### **TREES 101**

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### What is a Tree?



#### What is a Tree?

"A tree may be defined as a woody plant reaching 20 feet or more at maturity, with a single trunk and a definite crown"

> Harlow, Harrar, Hardin and White; Textbook of Dendrology







The Leaves process water and carbon dioxide (Photosynthesis) to form complex sugars (fuel).

The Branches & Stem/Trunk transports water and solutes (Diffusion & Osmosis), to the crown via the Xylem and sugars to the roots via the Phloem.

The Roots absorb water and nutrients with help from Root Hairs. Also, stores the complex sugars created by the leaves.



## Actively growing right before dormancy and right before bud break.

## Inactive in soil above about 90-92 degrees

Tree Biology

5% Leaves 15% Limbs 60% Trunk 15% Woody Roots 5% Absorbing









#### Tree Defense Systems

- Trees DO NOT have immune systems
- Defense adaptations: Physical
  - Thick bark
  - Hairy leaves
  - Thorns
  - Thick cuticle
- Chemical:
  - Resist insect feeding or animal browsing (bad taste)
  - Pathogen infection or decay (barriers)

C.O.D.I.T. Compartmentalization Of Decay In Trees



 Stops Vertical Spread
 Stops Inward Spread
 Stops Lateral Spread
 New growth closes wound (this is what we see on the bark)



#### **Species Selection**

- Mature size matters
- What grows well in your area
- Avoid invasive species



## Soil volume & Depth

#### HOW MUCH SOIL TO GROW A BIG TREE?



#### Tree roots need space



#### **Re-routing the Sidewalk**

- When damaged sidewalks are repaired they can be re-routed around the tree trunks.
- This can eliminate the need to prune roots that caused the walk to lift.



#### Place Trees on the Other Side

- Damage can be reduced by planting trees on the side of the sidewalk away from the curb.
- This places the root flare in open soil instead of between the sidewalk and curb.



#### Avoid Hardscape Overkill

 In the example provided, new trees were probably not needed in this location because of the large healthy trees already present, several feet behind the new curbing.

#### Smaller trees need less root space Shallow roots can damage structures and are hazardous

### Utility lines





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### What grows well in your area?

HOME I FAQ

#### Texas Tree Planting Guide



Express Tree Selector The quickest way to find the best trees for your yard



Custom Tree Selector Gives you more choices for trees to plant in your yard

Tree Planting & Care More info to help you buy, plant and care for your new tree



http://texastreeplanting.tamu.edu/

TEXAS A&M FOREST SERVICE

#### Texas Tree Planting Guide

HOME | FAQ

#### Custom Tree Selector

I will plant my tree in this county: "Please Select" •

Option 1: The space available for my tree is...

A small area, less than 120 sq.ft. or with growing space restrictions (overhead wires, on the sides)

- Somewhat restricted, less than 180 sq.ft.
- A large space, more than 180 sq.ft.
- Not sure

Option 2: I want a tree that is...

- Small, 20 ft. tall or less at maturity
- Medium, 20-40 ft. tall at maturity
- Large, more than 40 ft. tail at maturity
- No preference

#### Option 3 : I want a tree with leaves that are...

- Deciduous, leaves drop in fall
- Evergreen, leaves stay green all year
- No preference

#### Option 4 : I want a tree that... (check all that apply)

Is a Texas native
 Has reliable fall color
 Has showy or fragrant flowers

Has attractive fruits or seeds
 Has fruits or seeds eaten by wildlife
 Ts Firewise

Has salty soll or sea-spray

Has highly alkaline soil (> 7.5 pH)

Read more about soil conditions

#### Option 5 : The place I will plant my tree... (check all that apply)

Is extremely dry or droughty

- Is poorly drained or stays wet
- Is shady all or most of the day

Show Trees

Start Over



TEXAS A&M

Click to view Available Space graphic



Click to view Tree Heights graphic



#### Texas Tree Planting Guide

#### TEXAS A&M FOREST SERVICE

#### **Recommended trees for Travis County**





#### American Elm

Ulmus americana Leaf Type: Deciduous Comments: Fast-growing, vase-shaped shade tree that tolerates a wide range of conditions.

More About this Tree

Cotinus obovatus

Leaf Type: Deciduous

to find in the nursery.

More About this Tree

American Smoketree

Comments: One of the best

trees for fall color. Might be hard



HOME I FAO

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#### American Holly

Ilex opaca Leaf Type: Evergreen Comments: A striking landscape tree, can be used as a screen. Plant away from pedestrian areas.

More About this Tree

#### Anacacho Orchid-tree

Bauhinia congesta Leaf Type: Deciduous Comments: Delicate-looking native tree with showy flowers.

More About this Tree

#### Baldcypress

Taxodium distichum Leaf Type: Deciduous Comments: Adapted to many soil and moisture conditions. Grows well in wet areas.

More About this Tree

#### Bluewood Condalia hookeri Leaf Type: Evergreen



#### Arizona Cypress

Cupressus arizonica Leaf Type: Evergreen Comments: Good plant for screening that is well-suited to limestone soils.

