

# Enjoy Activities with Us!



January 2026



## Conley-Guerrero Senior Activity Center Program Guide

808 Nile Street, Austin, TX 78702  
512-978-2660  
[www.austintexas.gov/varsitygeneration](http://www.austintexas.gov/varsitygeneration)



# Table Of Contents

General Information - Page 2

Center History - Page 3

Volunteers of Conley-Guerrero - Page 4

Field Trip General Information - Page 4

Field Trips - Page 5

Martin Luther King Jr. Day Event - Page 6

Facility Amenities - Page 7

Chromebook Lending Program - Page 8

Clay Creations Class - Page 9

Ceramics Class - Page 9

Concept Art - Page 9

30-Minute Masterpiece - Page 9

Buttons and Beads - Page 9

Quilting Class - Page 10

Diamond Dots - Page 10

Coloring Hour - Page 10

Calendar of Events - Pages 11-12

Lunch Menu - Pages 13-14

Yoga Song Wellness - Page 15

Chair Stretch and Strength - Page 15

Bible Study - Page 16

Austin Free Net - Page 16

Tunisian Crochet Class - Page 17

Sewing Class - Page 17

Creative Writing Class - Page 17

Chair Yoga - Page 18

Meditation Class - Page 18

Friday Yoga - Page 18

Ballet Folklorico - Page 19

Line Dancing Class - Page 19

Golden Rollers - Page 20

Sanctuary Garden - Page 20

Pickleball Open Play - Page 21

Tai Chi Class - Page 21

Free Health Screenings - Page 21

Bingo - Page 21

Dominoes Open Play - Page 21

Friday Movies - Page 22

Chit Chat Session - Page 22

# General Information

## General Registration Details

- In order to participate in the programs at Conley-Guerrero, it is required that a Participant Waiver Form be filled out and renewed every year.
- Registration for each of our classes, programs, and special events is required. You may do so either in person or over the phone.

## Payments and Fees

- Cash - Exact change only.
- Credit/debit card
- Checks
- No refunds for paid programs
- Some trips, specialized classes, and events now include fees to cover equipment, instruction, or supplies.

**ALL RETURNING MEMBERS MUST  
RENEW THEIR PARTICIPANT  
WAIVERS FOR 2026!**

## Please Note:

Program details are subject to change based on business or facility needs.

# Conley-Guerrero Staff

- Johnny Saldana - Recreation Program Supervisor
- Justin Talioaga - Recreation Program Specialist
- Mariah Silva - Recreation Program Specialist
- Arthur Ramirez - Building and Grounds Assistant
- Patsy Ybarra - Office Attendant
- Patti Gagne - Program Instructor
- Donna Hoffman - Program Instructor

## Hours of Operation

Subject to change due to business needs, safety, etc.

Monday-Friday: 8:00AM-4:30PM

Saturday: 8:00AM-12:30PM

Sunday: Closed

# Center History



Onie B. Conley was educated in the public schools of Austin, attending Old Anderson High School on Pennsylvania Avenue where she graduated valedictorian. After graduating from Samuel Huston College with a B.A. Degree, she began teaching in the Austin Public Schools (now the Austin Independent School District).

In a career that spanned 43 years, Conley was absent from work only one day. As a participant in the Blackshear Neighborhood Group, she served as the liaison between the neighborhood and the City Council. Her East Austin advocacy efforts resulted in the 10,000 square foot Carver Library and the use of the old library for the Carver Museum. That experience provided the groundwork for securing the senior center that today bears her name, the Conley-Guerrero Senior Activity Center, which opened in June 1988 (Sorority, n.d.) (Jones, 2024).



Over the course of more than 30 years, Roy G. Guerrero worked his way up to become the Assistant Director of the Austin Parks and Recreation Department, making him at one point the top Hispanic city employee and an advocate for residents' appeals. Some dubbed Guerrero the "unofficial City Council member for the East Side," admired and followed by many, including Travis County Commissioner Richard Moya,

the first elected Hispanic in Austin. He's also the namesake for the 362-acre Guerrero Colorado River Park. Benefiting from the city's Art in Public Places ordinance, the activity center contains a tile mural, a quilted landscape, and a stained-glass window. (Barnes, 2012)

### References

Barnes, M. (2012, September 1). How a senior activity center got its name. Austin American-Statesman.

