

Please share our social media posts, sign up for our [newsletter](#), and check out our upcoming events!

Holistic Wellness Programming

HWP September:



Free Day of Bilingual Yoga

Monday, September 2, Castle Hill Fitness

10:45am: Slow Flow+ Sound Healing with Isabel Beltran Sabel (Attendance: 25)

12:30pm: Yin and Sound with Aneika Perez (Attendance: 17)

Book Club: Leemos y Plática

Tuesdays @ 6-7:30pm

Sept 10: Ruiz Branch Library (Attendance: 3)

Sept 17: Menchaca Branch Library (Attendance: 5)

Sept 24: Cepeda Branch Library (Attendance: 4)

Join our *comunidad* of readers to discuss “I Am Diosa: A Journey to Healing Deep, Loving Yourself, and Coming Back Home to Soul”. We’ll share our thoughts and discuss the themes that resonate with us. Book is available in both English and Spanish.

Cooking Demo: Meal Prep (15+)

Wednesday, September 18 @ 6-7:30pm (Attendance: 9)

Central Library - Demo Area/Kitchen

Learn how to make delicious and nutritious burrito bowls for your weekly meal prep - using products found at your local grocery store. Tastings included! Pre-registration requested by Fri, September 13th.

Chair Yoga at Yarborough Library

Friday, September 20 @ 10:30am (Attendance: 10)

A gentle form of yoga that can be done seated in a chair. These modifications make yoga accessible to people with various physical abilities.



Garden Day:

Sunday, September 22 @ 9-11 am (Attendance: 3)

Sunset Valley Community Garden

At the ESB-MACC Healing Garden we grow herbs, fruits and vegetables that can be used for everyday meals and health. Volunteers work hands-on maintaining the garden followed by a garden activity led by Jesus Garcia.

Cine de Oro:

Tuesday, September 24 @ 9-12pm (Attendance: 36)

Conley-Guerrero Senior Activity Center

Join us for a screening of a film from the golden age of Mexican cinema. Lunch will be served.



Volunteer Club: Habitat for Humanity

Thursday, September 26 @ 8am-4pm (Attendance: 6)

Habitat for Humanity is a nonprofit organization that helps families build and improve places to call home. We believe affordable housing plays a critical role in strong and stable communities.

Learn to Kayak/Paddleboard (16+)

Thurs, September 26 @ 6-7:30pm (Attendance: 17)

Thurs, October 17 @ 6-7:30pm Austin Rowing Club

Join us on Lady Bird Lake and paddle through the heart of Downtown Austin. Pre-registration required.

Holistic Wellness Program, Upcoming

Community Conversation-Healing through Earth Connections

Thurs, October 10 @ 5:30-8pm

Lady Bird Johnson Wildflower Center

Join us to explore cultural expression and honoring our cultural legacies. Harvé Franks and Jesus García will guide us through a flower pressing activity and in creating seed balls, closing our time together with a seed ceremony. Pre-registration required by Thurs, Oct 3 for free entry to the LBJ Wildflower Center.



Cumbia Basics I

Saturday, October 12 @ 2-3pm, Corazon Latino Dance Studio

Learn basic steps and the body movements that define this popular Latin American Dance. No prior experience or partner is required. Pre-registration required by Mon, Oct 7.

Learn to Kayak/Paddleboard (16+)

Thurs, October 17 @ 6-7:30pm, Austin Rowing Club

Join us on Lady Bird Lake and paddle through the heart of Downtown Austin. Pre-registration required.

Hike and/or Garden Day

Sunday, October 20 8:30-11am, Violet Crown Trail/Sunset Valley Community Garden

Join us for an intermediate level 1.5 hour hike with uneven, rocky trail and some incline. Please dress comfortably for the weather and bring a water bottle. Afterward, we'll meet 2 miles down the road at the Healing Garden where we will work hands-on maintaining the garden. Pre-registration requested.

Chair Yoga

3rd Friday of each month @ 10:30am, Yarborough Library

A gentle form of yoga that can be done seated in a chair. These modifications make yoga accessible to people with various physical abilities.

