy (Cantinflas) for public office.



Film Screening: "Si Se Puede: Road to Leadville 100":

Rescheduled Date: July 21, @ 2-5pm

Dougherty Arts Center

Leadville 100 is one of the most difficult ultra-marathons in the world due to its high elevation and tough terrain. This film is about Daniel Flores' journey going for the seemingly impossible and being able to push through and make it happen! A talkback with Daniel and the Director Ramon Morales will follow.

Youth and Family Education



Sábados en Familia

In April, Sabados en Familia made collages after reading *Where Are You From?* By Yamile Said Mendez. There were 86 people in attendance. The final Sabados en Familia for the season will be on May 18th and will read *With Lots of Love* by Jenny Torres Sanchez.

Our final Sabados en Familia on May 18th read *With Lots of Love* by Jenny Torres Sanchez. Participants created pop-up letters to loved ones and made playdough tortillas. They had over 70 people in attendance.



Communities in Schools

Communities in Schools After School program celebrated the Eclipse. They did space-themed activities such as eclipse viewers, found-object planets, and learned about the Nazca Lines.

The team wrapped up the school year with the CIS kids by breaking pinatas and sharing goodie bags. The participants really

enjoyed learning more about Mexican culture through our team. We hope to continue fostering our partnership with Communities in School next year.

Cosecha Summer Camp

Summer Camp kicked off at the Asian American Resource Center! They have fun field trips planned to swimming pools and the Mexic-Arte Museum and other fun Austin-area spots. Some of the graduating Caminos students are working Summer Camp!

These last few weeks, the education team has been prepping and training for summer camp. They are looking forward to hosting 24 kids each week for Cosecha Summer Camp at the Asian American Resource Center, which began on June 3rd. Keep an eye out for all the amazing projects, activities, and field trips this summer!

Lending Library

During April, the Lending Library Program took Capoeira to Parque Zaragoza Recreation Center, Youth MACC-tivities to South Austin Recreation Center, and Mosaics to the Varsity Generation at Mendez Recreation Center.

We wrapped up the school year with Lending Library activities. The education team lead a mosaic workshop with the Dove Springs Recreation Center Seniors, hosted Salsa Lessons at the Lamar Senior Activity Center, and wrapped up Capoeira at Rudy Mendez Recreation Center. We're looking forward to expanding our Lending Library activities in the fall and provide more youth and senior enrichment programs to our recreation centers.

Education Outreach

The Education team celebrated Cinco de Mayo with the Bob Bullock Museum during H-E-B First Free Sunday Event. The team made paper flowers and shared our MACC coloring book. They had almost 2000 people in attendance celebrating Mexican culture and Cinco de Mayo.



Caminos Teen Leadership Program

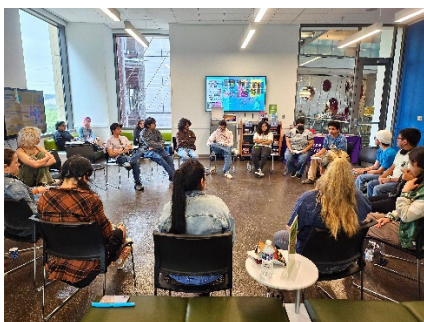


Revive Teen Festival

On April 13th UT Fuse Box Revive Teen Festival- Caminos Teens attended and were able to promote Caminos program along with experience setting materials they have made on their free time.

La Mujer

Caminos students provided face painting, jewelry making and mini canvas painting at the La Mujer event. Adults and Kids stopped by to enjoy the activities!



Community Conversation

On April 27, the Caminos students collaborated with our Holistic Wellness Program (HWP) in community conversation on identity. They practiced self-expression through artwork about themselves.



Caminos had special guest artist Mateo Gutierrez teach the Caminates new techniques on creating self-portraits that reflect their personalities. Caminates also visited Lila Benson Museum and read about the battle of Puebla 5 de Mayo along with making zines and tissue flowers. Caminos also had an opportunity to apply for summer jobs at the MACC and for the mentor role. They will be graduating from there internship June 8th.

The last field trip of the year was Inner Space Caverns in Georgetown, TX How time flies!! They explored the caves and, of course made art! Thanks Inner Space Caverns staff for the amazing experience.



Academia Cuauhtli Bilingual Education Program



Education With Heart

When: **Saturday, May 4. 9am-3pm.**

Where: **Mendez Middle School, Dove Springs 78744.**

Who: **Austin Independent School District (AISD) & Academia Cuauhtli**

Attendance: 300

What: Education with Heart: A Community Celebration is both an inauguration of the Community Love Hub and Academia Cuauhtli's 10-year anniversary celebration. They invite families, educators, community advocates and members to join us for a day of activities, food, performances, and workshops for teachers. Families and individuals can participate in fun hands-on activities, performances by local musicians, dancers, and youth, immigration and public health community resource workshops. Free and open to the public. Bilingual Spanish/ English.