Jones, Beulah Agnes (2024, April 15).

Sorority, A. K. (n.d.). Pioneer Pearls of Austin. Retrieved from Alpha Kappa Alpha Sorority, Incorporated Beta Psi Omega Chapter: <https://tinyurl.com/4uhbwrn6>

# Volunteers Of Conley-Guerrero

## The Guild

The Guild is the arm of Conley-Guerrero who helps with funding for special events and onsite programs. They also help with facilitating many of our events.

## The Advisory Board

The Advisory Board supports Conley-Guerrero by providing constructive activities to grow participation and share information beneficial to the actively-aging population.

# Field Trips - General Information

Field trips are only for registered members. You may become a registered member by filling out a Participant Waiver Form. When registration is open, you may sign up for a trip by either calling the center or filling out the trip registration form which will be put in a lottery system. You are allowed to sign up one other person in addition to yourself, as long as they have filled out a Participant Waiver Form. If you have been selected payment (if required) for the trip is due 2 days before the trip. If you registered but have not been selected you will be put on a waitlist. Staff will call you only if you were selected for a trip. Participants are not allowed to drive their personal vehicles to the field trips regardless of registration/lottery results. If you need to drive yourself to the trips or have other concerns, please speak to Program Specialist Mariah Silva email: [mariah.silva@austintexas.gov](mailto:mariah.silva@austintexas.gov). All trips are subject to change due to weather, APR Director/Program Supervisor approval, or registration numbers.



Field Trips

Zoocade Dinosaur Hologram Experience | Tuesday, January 6th

Cost: \$3.00 Resident | \$4.00 Non Resident  
Additional costs: \$18.00 admission (stand by for purchasing instructions)  
Leave from Conley-Guerrero: 9:45am  
Return: ~12:30pm  
Activity Level: High

Bringing Seniors Together @ Dove Springs | Thursday, January 8th

Cost: None  
Leave from Conley-Guerrero: 8:20am  
Return: ~12:45pm  
Activity Level: Low  
\*\*FOOD WILL BE SERVED\*\*

A Day Of Service at Austin Animal Center | Monday, January 12th

Cost: Free  
Leave from Conley-Guerrero: 8:20am  
Return: ~12:00pm  
Activity Level: Medium-High

Shopping at South Park Meadows and Lunch @ Chili’s | Friday, January 16th

Cost: \$3.00 Resident | \$4.00 Non Resident  
Additional costs: Bring extra money for shopping and food.  
Leave from Conley-Guerrero: 10:00am  
Return: ~1:30pm  
Activity Level: High

Lunch @ Luby’s | Thursday, January 29th

Cost: \$3.00 Resident | \$4.00 Non Resident  
Additional costs: Bring extra money for shopping and food.  
Leave from Conley-Guerrero: 10:30am  
Return: ~1:00pm  
Activity Level: Low

FIELD TRIP REGISTRATIONS WILL CLOSE ON MONDAY, JANUARY 5.

Martin Luther King Jr. Day Event



Carrying  
the  
Dream  
Forward

JAN. 23, 2026  
TIME: 11:30-1:00PM  
CONLEY-GUERRERO SENIOR  
ACTIVITY CENTER  
808 NILE ST.  
AUSTIN, TX 78702




RSVP

Please help us celebrate Dr.Martin Luther King Jr.’s legacy by joining us for a day of service, learning and connection.

Highlights of the Event

- Bring a non-perishable food item for the Food Drive
- Keynote Speaker
- Vocal Performances
- Historical Presentation
- Light Lunch provided

