



SOUTH AUSTIN

SENIOR ACTIVITY CENTER

3911 Manchaca Road Austin, TX, 78704

512-448-0787 Monday-Friday 8a-5p

www.austintexas.gov/department/south-austin-senior-activity-center



Austin Parks and Recreation Department - Seniors



OCTOBER 2015



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3914.



The South Austin Senior Activity Center (SASAC) is located at 3911 Manchaca Road, just north of Ben White Blvd. SASAC's hours are Monday through Friday from 8a to 5p, with special evening and weekend rentals. Some of the many services we provide include: gardening, games, arts and crafts, health and fitness, group socials, excursions, organizational meetings and private rentals. Friendly staff and volunteers are happy to answer any questions and to guide interested parties through the registration process. A calendar year donation (January-December) of \$10 is appreciated, and an additional \$10 is required if you would like a newsletter mailed to your home. Donations go to the SASAC Advisory Board, directly enhancing the center's offerings. A SASAC volunteer is available at the front desk to collect donations and newsletter payment Monday through Friday from 9a to 1p, or you may register and pay by mail. We thank you for your support and look forward to seeing you here soon.

austintexas.gov/department/south-austin-senior-activity-center

f Austin Parks and Recreation Department - Seniors

SPECIAL PROGRAMS AND EVENTS

5K WALKING CLUB

Thursdays, October 1st-December 3rd 8:30— 9:30a

Wear comfortable shoes and clothes.

*Attend 6 of 8 sessions, receive a Club 5k t-shirt

*Attend 7 of 8 sessions, receive paid admission to 5k on 12-5-15

Get active, have fun!

Cost: Free - sign up at front desk



SPECIAL PROGRAMS AND EVENTS

MASTER GARDENER SPEAKER SERIES: TEXAS SUPERSTAR PERENNIALS

Monday, October 19th 10-11a

Join Master Gardener Reeve Hobbie, with his many years of gardening expertise as he discusses perennial gardens.

Cost: Free Sign up at front Desk



DOC TALK WITH DR. MELENDEZ

Tuesday, October 27th 9-10a

Join Dr. Melendez as she speaks about blood pressure & heart health.

Cost: Free Sign up at front Desk; Space is limited - Prizes

LET'S MAKE A DEAL HALLOWEEN CELEBRATION

Friday, October 30th 10-11:15a

Join SASAC as we celebrate Halloween by wearing your favorite costume and compete in our Lets Make a Deal game! Prizes will be given out for top costumes and for those who make the right deal.

Cost: Free

Sign up at front Desk



DENTAL CARE RESOURCE PRESENTATION

Wednesday, November 4th 9-10a

Learn how to reduce the risk of oral diseases and what resources are available for senior dental care.

Cost: Free

Sign up at front Desk; Space is limited

PUBLIC MEETINGS

TRAVIS COUNTY DEAF ASSOCIATION

Wednesday, October 7th 1-4p

SASAC ADVISORY BOARD MEETING

Wednesday, October 14th 12-1p

SOUTH AUSTIN AARP #2426

Wednesday, October 21st 1-4p

NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, October 15th 10a-1p

AARP Smart Driver Thursday, October 29th 12:30-4:30p

This class is designed for the mature driver & it **will not dismiss traffic violations.**

* For insurance discount only *

Fee: \$15 for AARP Members

\$20 for non-AARP Members

Sign up in advance at the front desk.

Payment due on the day of class:

**CHECKS ONLY
payable to AARP**

COMMUNITY GARDEN OF EATIN'

Summer is over and our fall gardens are being prepped and planted. Join our group on Mondays and help us have the largest fall harvest yet! Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

Every Monday at 9am



*See West for water scheduling.

CARD GAMES

Free Play Bridge

Mondays, Wednesdays & Fridays

11:30a-1p

FREE

Progressive Bridge

Mondays, Wednesdays & Fridays

1-3p

FREE

Advanced Free Play

Monday 11a-2p &

Thursdays 9-11:30a

This group focuses on:

- Competitive Bidding
- Chicago Style Scoring
- Duplicate Practice
- Peer Coaching

FREE



Gentle Duplicate Bridge

Tuesdays 12:30-3:30p

Led by Larry Davis, Contact Instructor

\$5.00

Friday Morning Free Play

Fridays 9-11am

Beginner's welcome

FREE

Hand and Foot Canasta

Thursdays,

October 8th, 22nd & 29th

12-4p

A challenging game that's good for the brain.

Friendly social group willing to teach you how to play.

