

2022 AUGUST

Dittmar Varsity
Generation

SUN	MON	TUE	WED	THU	FRI	SAT
	9:30 Meet & Greet 10:00-11:30 Strength & Stretch- w/Patti 1	9:30 Meet & Greet 10:00-11:30 Crafting w/ Angie 2	10:30 Chair exercise in the gym 3	9:30 Meet & Greet 10:00-11:30 Game Day with prizes 4	9:30am-11:00am Sporty Fitness gym 10:00-11:30 Line Dancing 5	6
7	9:30 Meet & Greet 10:00-11:30 Strength & Stretch- w/Patti 8	9:30 Meet & Greet 10:00-11:30 Crafting w/ Angie 9	10:30 Chair exercise in the gym 10	9:30 Meet & Greet 10:00-11:30 Westgate bowling 11	9:30am-11:00am Sporty Fitness gym 10:00-11:30 Line Dancing 12	13
14	closed 15	9:30 Meet & Greet 10:00-11:30 Crafting w/ Angie 16	10:30 Chair exercise in the gym 17	10:00 am-1:00pm 60's Varsity Generation Dance 18	9:30am-11:00am Sporty Fitness gym 10:00-11:30 Line Dancing 19	20
21	9:30 Meet & Greet 10:00-11:30 Strength & Stretch- w/Patti 22	9:30 Meet & Greet 10:00-11:30 Crafting w/ Angie 23	10:30 Chair exercise in the gym 24	9:30am meet & greet Bingo 10:00am-12:00pm 25	9:30am-11:00am Sporty Fitness gym 10:00-11:30 Line Dancing 26	27
28	9:30 Meet & Greet 10:00-11:30 Strength & Stretch- w/Patti 29	9:30 Meet & Greet 10:00-11:30 Crafting w/ Angie 30	10:30 Chair exercise in the gym 31	<div style="border: 1px solid black; padding: 5px; text-align: center;"> Calendar schedule is subject to change </div> 		