 Vanessa.garza-rodriguez@traviscountytexas.gov

 Justin: (512) 978-2660





## Facility Amenities

### Fitness Room

Open Use Hours

Monday-Friday: 8am - 4:15pm

Saturday: 8am - 12:15pm



### Technology Room

Open Use Hours

Monday-Friday; 1:15pm - 4:15pm

Saturday: 10am - 12pm



### Game Room

Open Play Hours

Monday-Friday: 8am - 4:15pm

Saturday: 8am - 12pm



### Billiards and Ping Pong Room

Open Play Hours

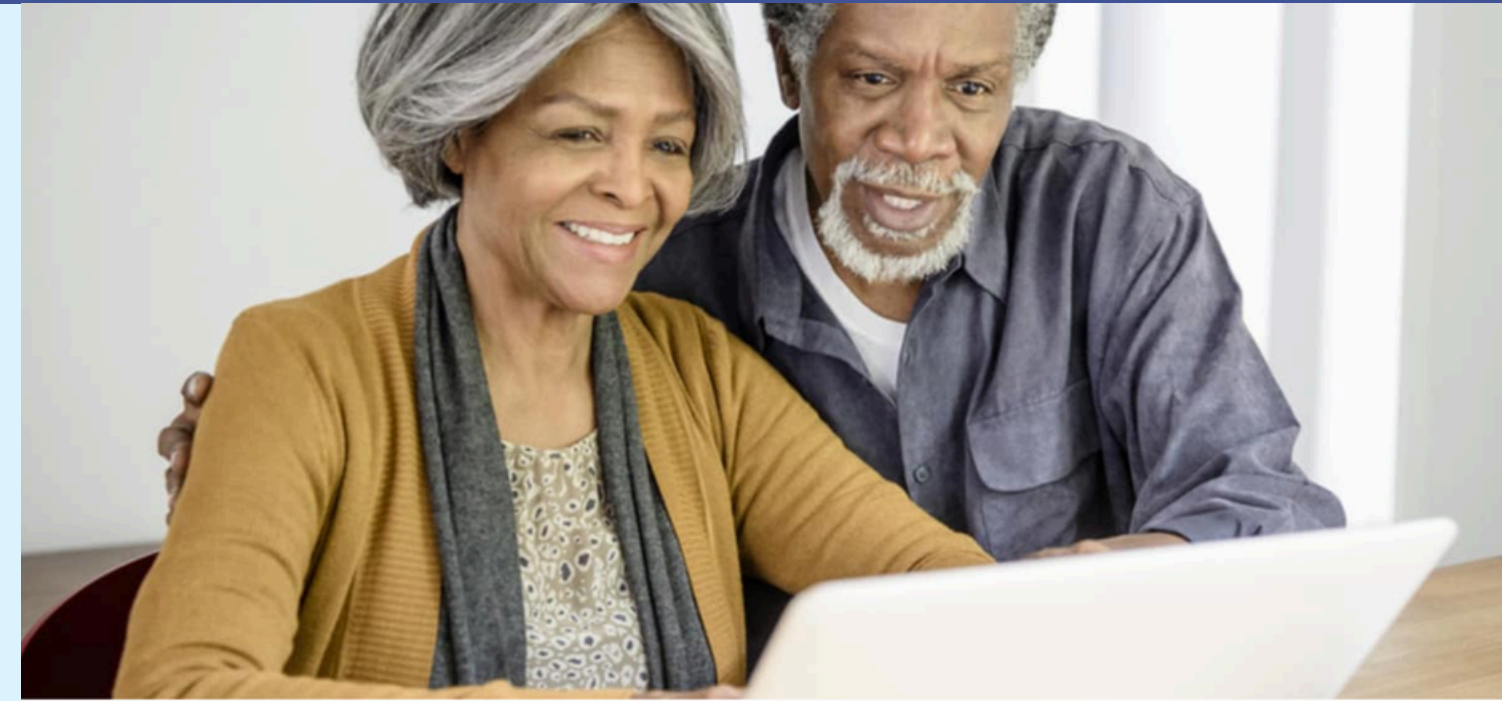
Monday-Friday: 8am - 4:15pm

Saturday: 8am - 12pm



**PLEASE USE AT YOUR OWN RISK.**

## Chromebook Lending Program



### Chromebook Lending Program for engAGE Volunteers!

A fantastic new opportunity to help you stay connected,  
productive, and engaged in the digital world.

### Requirements

- Sign up to be an engAGE volunteer and report hours served.
- Sign the Lending Agreement acknowledging
- Respect privacy guidelines, no unauthorized access to files or data on the device
- Return the Chromebook by its due date.

Contact Vanessa Rodriguez with questions or  
concerns:

Vanessa.garza-rodriguez@traviscountytx.gov  
(737)356-8622



Sign up with a senior  
center rep to attend a  
Chromebook training  
class.



## Creativity

### Clay Creations Part 1 | Wednesday, January 7

1:00PM-3:00PM

Cost: \$10.00



**Part 2 will be on January 21 from 10:00am-11:30am**

### Ceramics Class

Tuesdays 9:00am-12:00pm

Thursdays 1:00pm-4:00pm

Cost: \$10.00/month



### Concept Art

Wednesday, January 14

1:00pm-3:00pm

Explore ways to bring concepts to three dimensions.