More About this Tree

**Bigtooth Maple** Acer grandidentatum Leaf Type: Deciduous



#### **INVASIVE PLANTS TO AVOID**

Invasive plants are those that spread into areas where they are not native. Their introduction causes or is likely to cause economic or environmental harm or harm to human health

The following plants have already invaded preserves and greenbelts in Austin. They spread by seeds, berries and spores that can be easily transported long distances. For a more extensive list, visit www.texasinvasives.org Alternatives Common Bamboo, Running Phyllostachys aurea **Evergreen Yaupon, Bamboo Muhly** Cat's Claw Vine Carolina Jessamine, Crossvine Macfadyena unguis-cati Chinquapin Oak, Texas Red Oak Melia azedarach Chinaberry **Chinese Parasol Tree** Firmiana simplex **Bald Cypress, Arizona Cypress Chinese** Pistache Chinquapin Oak, Texas Red Oak Pistacia chinensis **Chinese Tallow** Sapium sebiferum Viable alternative unknown **Giant Cane\*** Arundo donax **Evergreen Yaupon, Roughleaf Dogwood Japanese Honeysuckle** Lonicera japonica **Coral Honeysuckle** Kudzu Pueraria lobata Virginia Creeper, Coral Vine Ligustrum, Wax Leaf Ligustrum japonicum **Barbados Cherry, Cherry Laurel** Ligustrum, Japanese Ligustrum lucidum **Evergreen Sumac, Evergreen Yaupon** Albizzia julibrissin Mimosa (non-native) Desert Willow, Redbud Mulberry, Paper **Cherry Laurel, Texas Persimmon** Broussonetia papyrifera Mulberry, White **Cherry Laurel, Texas Persimmon** Morus alba Nandina Bush Germander, Texas Sage, Nandina domestica (berrying varieties) **Barbados Cherry Evergreen Sumac, Evergreen Yaupon** Photinia, Chinese Photinia spp. Ligustrum sinense, **Evergreen Yaupon, Dwarf Burford Holly** Privet, Common Ligustrum vulgare Pyracantha Pyracantha spp. **Evergreen Sumac Cherry Laurel, Texas Persimmon Russian** Olive Elaeagnus angustifolia Tamarisk, Salt Cedar Arizona Cypress, Bald Cypress Tamarix spp. Chinquapin Oak, Lacey Oak **Tree of Heaven** Ailanthus altissima **Mexican Buckeye** Vitex Vitex agnus-castus

These plants travel by runners, rhizomes, spores and stems. While they are not generally transported long distances, they can invade nearby or "downstream" areas. Avoid planting near parks and preserves.

Common Come	Botonical Name	Southwastres
Elephant Ear	Alocasia spp., Colocasia spp.	Arrowhead, Crinum Lily, Tuckahoe
English Ivy	Hedera helix	Leadwort Plumbago Mountain Pea
Holly Fern	Cyrtomium falcatum	River Fern
Vinca	Vinca major & V. minor	Leadwort Plumbago Mountain Pea
Wisteria (non-native species)	Wisteria sinensis, W. floribunda	Passion Vine



Already have these plants? Most plants can be controlled by trimming back berries, seedheads or runners.

\* Illegal to sell

THIS PLANT LIST IS ONLY A RECOMMENDATION AND HAS NO LEGAL EFFECT IN THE STATE OF TEXAS. IT IS LAWFUL TO SELL, DISTRIBUTE, IMPORT, OR POSSESS A PLANT ON THIS LIST UNLESS THE TEXAS DEPARTMENT OF AGRICULTURE LABELS THE PLANT AS NOXIOUS OR INVASIVE ON THE DEPARTMENT'S PLANT LIST.

 High Quality Trees
 A strong form with wellspaced, firmly-attached branches





## Poor Quality Trees

A trunk with wounds from mechanical impacts or incorrect pruning





#### GOOD PRUNING BAD PRUNING



#### Poor Quality Trees A weak form where multiple stems squeeze against each other or where branches squeeze against the trunk



## **Poor Quality Trees**

 Crushed or circling roots in a small root ball or small container

'Pop the Pot'



#### Don't Forget the Roots!!!

- Shop for good structure AND good roots.
- Natural root flare should be evident.
- Check the integrity of the root ball.
- Check for an abundance of fibrous roots.

The amount and condition of the roots in the root ball greatly affect survival. Don't be afraid to pop it out of the pot.

## What if you're stuck with Poor Quality Trees?







## What you really need to know for successful tree planting:

- 1. Start with the right species
- 2. Choose the right specimen
- 3. Location, location, location
- 4. Call 811 for utility locate
- 5. Dig a wide, shallow hole don't bury the root flare
- 6. Don't spoil it rotten no amendments
- 7. Protect from wind or vandalism with stakes ONLY IF NECESSARY
- 8. Protect from heat, drought and competition Mulch, mulch, mulch
- 9. Adequate water

#### If you're starting with a poor specimen:

- 1. Root prune No circling or girdling roots
- 2. Correct crown defects early
- 3. Just say NO! Take it back to the nursery.