Contact Cathy: (512) 282-8320

FREE

Pinochle

Tuesdays & Thursdays 8a-2p

FREE

FITNESS

BE SURE TO CHECK OUT
OUR
TREADMILLS, RECUMBENT
BIKES, WEIGHT SYSTEM AND
ELLIPTICAL TRAINERS

IF YOU NEED ASSISTANCE USING THE
EQUIPMENT, SASAC STAFF IS AVAILABLE
TO ANSWER QUESTIONS.

YOGA

**Mondays, Wednesdays
and Fridays 9-10a**

Increase your strength and balance
while gaining flexibility. Feel better
physically & spiritually.

Contact Instructor:

Charlie Pivert

**Fee: \$10 drop-in class
\$25 for 3 classes**

SENIORCIZE

Wednesdays 10:30-11a

Join Kade for a workout geared
towards adults 50 and older.
Seniorcize is a great way to stay
active and get back into shape.

Instructor: Kade Green

FREE

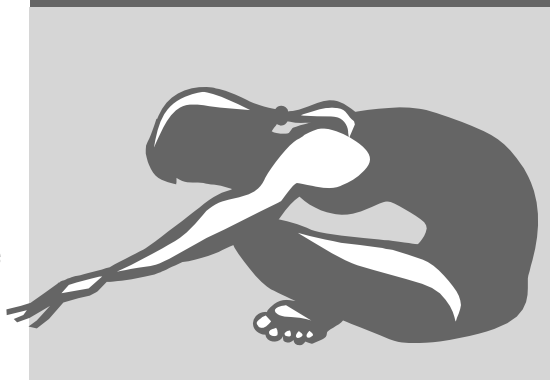
SENIOR HEALTH AND FITNESS

Tuesdays 9-10a

Thursdays 8:30-9:30a

Total body cardiovascular workout
taught in a FUN class format.
Four sets of activities
(15 minutes each).

**Instructed by video tape
FREE**



T'AI CHI

Tuesdays 10-11a

Fridays 10:15-11:15a

Tuesdays, Sept 22nd-Oct 27th

Fridays, Sept 25th-Oct 30th

T'ai Chi has many proven health benefits for
seniors, from increased balance and bone
strength, to greater strength and
flexibility. T'ai Chi is also very safe and
practiced slowly; it is zero impact.

Instructor: Kade Green, Sifu

Fee: 6 Sessions Tuesdays OR Fridays only

Residents: \$30

Non-Residents: \$36

12 Sessions Tuesdays AND Fridays

Residents: \$50

Non-Residents: \$62

Drop in - per class

Resident: \$5

Non Resident: \$6

DANCE

BEGINNER LINE DANCE

Mondays 1-2p

Socialize & learn the basic
steps to fun line dances.

Instructor: Joan Cox

(512)288-4135

FREE

ADVANCED BEGINNER LINE DANCE

Mondays 2-3:30p

Scout your boots for a healthy body
and mind. Have fun, make friends,
and learn a variety of dances.

Instructor: Joan Cox

(512)288-4135

FREE

INTERMEDIATE LINE DANCE

Thursdays 1:30-3p

This is a great way to exercise your
body and your brain while having fun!

We have all levels of dancers in the
class and practice all levels of dance
including: beginner, intermediate, and
advanced. Give it a try!

Instructor: Joleen Tucker

FREE

ZUMBA GOLD VIDEO FOR BEGINNERS

Mondays 10:15-11:15a

Improve your muscle strength,
coordination, posture and mobility.
Come on out and shake it! This is a
drop in class. **FREE**



Austin Rockin' Line Dancers

**Thursdays
9:30-11a**

Rocking Chairettes is a line dance
group that performs at various
locations around Austin and has
been honored with several awards.