### Thirty Minute Masterpiece

Wednesday, January 21

1:00pm-3:00pm

Experiment with watercolor pencils

### Buttons and Beads

Wednesday, January 28

1:00pm-3:00pm

Make wearable adornments!

## Creativity

### Quilting Class | Every Wednesday

Beginners Class: 9:00AM-11:30AM

Intermediate Class: 1:00PM-3:00PM

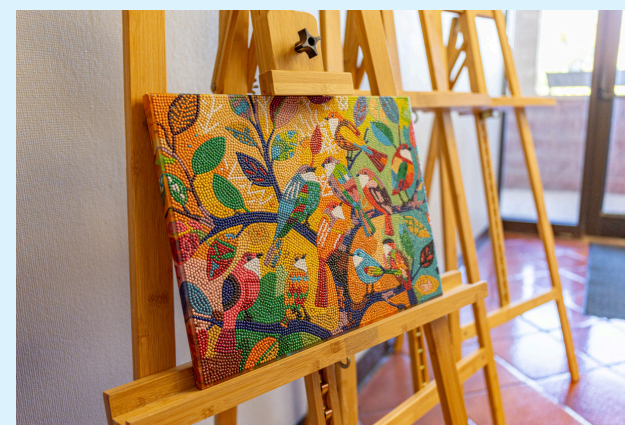


**Access to quilting equipment outside of class time is not allowed unless a Quilting Instructor relays approval to Conley-Guerrero staff.**

### Diamond Dots

Wednesdays

10:00AM



### Coloring Hour

Mondays

10:00AM-11:00AM





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Conley-Guerrero Senior Activity Center</b> <b>808 Nile Street, Austin, TX 78702</b> <b>Office Phone: 512-978-2660</b>			<b>1</b> <b>CLOSED FOR HOLIDAY</b>	<b>2</b> Tunisian Crochet 10am Friday Yoga 3:45pm	<b>3</b> Pickleball 8am  Line Dance 10am
<b>5</b> <b>Field Trip Registration Closes 12pm</b> Bible Study 9am Yoga Song Wellness 10am Coloring Hour and Chit Chat 10am Tai Chi 1pm Bingo 1pm Path Of Peace Meditation 2pm	<b>6</b> <b>Zoocade Field Trip 9:45am</b> Ceramics 9am Sewing 9:30am Sanctuary Garden 8:30am Austin Free Net- 10am Pickleball 1pm Dominoes 1pm	<b>7</b> Quilting 9am & 1pm Golden Rollers 9am Ballet Folklorico 9:30am Diamond Dot Painting 10am Stretch and Strength 10:30am Bingo 1pm Clay Creations 1pm	<b>8</b> <b>Field Trip - Bringing Seniors Together 8:20am</b> Creative Writing 9am Choir Rehearsal 9am R&B Fine Line Dance 10am Chair Yoga 10:30am Ceramics 1pm Tai Chi 1pm Pickleball 1pm	<b>9</b> Tunisian Crochet 10am Friday Movie <b>"The Greatest Showman"</b> 1pm Friday Yoga 3:45pm	<b>10</b> Pickleball 8am  Line Dance 10am
<b>12</b> <b>Animal Center Field Trip 8:20am</b> Bible Study 9am Yoga Song Wellness 10am Coloring Hour and Chit Chat 10am Tai Chi 1pm Bingo 1pm Path Of Peace Meditation 2pm	<b>13</b> Ceramics 9am Sewing 9:30am Sanctuary Garden 8:30am Austin Free Net- 10am Pickleball 1pm Dominoes 1pm	<b>14</b> Quilting 9am & 1pm Golden Rollers 9am Ballet Folklorico 9:30am Diamond Dot Painting 10am Stretch and Strength 10:30am Bingo 1pm Concept Art 1pm	<b>15</b> Creative Writing 9am Choir Rehearsal 9am R&B Fine Line Dance 10am Chair Yoga 10:30am Ceramics 1pm Tai Chi 1pm Pickleball 1pm	<b>16</b> <b>South Park Meadows Field Trip 10:00am</b> Tunisian Crochet 10am Friday Yoga 3:45pm	<b>17</b> Pickleball 8am  Line Dance 10am
<b>19</b> <b>CLOSED FOR HOLIDAY</b>	<b>20</b> Ceramics 9am Sewing 9:30am Sanctuary Garden 8:30am Austin Free Net- 10am Pickleball 1pm Dominoes 1pm	<b>21</b> Quilting 9am & 1pm Golden Rollers 9am Ballet Folklorico 9:30am Diamond Dot Painting 10am Clay Creations Continued 10am Stretch and Strength 10:30am <b>Central Texas Food Bank 11:30am</b> Bingo 1pm Thirty Minute Masterpiece 1pm	<b>22</b> Creative Writing 9am Choir Rehearsal 9am Free Health Screenings 9am R&B Fine Line Dance 10am Chair Yoga 10:30am Ceramics 1pm Tai Chi 1pm Pickleball 1pm	<b>23</b> Tunisian Crochet 10am <b>Martin Luther King Jr Day Event 11:30am</b> Friday Yoga 3:45pm	<b>24</b> Pickleball 8am  Line Dance 10am
<b>26</b> Bible Study 9am Yoga Song Wellness 10am Coloring Hour 10am Tai Chi 1pm Bingo 1pm Path Of Peace Meditation 2pm	<b>27</b> Ceramics 9am Sewing 9:30am Sanctuary Garden 8:30am Austin Free Net- 10am Pickleball 1pm Dominoes 1pm	<b>28</b> Quilting 9am & 1pm Golden Rollers 9am Ballet Folklorico 9:30am Diamond Dot Painting 10am Stretch and Strength 10:30am Bingo 1pm Buttons and Beads 1pm	<b>29</b> <b>Luby's Field Trip 10:30am</b> Creative Writing 9am Choir Rehearsal 9am R&B Fine Line Dance 10am Chair Yoga 10:30am Ceramics 1pm Tai Chi 1pm Pickleball 1pm	<b>30</b> Tunisian Crochet 10am Friday Movie <b>"The Day After Tomorrow"</b> 1pm Friday Yoga 3:45pm	<b>31</b> Pickleball 8am  Line Dance 10am



