

COVID-19: Risk-Based Guidelines

| Recommended thresholds 7-day average hospital admits | | Practice Good Hygiene | Maintain Social Distancing | Wear Facial Coverings | Higher Risk Individuals Aged 65+, diabetes, high blood pressure, heart, lung and kidney disease, immunocompromised, obesity | | | Avoid Gatherings | Avoid Non-Essential Travel | Avoid Dining/ Shopping | Avoid Gatherings | Avoid Non-Essential Travel | Avoid Dining/ Shopping | Recommended Business Capacity |
|---|----------------|-----------------------|----------------------------|-----------------------|--|----------------------------|-------------------------|------------------|----------------------------|------------------------|------------------|----------------------------|------------------------|--|
| | | Stay Home If Sick | | | Avoid Gatherings | Avoid Non-Essential Travel | Avoid Dining/ Shopping | | | | | | | |
| | | Avoid Sick People | | | | | | | | | | | | |
| 0 | Stage 1 | ● | | | Greater than 25 | | Except with precautions | | Gathering size TBD | | | | | 100% |
| < 10 | Stage 2 | ● | ● | ● | Greater than 10 | | Except as essential | | Greater than 25 | | | | | 75% |
| 10 - 29 | Stage 3 | ● | ● | ● | Social and greater than 10 | ● | Except as essential | | Social and greater than 10 | | | | | 50% - 75% |
| 30 - (50 - 90)* | Stage 4 | ● | ● | ● | Social and greater than 2 | ● | Except as essential | | Social and Greater than 10 | ● | | | | 25% - 50% |
| > 50 - 90 * | Stage 5 | ● | ● | ● | Outside of household | ● | Except as essential | | Outside of household | ● | | Except as essential | | Contactless options only (i.e. curbside, delivery) |

* The exact hospitalization average trigger will depend on the rate of increase. A faster increase in the daily average will trigger stage 5 risk recommendations when the number reaches the lower end of this range.

Use this color-coded alert system to understand the stages of risk. This chart provides recommendations on what people should do to stay safe during the pandemic. Individual risk categories identified pertain to known risks of complication and death from COVID-19. This chart is subject to change as the situation evolves.