Instructor: Sonja Hemmes

(512)531-9122

FREE

OCTOBER 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Requires advance registration			1 Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 *Club 5k 8:30-9:30* Advanced Bridge 9-11:30 Honey Bee Quilters 9-2 Austin Rockin' Line Dancer 9:30-11 Int Line Dancing 1:30-3	2 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
5 Yoga 9-10 Garden Meeting 9-10 Spanish 9-10:30 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. 2-3:30	6 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11* *Diabetes Management 9:30-11* *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 12:30-3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	7 Yoga 9-10 Ceramics 9-11 *Writing Class 9:45-11:15* Seniorcize 10:30-11 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Deaf Association 1-4 Painters 1-3:30	8 Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 *Club 5k 8:30-9:30* Advanced Bridge 9-11:30 Austin Rockin' Line Dancers 9:30-11 Hand and Foot Canasta 12-4 Int Line Dancing 1:30-3	9 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Chess Play 10-12 Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
12 Yoga 9-10 Garden Meeting 9-10 Spanish 9-10:30 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. 2-3:30	13 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 12:30-3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	14 Yoga 9-10 Ceramics 9-11 *Writing Class 9:45-11:15* Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Readin, Ritin, & Recitin 2-3	15 Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 *Club 5k 8:30-9:30* Advanced Bridge 9-11:30 Honey Bee Quilters 9-2 Austin Rockin' Line Dancers 9:30-11 Int Line Dancing 1:30-3	16 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
19 Yoga 9-10 Garden Meeting 9-10 *Master Gardener 10-11* Spanish 9-10:30 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. 2-3:30	20 Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting 9-11 *Tai Chi 10-11* Blood Pressure Screening 10-11 Mexican Train 12:15-3:15 Mahjong 12:30-3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	21 Yoga 9-10 Technology Class 9-11 Ceramics 9-11 *Writing Class 9:45-11:15* Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30	22 Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 *Club 5k 8:30-9:30* Advanced Bridge 9-11:30 Austin Rockin' Line Dancers 9:30-11 Hand and Foot Canasta 12-4 Int Line Dancing 1:30-3	23 Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3
26 Yoga 9-10 Garden Meeting 9-10 Spanish 9-10:30 Chess Play 10-12 Zumba 10:15-11:15 Free Play Bridge 11:30-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. 2-3:30	27 Pinochle 8-2 Sr. Health & Fitness 9-10 *Doc Talk 9-10* Knitting 9-11 *Tai Chi 10-11* Mexican Train 12:15-3:15 Mahjong 12:30-3 Gentle Dup. Bridge 12:30-3:30 Ping Pong 12:30-3	28 Yoga 9-10 Ceramics 9-11 *Writing Class 9:45-11:15* Seniorcize 10:30-11 Free Play Bridge 11:30-1 Let's Sing 12:15-1:30 Bingo 1-3 Progressive Bridge 1-3 Painters 1-3:30 Readin, Ritin, & Recitin 2-3	29 Pinochle 8-2 Oil Painting 8-4 Sr. Health & Fitness 8:30-9:30 *Club 5k 8:30-9:30* Advanced Bridge 9-11:30 Austin Rockin' Line Dancers 9:30-11 Hand and Foot Canasta 12-4 Birthday Party 12 *AARP Smart Driver 12:30-4:30* Int Line Dancing 1:30-3	30 Yoga 9-10 Friday Morning Bridge 9-11 *Let's Make a Deal 10-11:15* Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:30-1 Mahjong 12:30-3 Bingo 1-3 Progressive Bridge 1-3

TRIPS

LOTTERY REGISTRATION:

Monday, September 28th at 8:30a thru Monday, October 5th at 5p

LOTTERY RESULTS AVAILABLE:

Tuesday, October 6th at 12p

REGISTRATION FEES DUE: Tuesday, October 13th by 5p

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after Tuesday, October 6th at 12p to find out if you were selected for a trip. Staff will call you ONLY if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.

Fredericksburg Stroll (Fredericksburg, Texas)

Thursday, October 22nd

Grab your shopping bags and cameras for a trip to Germantown Texas, home of Admiral William Chester Nimitz and the Pacific War Museum.



Departure Time: 9a

Returning Time: 3p

Fee: Resident \$7 / Non-Resident \$8

Additional Expenses: Purchase of Lunch and Shopping

Trip Limit: 23

Activity Level: Moderate

Painting with a Twist (Austin, Texas)

Saturday, October 24th

Looking for a unique and fun night out where you can let your creativity flow? No painting experience is needed as a local experienced artist will guide you through step by step instructions. All materials provided.



Departure Time: 4:30p

Returning Time: 9:30p

Fee: Resident \$38 / Non-Resident \$39

Additional Expenses: Purchase of Dinner

Trip Limit: 18

Activity Level: Minimal

TRIPS

Central Texas Wing (San Marcos, Texas)

Friday, November 13th

Experience the history of one of the last World War II hangers, still used today. Central Texas Wing holds many artifacts and planes from that era.



Departure Time: 9:30a

Returning Time: 3p

Fee: Resident: \$5 / Non-Resident: \$6

Additional Expenses: Purchase of Lunch

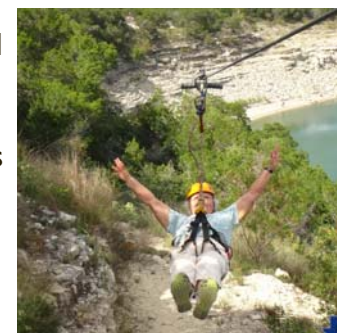
Trip Limit: 18

Activity Level: Moderate

Wimberley Zipline (Austin, Texas)

Tuesday, November 17th

Prepare for highflying fun as you harness up and glide ten ziplines through the air on this thrilling, action packed zipline adventure. Experience a rush as you soar over the canyons and creeks with breathtaking 15-mile views of Wimberley Valley.



