



SOUTH AUSTIN SENIOR ACTIVITY CENTER



3911 Manchaca Road Austin, Tx 78704 / 512.978.2400
Monday/Thursday/Friday 8:00am - 5:00pm
Tuesday 8:00am - 9:00pm / Wednesday 8:00am - 10:00pm
www.austintexas.gov/departments/south-austin-senior-activity-center
Austin Parks and Recreation Department - Seniors

SEPTEMBER

2019



The City of Austin is proud to comply with the Americans with Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3914.



2020 Registration Begins In November!!

2019 PARD Waivers and South Austin Senior Activity Center Advisory Board Registration

ALL participants must have a completed 2019 waiver on file to participate in ALL classes, trips, drop-in, work out room use etc. at South Austin Senior Activity Center.

Stop by the SASAC Reception Desk to complete the form TODAY!!!

NEW Daily Check-in Procedure

Since January 3, 2017 SASAC has used a new automated check-in procedure

ALL participants will be asked to scan in daily on the computer. To ensure you are ready, please complete a 2019 waiver and have your picture taken and a card printed for your account.

Stop by the SASAC Reception Desk to complete the process TODAY!!!

2019 Evening Hours

SASAC will be open Tuesdays until 9:00pm and Wednesdays until 10:00pm.

Evening Dance Clubs

Waterloo Squares

Tuesday Nights - Square Dancing from 7 – 8:45 pm
Square-dance the night away to a live caller!

Wednesday Night Dance Club

Wednesday Nights - Country & Western Dancing from 7:30 - 9:45pm
Come dance the night away to a live band! **\$5 per person charge**

September 4th - Nite Shift September 25th - Hired Guns
September 11th - 3 Chord Rodeo
September 18th - Alibi's (50's Night)

UPCOMING EVENTS

 **WE WILL BE CLOSED** **SEPTEMBER 2ND**
LABOR DAY



Pinewood Derby Car Prep

Wednesday September 11rd, 2019 - 9-11am / Free
Pinewood Derby Car Prep is a chance to put together your own Derby Car, paint and all the decals! You will also have a chance to race it in the Pinewood Derby on September 26th.



8 - Ball Pool Tournament

Friday, September 27th - 9:00am - \$3 Fee

Sign-up for our Fall Pool Tournament at the front desk! Who will reign as SASAC's King of Billiards?



Movie Day: "The Notebook"

Wednesday, September 4th

1:30p - 3:30p FREE

A poor yet passionate young man falls in love with a rich young woman, giving her a sense of freedom, but they are soon separated because of their social differences.



Pet Pals of Texas

Tuesday, September 10th

10:00am—11am

You are invited to join us to pet these special helpers.



EMS Emergency y Preparedness

Tuesday, September 17, 2019 from

12:15 – 1:00 pm FREE

EMS Emergency Preparedness presentations include information about the Vial of Life program. The Vial of life is designed to speak for you when you can't speak for yourself. **Sign up at the front desk.**



Ongoing Library Computer Lab

Tuesday, 10:00am - 11:00am FREE

Short computer lessons with Q&A at the end. Space is very limited, **please sign-up at the front desk.**

PUBLIC MEETINGS

SASAC ADVISORY BOARD MEETING

Friday, September 13th at 12:00pm

SOUTH AUSTIN AARP #2426

Wednesday, September 18th 1-4 p

NATIONAL ACTIVE/ RETIRED FEDERAL EMPLOYEES

Thursday, September 19th 9:00-12 p

Birthday Celebration

Thursday, September 26th 12pm

Join us for cake and ice cream to celebrate all September birthdays!!!

“Be Well, Live Well.” Nutrition Classes

The “Be Well, Live Well” is a program on healthy aging. This six week class meets 1 hour a week. Sign up at the front desk.

- August 20th from 12:15-1:15pm Lesson 1. Be Independent: Eat Well
- August 27th from 12:15-1:15pm Lesson 2. Be Able: Read the Label
- September 3rd from 12:15-1:15pm Lesson 3. Be Safe: Eat Safe
- September 10th from 12:15-1:15pm Lesson 4. Be Creative: Plan Meals
- September 17th from 12:15-1:15pm Lesson 5. Be Fit: Move More

September 24th from 12:15-1:15pm Lesson 6. This is a make-up class that may or may not be given. In most locations, it tends to take place.