Planting Containerized & Container Grown Trees Check for natural root flare & girdling roots



## Planting Containerized & Container Grown Trees

- Sides of root ball should be roughened
- Root pruning is often necessary (nursery standards)



#### **Proper Planting**



#### October – Mid March Is Best Time To Plant

- Better Survival
  - Cooler Temperatures
  - Adequate Moisture
- Increased Growth
- Palms are the exception April and May are great.

#### **Proper Planting**

#### • Planting hole vs. burial pit



## **Prepare Site**

- Call 811 to locate utilities
- Remove grass
- Dig hole at least 2-3x larger than root ball of tree
- Dig hole no deeper than root ball is deep
- The key is wide and shallow



### Planting Trees

- Do not add gravel, sand or soft soil to the bottom of the hole. (Capillarity)
- Limit backfill amendments
- Do not add fertilizer.
- Mycorrhizae should only be used with trees grown in conditions unexposed to inoculum and planted on new sites where native inoculum may not be present.

#### Establishment

 Proper planting is only half the battle. Trees suffering from transplant shock need adequate early care to increase the chances of survival.

 Generally, it will take one year per inch of caliper for a tree to recover from planting.
 Bigger trees are not necessarily better. Establishment -- Watering
Watering schedule is highly dependent upon the soil type – capillarity

 Rule of thumb is one inch per week during the growing season

 Overwatering is one of the leading causes of transplant death – the signs of overwatering are very similar to the signs of too little watering, pay attention to the soil!

#### Watering New Trees







#### Fertilization

- Over fertilizing can cause water stress (fertilizer burn)
- Fertilization is almost never necessary the first year. If you must fertilize, use a slow release nitrogen.
  - A top dressing of compost or coffee grounds works well.



## Mulching is one of the most beneficial things you can do for a new tree

Reduces water loss

Reduces competition
 from weeds

Improves soil structure





- Many types of mulch available generally comes down to personal choice.
- Organic mulches (tree bark, wood chips, straw, etc) will break down over time which releases essential nutrients and improves the soil structure, but will need to be replenished from time to time.
- Inorganic mulches (stone, pulverized rubber, fabric, etc) will not break down and won't need to be replenished.

Mulch should be 1-2 inches deep

#### Do not volcano mulch

mulch against the trunk can cause infections, adventitious roots, rodent feedings and encourage insects.



- The broader the mulch circle the better generally for a tree 1-2 inches in caliper, the mulch circle should be at least 6 feet in diameter.
- Don't use black plastic it will restrict water movement and reduce oxygen availability.





#### Staking/Guying Guidelines

 Use only when necessary and only for as long as necessary – remove after the first year. If left in place for more than 2 years, it can reduce the ability of the tree to support itself and increase the risk of girdling.





#### Staking/Guying Guidelines

- Do not attach ties to the tree so high that the top portion of the tree is not allowed to move freely. (usually 1/2 – 2/3 of total height)
- Use caution with the materials you choose to be in contact with the trees!
- Stakes for guy wires should be inline with direction of the wire.



### Staking/Guying Guidelines

Often not necessary but ...

Can protect against equipment damage and reduce vandalism and theft.

- Do not stake too tightly trees need to move to develop proper taper.
- Be careful to drive the stakes outside the root ball don't damage the roots.



#### Tree Wraps and Guards

 Current research indicates that tree wraps can actually cause more damage than not wrapping:

- Increased temperature differentials

- Hold moisture against trunk
- Insects can burrow between wrap and trunk

#### **Tree Wraps and Guards**

- Tree guards of plastic or metal can be placed around the trunks of trees to ...
  - Help minimize damage from mowers and string trimmers

– Minimize animal feeding damage



### **Pruning at Planting**

- Prune broken branches and major structural problems only.
- Heavy pruning should be avoided until the tree is established.
- Structural/Training pruning should be done while tree is young.



### Pruning Mature Trees – Know your Goals

#### The kind of pruning you choose is dictated by your goals.

## Less is ALWAYS more.



### Safety

- Think head to toes
  - Hard hat
  - Eye protection
  - Ear protection
  - Long sleeves
  - Gloves
  - Long pants
    - Chainsaw chaps
  - Boots
    - Hard toe

- Don't forget
  - Hydration
    - Before, during, and after
  - Sunscreen
    - 30 minutes ahead
  - Stretch/warm up



## What are your goals when pruning?

- Better form
- Improve safety
- Improve health
- Improve aesthetics
- Provide clearance





### Structural - Training

- Start young
- Improve form by proper spacing between branches and around the tree







Figure 7. Scaffold branches of trees should have proper vertical and radial spacing on the trunk

### Crown thinning

- Believed to reduce "wind sail" and make the tree more stable in areas with lots of wind and/or shallow soils
- Easy to remove too much and end up with "lions' tailing"
- Outdated practice now and will no longer be in the ANSI A300 standards

#### **Crown Raising**

 8 feet over sidewalks, 14 feet over streets







#### Outside the branch collar



## **Three Cut Method**

## Cut 1 – Undercut

### Cut 2 – Through-cut

## Cut 3 – Final cut

## Trees respond to pruning cuts by forming wound wood





 Flush cuts create more surface area than the tree can easily cover, the tree will often grow sprouts for increased energy.



## Thank You !

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