Departure Time: 9a

Returning Time: 5p

Fee: Resident: \$89 / Non-Resident: \$90

Additional Expenses: Purchase of Lunch

Trip Limit: 18

Activity Level: High - Trip requires 2 hours of outside activity. Must be able to ambulate over 2 miles of unlevel terrain and stairs.

VISUAL, LITERARY & PERFORMING ARTS



Honey Bee Quilters **Thursdays, October 1st & 15th** **9a-2p**

The Honey Bees invite anyone interested in quilting to join their monthly meetings.
Contact: Amelia Greene
(512) 282-5507

Knitting & Crocheting **Tuesdays 9-11a**

Bring what you are working on.
Share ideas, skills and learn.
Participants are willing to teach beginners wanting to learn!

Let's Sing-a-Long **Wednesdays** **October 14th & 28th** **12:15-1:30p**

Bring your instrument and your singing voice. Celebrate the gift of song!

Oil Painters **Thursdays 8a-4p**

Come in and share your creativity with other painters!

Readin', Ritin' & Recitin' **Wednesdays** **October 14th & 28th**

Come join in the fun, whether you write or just want to listen.

Wednesday Painters **Wednesdays 1-3:30p**

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

Ceramics Circle **Wednesdays 9-11a**

Bring your ceramic project and join other ceramics enthusiasts as you work.

Writing the Stories of Your Life

Next Session: Wednesdays, October 22nd - December 9th
9:45-11:15a

(No Classes on November 11th or 25th)

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

Contact instructor in advance for information & availability.

Fee: \$45 (6 sessions)

Contract Instructor: Rosalind Bond (512) 441-3014

RECREATION AND GAMES

Bingo

Wednesdays, October 14th & 28th 1-3p
AND Fridays 1-3p
25¢ per card - 8 card limit

Chess Club

Mondays and Fridays 10a-12p
New players and all levels welcome!

Mahjong

Tuesdays and Fridays 12:30-3p
Join in on the classic game!

Mexican Train Dominoes

Tuesdays 12:15-3:15p

Ping Pong

Tuesdays 12:30-3p
If you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.

Recreation Room

Complete with treadmills, recumbent bikes, elliptical machines, a weight system and pool tables. If you need assistance with using the exercise equipment, please let a staff member know. Available for daily use unless posted.

AND MORE

BIBLE STUDY

Mondays 1-3p

Join us for reflection and study with Rev. David Dukes. All are welcome. **FREE**

TECHNOLOGY CLASS

Wednesday, October 21st
9-11a

Having trouble operating your computer, tablet, or smart phone? Have a general curiosity about current technology? We are here to help you connect.

Please bring your equipment with you for us to assist you.

FREE

INTRODUCTION TO SPANISH CONVERSATION

Mondays 9-10:30a

Want to know more about the Spanish language? This program will introduce to you the alphabet and basic phrases.

Bring: notebook, pen/pencil, and a Spanish dictionary (optional).

FREE

Volunteer Instructors:
Jose and Bertha Cruz

LUNCH MENU

Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

CONGREGATE MEAL REGISTRATION REQUIRED

Meal tickets are distributed on a **FIRST COME-FIRST SERVE** basis beginning at **9:30a** each morning.

Tickets distributed equal the number of meals ordered for that day.

Lunch is served daily **11:30a-12p** with milk and water.

For ineligible guests **OVER 60** (not registered) and guest **UNDER 60**, the cost of the meal is \$5.39.