COMMUNITY GARDEN OF EATIN’

Join our group on Mondays to help with our winter garden maintenance and harvesting. Whether you have a green thumb to lend, or want to develop one, stop by our community garden.

Every Monday at 9am

*



CARD GAMES

Free Play Bridge

Mondays, Wednesdays & Fridays
11a - 1p
FREE

Progressive Bridge

Monday, Wednesdays & Fridays
1 - 3p
FREE

Advanced Free Play

Monday 11a- 2p & Thursdays 9 - 11:30a

This group focuses on:

- Competitive Bidding
- Chicago Style Scoring
- Duplicate Practice
- Peer Coaching

FREE



Gentle Duplicate Bridge

Tuesdays 12:30 - 3:30p
Led by Larry Davis,
Contract Instructor
\$5.00

Friday Morning Free Play

Fridays 9 - 11am

Beginner's welcome
FREE

Hand and Foot Canasta

September 12th & 26th 12-4p

A challenging game that's good for the brain.
Friendly social group willing to teach you how to play.
FREE

Pinochle

Tuesdays & Thursdays 8a - 2p
FREE



FITNESS

BE SURE TO CHECK OUT OUR
TREADMILLS, RECUMBENT BIKES,
WEIGHT SYSTEM AND BARS,
EXERCISE BALLS, AND
ELLIPTICAL TRAINERS

IF YOU NEED ASSISTANCE USING THE
EQUIPMENT, SASAC STAFF IS AVAILABLE
TO ANSWER QUESTIONS.

*You should consult your physician
or other health care professional
before starting any fitness program
to determine if it is
right for you and your needs.*

Gym Hours

Mondays 8a-4:45p

Tuesdays 8a-8:45p

Wednesday 8a-9:45p

Thursday 8-4:45p

Friday 8a-4:45p

SUBJECT TO CHANGE

CLOSED EVERY THIRD THURSDAY

YOGA

**Mondays, Wednesdays
and Fridays 9 - 10a**

Increase your strength and balance
while gaining flexibility. Feel better
physically & spiritually.

**Contact Instructor:
Charlie Pivert**

**Fee: \$10 drop-in class
\$25 for 3 classes**

SENIOR HEALTH AND FITNESS

Tuesdays 9 - 10a

Thursdays 8:30 - 9:30a

Total body cardiovascular workout
taught in a FUN class format.
Four sets of activities
(15 minutes each).

**Instructed by video tape
FREE**



T'AI CHI

Tuesdays 10-11a

Fridays 10:15-11:15a

T'ai Chi has many proven health benefits
for seniors, from increased balance and
bone strength, to greater strength and
flexibility. T'ai Chi is also very safe and
practiced slowly; it is zero impact.

Instructor: Kade Green, Sifu

**Session 6: August 13th – September 20th
Session 7: September 24th-November 1st**

Fee: 6 Sessions Tuesdays OR Fridays only
Residents: \$30
Non-Residents: \$36

12 Sessions Tuesdays AND Fridays
Residents: \$50
Non-Residents: \$62

Drop in - per class
Resident: \$5
Non Resident: \$6

FITNESS

BEGINNER LINE DANCE

Mondays 1-2p

Socialize & learn the basic
steps to fun line dances.

**Instructor: Joan Cox
(512)288-4135
FREE**

ADVANCED BEGINNER LINE DANCE

Mondays 2 - 3:30p

Thursdays 2:30-3:30p

Scoot your boots for a healthy body
and mind. Have fun, make friends,
and learn a variety of dances.

**Instructor: Joan Cox
(512)288-4135
FREE**

Stretch and Strength

Thursdays 1:15- 2:15 p

teaches you how to balance
the body's strength and flexibil-
ity.

**TBA
FREE**

SENIORCIZE

Wednesdays 10:30 - 11a

Join Kade for a workout geared
towards adults 50 and older.

Seniorcize is a great way to stay
active and get back into shape.

**Instructor: Kade Green
FREE**

Austin Rockin' Line Dancers

Thursdays

9:30 - 11a

Rocking Chairettes is a line dance
group that performs at various
locations around Austin and has
been honored with several awards.