# Lunch Menu December 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch is done through Meals On Wheels. To receive meals, applications must be filled out in person with a Meals On Wheels representative.			1 <b>Closed - No Delivery</b>	2 Cajun Breaded Pollock Lima Beans Medley Cabbage Wheat Bread Fresh Fruit Cal: 666
5 Orange Chicken Northern Beans Japanese Vegetables Texas Bread Fresh Fruit Cal: 683	6 Cheeseburger Macaroni Green Peas Country Tomatoes Wheat Bread Fresh Fruit Cal: 625	7 Breaded Chicken with Country Gravy Lentil Vegetable Pilaf Broccoli Dinner Roll Fresh Fruit Cal: 758	8 Sloppy Joe Dill Potato Salad Mixed Vegetables Wheat Hamburger Bun Peach Crisp Cal: 750	9 Spaghetti Torte Garlic Parmesan Cauliflower Green Beans with Onions Wheat Bread Fresh Fruit Cal: 697
12 Salisbury Beef with Gravy Lentils Cauliflower Wheat Bread Fresh Fruit Cal: 646	13 Moroccan Chicken Stew Couscous Mixed Greens Texas Bread Fresh Fruit Cal: 826	14 Espagnole Beef Whole Grain Penne Florentine Lemon Zest Broccoli Wheat Bread Fresh Fruit Cal: 626	15 Breaded Chicken Piccata Northern Beans Herbed Green Beans Dinner Roll Fruited Cherry Gelatin Cal: 745	16 Three Cheese Ziti Green Peas Glazed Carrots Texas Bread Fresh Fruit Cal: 801
19 <b>Closed - No Delivery</b>	20 Mushroom Beef Whipped Potatoes with Skins Mixed Vegetables Wheat Bread Fresh Banana Cal: 689	21 Tofu Fried Rice Lentils Japanese Vegetables Texas Bread Fresh Fruit Cal: 754	22 <b>Cold Meal</b> Sliced Turkey and Swiss Cheese Lettuce and Tomato Pasta Salad Wheat Bread (2) Fresh Fruit Mustard Cal: 685	23 Beef Enchilada Pie Green Peas Parslied Carrots Wheat Bread Fresh Fruit Cal: 631
26 Coconut Chicken Confetti Brown Rice Japanese Vegetables Texas Bread Fresh Fruit Cal: 739	27 Swiss Steak Chili Beans Herbed Green Beans Texas Bread Fresh Fruit Cal: 743	28 Breaded Chicken with Gravy Roasted Sweet Potatoes Brussels Sprouts Wheat Bread Fresh Fruit Cal: 681	29 Balsamic Glazed Beef Meatballs Lima Beans Lemon Zest Broccoli Wheat Bread Fruited Strawberry Gelatin Cal: 681	30 <b>Cold Meal</b> Tuna Macaroni Salad Beet Salad Marinated Carrots Wheat Bread Fresh Fruit Cal: 614