Due to the unavailability of certain items, substitutions are occasionally made.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Due to unavailability of certain items, appropriate substitutions may need to be made.</p> <p>**Milk is served every meal</p>			<p>1</p> <p>Dill Chicken Parslied Potatoes Country Tomatoes Wheat Bread Fruited Lemon Gelatin</p>	<p>2</p> <p>Bean and Cheese Burrito Enchilada Sauce Mexican Brown Rice Fiesta Vegetables Wheat Bread Fresh Fruit</p>
<p>5</p> <p>Bruschetta Chicken Meatballs Macaroni and Cheese Dilled Carrots Wheat Bread Fresh Fruit</p>	<p>6</p> <p>Herbed Pork Lion Polenta Catalina Vegetables Wheat Bread Butterscotch Pudding</p>	<p>7</p> <p>Sausage and Red Beans Okra and Tomatoes Turnip Greens Cornbread Fresh Banana</p>	<p>8</p> <p>Beef Burgundy Whole Grain Rotini Pasta Broccoli with Lemon Zest Wheat Bread Fruited Orange Gelatin</p>	<p>9</p> <p>Diced BBQ Chicken Cheesy Parslied potatoes Capri Vegetable Hamburger Bun Fresh Fruit</p>
<p>12</p> <p>TBA</p>	<p>13</p> <p>Turkey Rice Casserole Broccoli Stewed Tomatoes Wheat Bread Crispy Rice Bar</p>	<p>14</p> <p>Hamburger Patty Lettuce and Tomato Ranch Beans Hamburger Bun Apples Crisp Mustard and Catsup</p>	<p>15</p> <p>Lemon Caper Chicken Brown Rice Florentine Mixed Vegetables Wheat Bread Fresh Fruit</p>	<p>16</p> <p>Apple Glazed Turkey Ham Black-Eyed Peas Medley Cabbage Cornbread Fresh Fruit</p>
<p>19</p> <p>Soy Ginger Chicken Chuckwagon Corn Broccoli & Cauliflower Texas Bread Fresh Fruit</p>	<p>20</p> <p>Turkey Couscous Casse- role Rosemary Carrots Collard Greens Wheat Bread Fresh Fruit</p>	<p>21</p> <p>Breaded Fish Tossed Salad Lentils Dinner Roll Hot Sliced Peaches Italian Salad Dressing</p>	<p>22</p> <p>Oven Fried Chicken Whipped Potatoes Stewed Tomatoes Wheat Bread Vanilla Pudding</p>	<p>23</p> <p>Chilaquiles Casserole Spanish Brown Rice Fiesta Vegetables Mexican Cornbread Fresh Fruit</p>
<p>26</p> <p>Sweet and Sour Pork Sugar Snap Peas Broccoli & Carrots Wheat Bread Fresh Fruit</p>	<p>27</p> <p>Diced Chicken Mole Lettuce and Tomato Pinto Beans Wheat Tortilla Hot Pineapple Tidbits</p>	<p>28</p> <p>Beef Chili with Beans Herbed Green Beans Diced Beets Saltine Crackers Strawberry Swirl Pudding</p>	<p>29</p> <p>Smoked Turkey Sausage Lima Beans Mixed Greens Cornbread Fresh Fruit</p>	<p>30</p> <p>Charlene's Tuna Salad Pasta Salad Tomato Spoon Relish Wheat Bread (2) Fresh Fruit</p>

Austin City Council

Mayor and City Council

Steve Adler, Mayor
Kathie Tovo, Mayor Pro Tem, District 9
Ora Houston, District 1
Delia Garza, District 2
Sabino "Pio" Renteria, District 3
Gregorio "Greg" Casar, District 4
Ann Kitchen, District 5
Don Zimmerman, District 6
Leslie Pool, District 7
Ellen Troxclair, District 8
Sheri Gallo, District 10

Austin Parks and Recreation

Sara L. Hensley, CPRP, Director
Kimberly A. McNeeley, CPRP, Assistant Director
Marty Stump, Assistant Director
Cora D. Wright, Assistant Director
Lucas Massie, Division Manager
Tiffany M. Cabin, Seniors Program Manager

SASAC Advisory Board 2015

Kitti Greenough, President
Leigh Emrich, Vice President
Janice Ootsey, Treasurer
Elaine Benton, Secretary
Iola Canady
Carolyn Drake
Raisa Edelman
Margie Mendez



City Manager

Marc Ott, City Manager
Ray Baray, Chief of Staff
Rey Arellano, Assistant City Manager
Sue Edwards, Assistant City Manager
Robert Goode, Assistant City Manager
Bert Lumbreras, Assistant City Manager
Mark Washington, Acting Assistant City Manager

Parks Board

Jane Rivera, Chair
Richard DePalma, Vice Chair
Alison Alter, Board Member
Michael Casias, Board Member
Rick Cofer, Board Member
Tom Donovan, Board Member
Alesha Larkins, Board Member
Francoise Luca, Board Member
Alex Schmitz, Board Member
Mark Vane, Board Member
Pat Wimberly, Board Member

SASAC Staff

Angela Niemiec, CPRP/CTRS, Programs Supervisor
Lynnette Lara, Programs Specialist
West Baxter, MSRLS, Programs Specialist
Kaitie Hilburn, Administrative Associate
Datron Plummer, Building & Grounds Assistant

MISSION The purpose of the Parks and Recreation Department is to provide, protect and preserve a park system that promotes quality recreational, cultural and outdoor experiences for the Austin community.

REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and

Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financial viability providing an overall financially sound recreation program to the Austin community.