**Instructor: Sonja Hemmes
(512)531-9122
FREE**



ZUMBA GOLD VIDEO FOR BEGINNERS

Mondays 10:15-11:15a

Improve your muscle strength,
coordination, posture and mobility.
Come on out and shake it! This is a
drop in class. **FREE**

ZUMBA w/ Instructor

Fridays 1:30 – 2:30 pm

Instructor: Jacque Cotrell

Improve your muscle strength,
coordination, posture and mobility.
Come on out and shake it! You must
pre-register **FREE**



**Follow us
on Facebook at:**

**Austin Parks and Recreation
Department - Seniors**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Closed</p>	<p>3</p> <p>Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Waterloo Squares 7-8:45p</p>	<p>4</p> <p>Yoga 9-10 Ceramics 9-11 Seniorize 10:30-11 Free Play Bridge 11-1 Progressive Bridge 1-3 Painters 1-3:30 Movie Day 1-3:30 Wednesday Night Dance 7:30-9:45p</p>	<p>5</p> <p>Pinochle 8-2 Oil Painting 8-4 Honey Bee 8-2 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Computer Lab 1-2 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30</p>	<p>6</p> <p>Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11:-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30</p>
<p>9</p> <p>Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11:-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30</p>	<p>10</p> <p>Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Waterloo Squares 7-8:45p</p>	<p>11</p> <p>Yoga 9-10 Ceramics 9-11 Pinewood Derby Prep 9-11 Seniorize 10:30-11 Free Play Bridge 11-1 Let Us Sing 12:15-1:30 Progressive Bridge 1-3 Painters 1-3:30 Bingo 1-3 Wednesday Night Dance 7:30-9:45p</p>	<p>12</p> <p>Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Canasta 12-4 Austin Rockin' Line Dance 9:30-11 Computer Lab 1-2 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30</p>	<p>13</p> <p>Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30</p>
<p>16</p> <p>Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2p Free Play Bridge 11:-1 Progressive Bridge 1-3 Bible Study 1-3 Beg. Line Dance 1-2</p>	<p>17</p> <p>Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Waterloo Squares 7-8:45p</p>	<p>18</p> <p>Yoga 9-10 Ceramics 9-11 Technology 9-11 Seniorize 10:30-11 Free Play Bridge 11-1 AARP 1-4 Progressive Bridge 1-3 Painters 1-3:30 Wednesday Night Dance 7:30-9:45p</p>	<p>19</p> <p>Pinochle 8-2 Oil Painting 8-4 Honey Bee 8-2 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 NARFE 9-12 Austin Rockin' Line Dance 9:30-11 Computer Lab 1-2 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30</p>	<p>20</p> <p>Yoga 9-10 Friday Morning Bridge 9-11 Cardmaking 9-10 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30</p>
<p>23</p> <p>Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2p Free Play Bridge 11:-1 Progressive Bridge 1-3 Bible Study 1-3 Beg. Line Dance 1-2</p>	<p>24</p> <p>Pinochle 8-2 Sr. Health & Fitness 9-10 Knitting & Crocheting 9-11 Be Independent: Eat Well 9-10 *Tai Chi 10-11 Mexican Train 12:15-3:15 Mahjong 1:15 - 3 Gentle Dup. Bridge 12:30-3:30 Waterloo Squares 7-8:45p</p>	<p>25</p> <p>Yoga 9-10 Ceramics 9-11 Seniorize 10:30-11 Free Play Bridge 11-1 Let Us Sing 12:15-1:30 Progressive Bridge 1-3 Painters 1-3:30 Bingo 1-3 Wednesday Night Dance 7:30-9:45p</p>	<p>26</p> <p>Pinochle 8-2 Oil Painting 8-4 Advanced Bridge 9-11:30 Sr. Health & Fitness 8:30-9:30 Austin Rockin' Line Dance 9:30-11 Birthday 12-1 Canasta 12-4 Computer Lab 1-2 Stretch and Strength 1:15-2:15 Line Dance 2:30-3:30</p>	<p>27</p> <p>Yoga 9-10 Friday Morning Bridge 9-11 Chess Play 10-12 *Tai Chi 10:15-11:15* Free Play Bridge 11-1 Bingo 1-3 Progressive Bridge 1-3 Zumba 1:30-2:30</p>
<p>30</p> <p>Yoga 9-10 Spanish 9-10:30 Garden Meeting 9-10 Chess Play 10-12 Zumba 10:15-11:15 Advanced Free Play 11-2 Free Play Bridge 11:-1 Progressive Bridge 1-3 Beg. Line Dance 1-2 Bible Study 1-3 Advanced Beg. Line Dance 2-3:30</p>				

September 2019

TRIPS / EVENTS

LOTTERY REGISTRATION DUE: Friday September 6th
LOTTERY RESULTS AVAILABLE: Monday September 9th
REGISTRATION FEES DUE: Friday September 13th

You may sign up one other person in addition to yourself by calling or by stopping by the center. You may contact the center anytime after Monday, September 9th @ 12pm to find out if you were selected for a trip. Staff will call you ONLY if you were selected for a trip. All trips are subject to change due to weather, PARD director approval, or registration numbers.