This event featured blessing by Kalpulli Teokalli Teoyollotl, performances by Perez Elementary Ballet Folklorico, Cheer Team from Mendez Middle School, Speeches by AISD Board Trustee Zapata, Superintendent Segura, Academia Cuauhtli Founders Dr. Angela Valenzuela, Dr. Zamora, and Martha Cotera, & District 2 Councilmember Vanessa Fuentes, Community-School Partnerships with ConMiMadre, ProjectMALES (UT Mentorship Program), an afternoon Keynote Address by UT College of Education Dean Charles Martinez, panels on Academia Cuauhtli Parent and Teacher Testimonies, workshops on supporting Public Education in Texas and Immigration Know Your Rights Info-Session with Yohanna Salcido, workshops on The Future of Standardized Testing, La Colaborativa Cuauhtli Project: Learning With & From Community, and Preserving Austin's Cultural Arts Programs. Also a Performance by Akins Mariachi, Closing Remarks, Raffle drawings, a giant Resource Fair, other youth Performances, and music by DJ Abel from Dove Springs.

Outreach and Marketing

Recent Outreach Events:

April 6 STEAM Fair at Martin Middle School. Miguel Briones, Children's Book Author. Promoted EDU programs.

April 11 Amigha Hispana Meetup at Llama Criolla. Met Evis de La Rosa, promoted La Mujer and all programs.

April 12 Changarrito Opening Reception at Mexic-Arte, promoted La Mujer and Awards of Excellence.

April 13 AIPP/Mexic-Arte Community Engagement Series - Exploring Mural Art and Community Experiences

April 14 Selena Bidi Bidi Birthday Party with Frida Friday ATX, promoted La Mujer.

April 19 Selena Film Screening at the French Legation Museum with Liliás Benson, promoted La Mujer.

April 25 Mexic-Arte's Cinco de Mayo Luncheon- discussions about the 5th Street Mexican American Corridor

April 27 Ojeda Middle School Outreach Fair / Community Resource Day with "Whole Communities, Whole Health".

May 1 Teen Career Fair at Crockett High School to promote Caminos new class hiring.

May 2 Exhibited at Rudy Mendez Recreation Center "Loteria Fiesta" with the Bronze Band

May 8 Exhibited at the Houston Elementary School Fair, promoted EDU

May 11 Attended the Holly Shores Community Engagement Event

May 18 Celebrasia- the MACC volunteered staff time at this event celebrating Asian culture

May 22 Taste of Mexico- promoted Latinapalooza and the Guelaguetza

May 23 Long Center's Drop In Event- promoted the Guelaguetza and Latinapalooza (pictured at right)

May 24 Los Superseven at Radio Coffee East- promoted Latinapalooza with Patricia Vonne

May 26 Ney Day at the Elisabet Ney Museum. The MACC provided a screen printing poster activity.



Signature Events & Collaborations

La Mujer 2024

Thank you for coming! Special thanks to the board members who attended: Angelica Garcia, Cy Herrera, and Lily Zamarripa-Saenz. Attendance: 300.



La Mujer Promotion:

[Austin Chronicle Featured Event](#)

[Austin Vida](#)

[KXAN News Story](#) (April 16)

[Promotional Video](#)

[KXAN News Story](#) (April 21)





Awards of Excellence

Nominations were submitted for Awards of Excellence. We received over 40 nominations. Special thanks to the Board Working Group and the Selection Committee! See past awardees below, and we will be making an announcement via Press Release and social media when winners are confirmed! www.AustinTexas.gov/MACCAWARDS

Save the date for the ceremony- **June 29, 2024** at the Long Center!



Collaboration: Patricia Vonne's Latinapalooza

Sunday, May 26th, 12-5pm

Lampkin Pavilion, Rosewood Park, 1182 N. Pleasant Valley, 78702

The MACC collaborated with Patricia Vonne to bring you Latinapalooza, an outdoor free event with an all-Latina musical line-up. Performers included Bidi Bidi Banda, Mariachi Las Coronelas, Llamativa, The Tiarras, and Patricia Vonne! Amy's Ice Cream came out to provide sweet treats for sale.

Attendance: 275



Collaboration: Alexa Torres Skillicorn's Album Release Concert

Sat. June 15th, 7pm

Dougherty Arts Center, 1110 Barton Springs Rd, Austin, TX 78704

Alexa Torres Skillicorn is a Latina jazz violinist, band leader, and ethnographic researcher based in Austin, Texas. Musically, she seeks to cultivate improvisational and compositional styles which are both historically and personally rooted, embodying a dialogue between tradition and innovation in jazz. She recently recorded her forthcoming debut album entitled *In Situ*.

Alexa was awarded the Live Music Grant, through the City of Austin and working with the ESB MACC to offer this concert free to the community.



Viva Mexico

Save the date for Saturday, September 14th!

The MACC is collaborating with Univision for Viva Mexico. It will be at the Pan Am recreation Center.