

VARSITY GENERATION

Programs, events, and services for adults 50 and above.

George Morales Dove Springs Recreation Center
5801 Aniez Dr Austin TX, 78744
512-974-3840

Monday:

9:00-10:00am

Coffee Talk/Brain Exercises

10:00-11:00 *Tai Chi*

11:00-12:00pm *Games*

12:00-1:00pm

Meals on Wheels



Tuesday:

9:00-10:00am

Coffee Talk /Brain Exercises

10:00-12:00pm *Sewing*

12:00-1:00pm

Meals on Wheels

Wednesday:

9:00-10:00am

Coffee Talk/Brain Exercises

10:00-12:00 *Knitting*

12:00-1:00pm

Meals on Wheels

Thursday:

9:00-9:30am *Coffee Talk*

9:30-10:30am

Golden Rollers

10:30-12:00pm *Arts & Crafts*

12:00-1:00pm

Meals on Wheels

Friday:

9:00-10:00am

Coffee Talk /Brain Exercises

10:00-12:00pm *Games*

12:00-1:00pm

Meals on Wheels

Meals on Wheels
Now Available

Contact: Ashlynn Payne
Ashlynn.payne@austintexas.gov



austintexas.gov/varsitygeneration

The City of Austin is committed to compliance with the Americans with Disabilities Act. Reasonable modifications and equal access to communications will be provided upon request. For assistance please contact (512) 974-3914 or Relay Texas 7-1-1.

VARSITY GENERATION

Programs, events, and services for adults 50 and above.

Centro Recreativo George Morales Dove Springs

5801 Aniez Dr Austin TX, 78744

512-974-3840

Lunes:

9:00-10:00am

**Charla de café / Ejercicios
cerebrales**

10:00-11:00 Tai Chi

11:00-12:00pm Juegos

12:00-1:00pm

Comidas sobre ruedas



Martes:

9:00-10:00am

**Charla de café / Ejercicios
cerebrales**

10:00-12:00pm Costura

12:00-1:00pm

Comidas sobre ruedas

Miércoles:

9:00-10:00am

**Charla de café / Ejercicios
cerebrales**

10:00-12:00 Tejido

12:00-1:00pm

Comidas sobre ruedas

Jueves:

9:00-9:30am Charla de café

9:30-10:30am

Rodillos dorados

10:30-12:00pm

-Artes y manualidades

12:00-1:00pm

Comidas sobre ruedas

Viernes:

9:00-10:00am

**Charla de café / Ejercicios
cerebrales**

10:00-12:00pm Juegos

12:00-1:00pm

Comidas sobre ruedas



**Comidas sobre ruedas
ya disponible**

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