

COVID-19: Risk-Based Guidelines

Recommended thresholds 7-day average hospital admits	Practice Good Hygiene Stay Home If Sick Avoid Sick People	Maintain Social Distancing	Wear Facial Coverings	Higher Risk Individuals Aged 65+, diabetes, high blood pressure, heart, lung and kidney disease, immunocompromised, obesity			Avoid Gatherings	Avoid Non-Essential Travel	Avoid Dining/ Shopping	Avoid Gatherings	Avoid Non-Essential Travel	Avoid Dining/ Shopping	Recommended Business Capacity
				Avoid Gatherings	Avoid Non-Essential Travel	Avoid Dining/ Shopping							
				Greater than 25	Greater than 10	Except with precautions							
0	Stage 1	●			Greater than 25		Except with precautions		Gathering size TBD			100%	
< 10	Stage 2	●	●	●	Greater than 10		Except as essential		Greater than 25			75%	
10 - 29	Stage 3	●	●	●	Social and greater than 10	●	Except as essential		Social and greater than 10			50% - 75%	
30 - (50 - 90)*	Stage 4	●	●	●	Social and greater than 2	●	Except as essential		Social and Greater than 10	●		25% - 50%	
> 50 - 90 *	Stage 5	●	●	●	Outside of household	●	Except as essential		Outside of household	●	Except as essential	Contactless options only (i.e. curbside, delivery)	

* The exact hospitalization average trigger will depend on the rate of increase. A faster increase in the daily average will trigger stage 5 risk recommendations when the number reaches the lower end of this range.

Use this color-coded alert system to understand the stages of risk. This chart provides recommendations on what people should do to stay safe during the pandemic. Individual risk categories identified pertain to known risks of complication and death from COVID-19. This chart is subject to change as the situation evolves.