TRIP FOCUS GROUP MEETING - September 10th at 9am in Ceramics Room
GARDEN FOCUS GROUP MEETING - September 13th at 9am in Ceramics Room

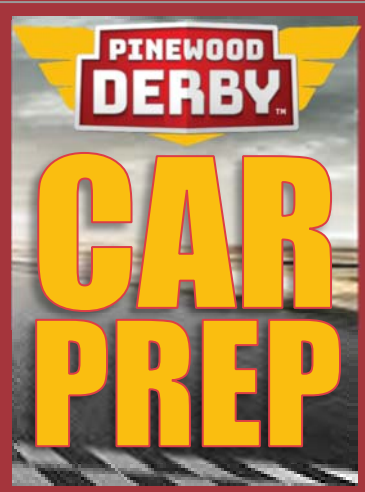


Top Golf (Austin, TX) Tuesday, September 17th

A great time knows no age! Join us as we gather together to swing the clubs and enjoy each other's company at Top Golf! We will be eating at Tarka Indian Kitchen.

Departure Time: 9:00am
Returning Time: 1:00pm
Fee: \$15.00 + the cost of food
Activity Level: High

Spaces still available!
No lottery, sign-up today!



Join the Derby Car Prep! No lottery, sign-up today!

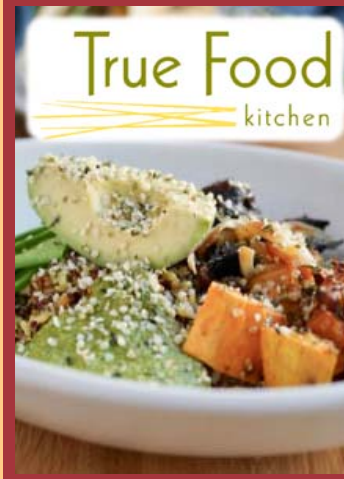
Pinewood Derby Car Prep Wednesday, Sept. 11th

Join us SASAC as we prep our derby cars for the Pinewood Derby at Givens Rec Center! Grab you a car and build, paint, and design! Ask front desk for details.

Meeting Time: 9:30am
End Time: 11:30am
Fee: Free
Activity Level: Low



TRIPS



True Food Kitchen (Austin, TX) Tuesday, October 1st

Become a part of a world where great tasting food can be the foundation for a life well lived. Also visiting the Baked Bear Ice Cream Parlor!

Departure Time: 11:30am
Returning Time: 2:00pm
Fee: Res. \$3.00 + cost of food
Activity Level: Low



Motown Exhibit @ the LBJ Library (Austin, TX) Thursday, October 10th

Explore the evolution of the label, view personal artifacts from some of its biggest artists, and do your take on some of Motown's biggest hits!
Lunch at Sawyer & Co.

Departure Time: 9:30am
Returning Time: 1:30pm
Fee: \$12.00 + cost of food
Activity Level: Moderate - Walking



Halloween Bingo @ Dittmar Rec. (Austin, TX) Thursday, October 17th

Join us in a a great time of playing Bingo with a Halloween Theme at Dittmar Recreation Center!

Departure Time: 9:30am
Returning Time: 1:30pm
Fee: FREE
Activity Level: Mild

VISUAL, LITERARY & PERFORMING ARTS



Let's Sing-a-Long

Wednesday, September 11th & 25th

12:15 - 1:30p

Bring your instrument and your singing voice. Celebrate the gift of song!

Everyone Paints

Thursdays 8a - 4p

Come in and share your creativity with other painters!

Wednesday Painters

Wednesdays 1 - 3:30p

If you use pastels, oils, acrylics, etc., bring your supplies and enjoy the fun.

