Helpful Information to give when calling 911:

- Your name
- Subject’s name
- Address for police to respond to
- Age, height, weight and clothing of subject
- Medications subject may take
- Subject’s diagnosis
- Any current or prior violent behavior
- Current or past drug use
- Triggers
- Current or past history of psychosis
- Current or past delusions/hallucinations
- Possible weapons subject may have (real or fake)
- What has helped de-escalate past situations

In the event of an emergency, or if you need immediate assistance, call 911.

Contact APD Crisis Intervention Team with any questions…. (512) 854-3450

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Mental Health Authorities

**Austin/Travis County—Integral Care**

[http://www.integralcare.org](http://www.integralcare.org)

Main phone: (512) 447-4141
Crisis phone: (512) 472-4357

**Williamson County—Bluebonnet Trails Community Services**

[www.bbtrails.org](http://www.bbtrails.org)

Main phone: (512) 255-1720
Crisis phone: (800) 841-1255

**Hays County—Hill Country Mental Health & Developmental Disabilities Centers**

[www.hillcountry.org](http://www.hillcountry.org)

Main phone: (830) 792-3300
Crisis phone: (877) 466-0660

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**Austin Police Department**

Crisis Intervention Team

(512) 854-3450

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**Important Numbers**

Emergency………………………911

Austin Police CIT Office
512-854-3450

Psychiatric Emergency Services (PES)
512-472-HELP (4357)

National Suicide Hotline
1-800-273-TALK (8255)
Veterans press 1

Suicide Hotline
512-472-HELP (4357)

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**Hospital Emergency Departments**

In the event of a medical concern in conjunction with a mental health crisis, any local hospital emergency department can provide treatment and mental health referrals.
General Resources
Adult/Child Protective Services
http://www.dfps.state.tx.us/
1-800-252-5400

Austin Travis County Integral Care
(ATCIC)/Psychiatric Emergency Services
www.integralcare.org
(512)472-HELP (4357)

Bluebonnet Trails
http://bbtrails.org/services/crisis-services/
1-800-841-1255

Dell Seton Yellow Pod
https://www.seton.net/behavioral-healthcare/emergent-psychiatric-treatment/
(512) 324-2039

Mental Health TX
https://mentalhealthtx.org/

NAMI Central Texas
(National Association on Mental Illness)
www.namiaustin.org
(512) 420-9810

Mobile Crisis Outreach Team
(MCOT)
https://integralcare.org/program/mobile-crisis-outreach-team-mcot/
(512)974-HELP (4357)

Intellectual or Developmental Disabilities
ARC of the Capital Area
http://www.arcaustin.org/
(512) 476-7044

Homeless Service
PATH/ACCESS Homeless Services
https://integralcare.org/program/pathaccess-homeless-services/
(512)472-HELP (4357)

Inpatient Services
Adults:

Judge Guy Herman Center
(512) 804-3770

Rock Springs
https://rockspringshealth.com/
(512)746-7345

Shoal Creek
https://www.seton.net/locations/shoal-creek/

Adolescents, Teens & Seniors

Georgetown Behavioral Health
https://www.georgetownbehavioral.com/
(877)500-9151

Children & Adults
Austin Oaks Hospital
https://austinoakshospital.com/
(512)440-4800

Cross Creek Hospital
https://www.crosscreekhospital.com/
(512)549-8021

Austin State Hospital
https://hhs.texas.gov/services/mental-health-substance-use/state-hospitals/austin-state-hospital
(512)452-0381

Youth
Scheib Mental Health Center
http://www.scheibcenter.org/
(512) 392-7151

Dell Seton Children’s
(512) 324-0029
https://www.dellchildrens.net/behavioral-health/

Veteran Services
Central Texas Veterans Health Care System—Austin/Central TX
https://www.centraltexas.va.gov/locations/Austin.asp
(512) 823-4000

Military Veteran Peer Network
https://www.texvet.org/partners/mvpn-military-veteran-peer-network
(512) 527-4584

Veterans Administration (VA)
https://www.centraltexas.va.gov/locations/Austin.asp
(512)823-4000