## VARSITY GENERATION

Programs, events, and services for adults 50 and above.

George Morales Dove Springs Recreation Center 5801 Ainez Dr Austin Tx, 78744 512-974-3840

> Monday 10:00-11:00am Tai Chi 10:00-11:30am

> > Sewing

Tuesday
10:00-11:30am
Painting

Wednesday
10:00-11:00am
Knitting
11:00-12:00
Chair Yoga



9:00-10:00am
Coffee Talk
10:00-11:30am
Daily Actvitiy
11:30-12:30pm
Meals on Wheels
12:30-1:00pm



Thursday
10:00-11:30am
Arts & Crafts

Contact:
Ashlynn Payne
Ashlynn.payne@austintexas.gov

pick up

10:00-11:30am Bingo/Loteria

**Friday** 



\*Meals on Wheels Now Available\*







#### austintexas.gov/varsitygeneration

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### Lunes:

10:00-11:00am Tai Chi 10:00-11:30am Costura



10:00-11:30am **Pintura** 

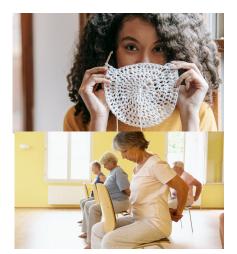
### Miércoles

10:00-11:00am tejido de punto 11:00-12:00pm









Jueves 10:00-11:30am Arte y Artesanía

9:00-10:00am Charla de café 10:00-11:30am **Actividad Diaria** 11:30-12:30pm Comidas sobre ruedas 12:30-1:00pm levantar

**Viernes** 10:00-11:30am Bingo/Lotería



Contacto: Ashlynn Payne Ashlynn.payne@austintexas.gov



\*Comidas sobre ruedas ya disponible\*







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The City of Austin is committed to compliance with the Americans with Disabilities Act. Reasonable modifications and equal access to communications will be provided upon request. For assistance please contact (512) 974-3914 or Relay Texas 7-1-1.