**Yoga Song Wellness | Mondays**  
10:00AM-11:00AM



**Instructor:**  
**Donna Hoffman**

**Bible Study | Mondays**  
10:00AM-11:00AM



**Chair Stretch and Strength | Wednesdays**  
10:30AM-11:30AM



**Instructor:**  
**Patti Gagne**

**Austin Free Net | Tuesdays**  
10:00AM-11:00AM





**Tunisian Crochet Class** | Every Friday | 10:00AM-11:30AM



**Sewing Class** | Every Tuesday | 9:30AM-11:30AM



Please bring your own materials.  
Sewing machines are available.

**Creative Writing**

Mondays @ 10:00AM



**Chair Yoga** | Thursdays | 10:30AM-11:30AM



This a sequence-based yoga class that uses chairs as yoga equipment.

**Path of Peace - Meditation and Mindfulness Class**

Mondays

2:00PM-3:00PM

This mindfulness and meditation session guides you through gentle techniques to calm the mind and restore balance in your day.

**Friday Yoga - Find Your Inner Calm**

Fridays

3:45PM-4:15PM

Join us for yoga sessions designed to relax your mind, strengthen your body, and reconnect with your breath.



**Ballet Folklórico | Wednesdays**  
9:30am-11:00am



**Golden Aces Line Dancing | Thursdays and Saturdays**  
10:00AM-11:00AM



**Thursday Instructor:**  
**LM Rivers**

**Saturday Instructor:**  
**Sonya Rangel**

**The Golden Rollers will return in**  
**February 2026!**



**Sanctuary Garden | Tuesdays**  
8:30AM-9:30AM

Harvesting occurs Tuesday  
mornings @ 9:00AM





Health and Wellness

Pickleball Open Play

Tuesdays and Thursdays: 1:00PM-4:15PM

Saturdays: 8:00AM-12:00PM



Tai Chi

Mondays and Thursdays

1:00PM-2:00PM

Cost: \$5.00/class

Join us and take time to breath, relax, and reset. This mindfulness and meditation session guides you through gentle techniques to calm the mind and restore balance in your day.

**Free Health Screenings - Austin Public Health** Thursday, January 22nd  
9:00AM-11:00AM

The following services will be available for free:

- Blood Pressure
- A1c Testing
- Blood Sugar Reading
- Cholesterol Testing
- General Health Information and Resources

Weekly Gaming Programs

Bingo

Mondays and Wednesdays:  
1:00PM-2:00PM



Dominoes

Tuesdays: 1:00PM-4:00PM



Friday Movies

The Greatest Showman

January 9 | 1:00PM | Rated PG | Total Running Time - 1 hour, 45 minutes

Ambitious visionary P.T. Barnum, played by **Hugh Jackman**, rises from nothing to create a spectacular circus that celebrates unique outcasts and captures the world's imagination. Along with his business partner, played by Zac Efron, Barnum risks everything to build a legendary show business empire while learning the true value of family and acceptance.



The Day After Tomorrow

January 30 | 1:00PM | Rated PG-13 | Total Running Time - 2 hours, 4 minutes

When a sudden global climate shift triggers a series of catastrophic natural disasters and a new Ice Age, paleoclimatologist Jack Hall (**Dennis Quaid**) must race against time to warn the world of the impending freeze. Amidst the chaos, he embarks on a dangerous cross-country trek to rescue his son, played by **Jake Gyllenhaal**, who is stranded with friends in a flooded and frozen New York City.



Chit Chat Session



Mondays 10:00am

During Coloring Hour!