Ceramics Circle

Wednesdays 9 - 11a

Bring your ceramic project and join other ceramics

Card Making

September 20th

9:00a - 10:00am

Honey Bee Quilters

Thursday, September 6th & 19th
9a - 2p

The Honey Bees invite anyone interested in quilting to join their monthly meetings.

Contact: Charlotte Mackelvery
(512) 652-8587

Knitting & Crocheting

Tuesdays 9 - 11a

Bring what you are working on. Share ideas, skills and learn. Participants are willing to teach beginners wanting to learn!

Writing the Stories of Your Life

Next Session: September 4th — October 9th

9:45-11:15a

Your memories are your real family treasures! Have fun learning techniques for retrieving, writing and polishing your memories, so that you can assemble them into your life story.

Contact instructor in advance for information & availability.

Fee: \$48 (6 sessions)

Contract Instructor: Rosalind Bond (512) 441-3014

RECREATION AND GAMES

Bingo Wednesdays, September 11th & 25th **AND** Every Friday 1-3p
25¢ per card - 8 card limit

Chess Club

Mondays and Fridays 10a-12p
New players and all levels welcome!

Mahjong

Tuesdays 1:15-3p
Join in on the classic game!

Mexican Train Dominoes

Tuesdays 12:15-3:15p

Ping Pong

Monday - Friday 8:30 - 4:45p
If you are interested in playing at a different time, please call ahead for room availability and to assure staff is available to set up the table.

Recreation Room

Complete with treadmills, recumbent bikes, elliptical machines, a weight system and pool tables. If you need assistance with using the exercise equipment, please let a staff member know. Available for daily use unless posted.

AND MORE

BIBLE STUDY

Mondays 1-3p

Join us for reflection and study with Rev. David Dukes. All are welcome.
FREE

TECHNOLOGY CLASS

Wednesday,
September 18th
9-11a

(In lobby)

Having trouble operating your computer, tablet, or smart phone? Have a general curiosity about current technology? We are here to help you connect. Please bring your equipment with you for us to assist you.

INTRODUCTION TO SPANISH CONVERSATION

Next Session September 9th
Mondays 9-10:30a

Want to know more about the Spanish language? This program will introduce to you the alphabet and basic phrases. Bring: notebook, pen/pencil, and a Spanish dictionary.

FREE

Volunteer Instructors:

LUNCH

Meet new friends while eating a hot, nutritious lunch every day at SASAC. A \$1 donation for those over 60 is greatly appreciated to offset the cost of staff, meal-related expenses, dietary supplies, and delivery.

CONGREGATE MEAL REGISTRATION REQUIRED

Meal tickets are distributed on a **FIRST COME-FIRST SERVE** basis beginning at **9:30a** each morning.

Tickets distributed equal the number of meals ordered for that day.

Lunch is served daily **11:30a-12p** with milk and water.

For ineligible guests OVER 60 (not registered) and guest UNDER 60, the cost of the meal is \$5.39.

