

2020 JANUARY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Senior 55 Plus Fun Schedule is tentative <u>please note the times on each Day!</u>		 		2 9:30 Meet and Greet Strength and Stretch	3 9:30 Meet & Greet 10:00 Line Dancing w/ Sonja	4
5	6 9:30 Meet & Greet 10:00 Sewing, Quilting, & Crafting	7 9:30 Meet and Greet <u>Coffee W/ a Cop</u> <u>Senior 2020</u> <u>New Year</u> <u>Celebration</u>	8 9:30 Meet & Greet 10:30 Chair exercise	9 9:30 Meet and Greet Strength and Stretch	10 9:30 Meet & Greet 10:00 Line Dancing w/ Sonja	11
12	13 9:30 Meet & Greet 10:00 Sewing, Quilting, & Crafting	14 9:30 Meet & Greet 10:00 Through the Years Book project	15 9:30 Meet & Greet 10:30 Chair exercise	16 9:30 Meet and Greet <u>BST Health Expo AARC</u>	17 9:30 Meet & Greet 10:00 Line Dancing w/ Sonja	18
19	20 	21 9:30 Meet & Greet 10:00 Through the Years Book project	22 9:30 Meet & Greet 10:30 Chair exercise	23 9:30 Meet and Greet Strength and Stretch	24 9:30 Meet & Greet 10:00 Line Dancing w/ Sonja	25
26	27 9:30 Meet & Greet 10:00 Sewing, Quilting, & Crafting	28 9:00 Cine De Oro <u>MACC</u>	29 9:30 Meet & Greet 10:30 Chair exercise	30 9:30 Meet and Greet Strength and Stretch	31 9:30 Meet & Greet 10:00 Line Dancing w/ Sonja	

www.austintexas.gov/Dittmar

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