Due to the unavailability of certain items, substitutions are occasionally made.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <i>Closed for Holiday</i>	3 Sloppy Joe Ranch Beans Tangy Spinach Hamburger Bun Cinnamon Swirl Pudding	4 Chicken Quesadilla Casse- role Brown Rice Green Beans with Onions Saltine Crackers Fresh Banana	5 Roast Beef with Gravy Ranch Roasted Potatoes Catalina Vegetables Texas Bread Fruited Cherry Gelatin	6 Turkey Pot Pie Whole Kernel Corn Brussels Sprouts Cornbread Fresh Fruit
9 Beef with Peppered Gravy Whipped Potatoes with Skins Mixed Vegetables Wheat Bread Fresh Fruit	10 Pork Chow Mein Brown Rice Kyoto Edamame Vegeta- bles Wheat Bread Fresh Fruit	11 Country Fried Steak with Gravy Lima Beans Country Tomatoes Wheat Bread Caramel Vanilla Pudding	12 Fajita Chicken Mexican Brown Rice Charro Beans Wheat Tortilla Fruited Orange Gelatin Taco Sauce	13 Three Cheese Ziti ✓ Sliced Carrots Squash Medley Whole Wheat Breadstick Fresh Fruit
16 Marsala Chicken Chuckwagon Corn Diced Beets Wheat Bread Fresh Fruit	17 Ginger Pork Patty Seasoned Lentils Spinach Wheat Bread Fresh Fruit	18 Sue Ellen's Baked Chicken with Gravy Macaroni and Cheese Mixed Vegetables Wheat Bread Chocolate Pie Parfait	19 Beef Stir Fry Saffron Rice Broccoli Wheat Bread Fruited Lime Gelatin	20 Charlene's Tuna Salad Three Bean Salad Cucumber and Onion Sal- ad Saltine Crackers Fresh Banana
23 Ron Lantz's Meatloaf with Tomato Gravy Whipped Potatoes with Skins Cheesy Brussels Sprouts Wheat Bread Fresh Fruit	24 Turkey Tetrizzini Broccoli Parslied Carrots Dinner Roll Butterscotch Swirl Pudding	25 Dan Pruett's Hamburger Patty Lettuce and Tomato Ranch Beans Hamburger Bun Apple Raisin Compote Mustard and Ketchup	26 Lemongrass Chicken Herbed Basmati Rice Japanese Vegetables Wheat Bread Fruited Cherry Gelatin	27 Spaghetti Torte ✓ Herbed Green Beans Cauliflower Whole Wheat Breadstick Fresh Fruit Margarine
30 Turkey Rice Casserole Stewed Tomatoes Diced Beets Wheat Bread Fresh Fruit Cal: 603				*Due to unavailability of certain items, appropriate substitutions may need to be made. **Milk is served every meal.

Austin City Council Mayor and City Council

Steve Adler, Mayor
Kathie Tovo, Mayor Pro Tem, District 9
Ora Houston, District 1
Delia Garza, District 2
Sabino "Pio" Renteria, District 3
Gregorio "Greg" Casar, District 4
Ann Kitchen, District 5
Don Zimmerman, District 6
Leslie Pool, District 7
Ellen Troxclair, District 8
Sheri Gallo, District 10

Austin Parks and Recreation

Liana Kallivoka, PhD, P.E, Acting Director
Vacant, Assistant Director
Anthony Segrua, Assistant Director
Lucas Massie, Acting Assistant Director
Christa McCrathy, Division Manager
David Crabb, Seniors Program Manager

SASAC Advisory Board 2019

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Raisa Edelman, Vice President
Joan Cox, Secretary
Kitti Greenough, Treasurer
Elaine Benton
Carolyn Drake
Margaret Hughes
Margarie Mendez
Chris Ng



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Spencer Cronk, City Manager
Ray Baray, Chief of Staff
Rey Arellano, Assistant City Manager
Robert Goode, Assistant City Manager
Sara Hensley, Interim Assistant City Manager
Joe Pantalion, Interim Assistant City Manager
Mark Washington, Acting Assistant City Manager

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Romteen Farasat, Board Member
Dawn Lewis, Board Member
Francoise Luca, Board Member
Randy Mann, Board Member
Fred Morgan, Board Member
Mary Katherine Stout, Board Member

SASAC Staff

Kelly Maltsberger, Recreation Program Supervisor
Maria Reyes, Recreation Program Coordinator
Lynnette Lara, Recreation Programs Specialist
Justin I. Perez, Recreation Programs Specialist
Joe Asevedo, Building and Grounds Assistant
Daniel Mendoza, Admin Associate

MISSION Inspire Austin to learn, play, protect and connect by creating diverse programs and experiences in sustainable natural spaces and public places

REC PRINCIPLES: RECREATIONAL, ENVIRONMENTAL, CULTURAL

The Austin Parks and Recreation Department uses a professional, systematic and studied approach in determining the programs and services we offer our community. This strategy is reflected in our Recreational, Environmental, and Cultural Program Principles. These principles are used in determining programs and services:

- Provide programs and services that help fulfill the organizational mission, vision, goals and objectives adopted by the Austin City Council and the Austin Parks and Recreation Department.
- Provide programs that follow all applicable laws, ordinances, resolutions and standard operating procedures.
- Develop programs that have a stated purpose, goals and objectives which specify benefits and outcomes that the program will offer participants and the community.
- Offer accessible, affordable recreational, environmental and cultural program opportunities in a safe environment for all ages, abilities, interests and socio-economic levels, highlighting Austin's diversity.
- Encourage and respond to community input in program planning, development and evaluation.
- Programs will balance community needs with financial viability providing an overall financially sound recreation program to the Austin community.