Bilingual Yoga + Sound w/Castle Hill Fitness

Monday, October 28 @ 6-7pm, Waterloo Greenway-Moody Amphitheater

Melt away stress and tension with Isabel Beltran Sabel. This class combines gentle yoga poses, breathing techniques, and guided relaxation with sound healing bowls to help calm the mind and enhance overall well-being. Bring a yoga mat.

Youth and Family Education



Latino/a/e Heritage Month Activity: Piñata Paleta

The Education team has been celebrating Hispanic/Latino Heritage all month long! We hope you were able to join them in making papel picado banners during the Central Library's Hispanic/ Latino Heritage Month celebration on Sept 22, or make a piñata with them during Viva Mexico at Pan Am Park on Sept 14.

If you missed the chance to make a Paleta Piñata with the Education team, you will have one more opportunity! Join the Education team for **Sabados en Familia at the Southeast Branch Library on October 12th from 12pm – 2pm**. They will be reading Paletero Man by Lucky Diaz. Bilingual storytime followed by a hands-on activity.

Sabados en Familia Dates & Locations:

10/12/2024, 12-2pm, Southeast Branch Library
11/9/2024, 12-2pm, Little Walnut Creek Branch
12/14/2024, 10:00am-12:00pm, Windsor Park Branch Library
1/11/2025, 12-2pm, Twin Oaks Branch Library
2/8/2025, 12-2pm, Menchaca Branch Library
3/8/2025, 12-2pm, North Village Branch Library
4/12/2025, 12-2pm, Pleasant Hill Branch Library
5/10/2025, 12-2pm, Milwood Branch Library



Morning Glories at Waterloo Greenway

Waterloo Greenway's Morning Glories is a weekly early childhood education series that provides hands-on activities and programs to promote literacy, bilingual storytelling, music, dance, cultural learnings, and nature play. Each week features a different style of play from community partners. The ESB-MACC Education team has been providing cultural art activities for parents and toddlers. During their Hispanic Heritage Month reading, the Education team provided Viva Mexico crowns. On World Bollywood Day, they created Folklorico Dancer Puppets. Join Morning Glories, Tuesdays at 10am, now until October 15th. [Morning Glories - Fall 2024 - Waterloo Greenway Conservancy](#)



The MACC Education team is pleased to offer Dia De Los Muertos Workshops at our Community Recreation centers this fall. These two-day workshops aim to educate community members about Dia De los Muertos and preserve Mexican cultural traditions by teaching them how to make their own Sugar Skull and learn the meaning behind the ofrenda. This program is targeted towards existing senior groups and anyone else who would like to join. Participants will build a community ofrenda that will be displayed at their community centers.

The MACC Education team has begun making sugar skulls for our Dia De Los Muertos Event. The team plans to make over 1000 sugar skulls this year. Not only will these sugar skulls be decorated during Dia De Los Muertos, but they will also be shared with schools, recreation centers, and other youth programs.

Educational handouts/ posters are posted to our Day of the Dead website, [AustinTexas.gov/DayoftheDead](https://austintexas.gov/DayoftheDead). Download our 3- page bilingual Day of the Dead Guide in [English](#) and [Spanish](#)!

Academia Cuauhtli Bilingual Education Program



Academia Cuauhtli is excited to kick off our Saturday bilingual cultural arts program at Sanchez Elementary! This semester, classes will run from September 28th to November 9th, and we're thrilled to welcome around 45 students from various Title I schools within AISD.

We have planned exciting excursions to the Sacred Springs Powwow in San Marcos, Texas the weekend of Oct 5-6, and will also be participating in the Viva La Vida parade hosted by the Mexic-Arte Museum on Oct 26. We'll continue our parent support program with resource workshops led by Ana Carrasco, and we're happy to offer free breakfast & transportation for families.

We warmly invite MACC Board members to join us any Saturday between Sept 28 and Nov 9, from 9am to 12pm, at Sanchez Elementary. We're looking forward to a wonderful semester filled with learning, adventures, and building meaningful connections with Austin families!

Camino Teen Leadership Program



OCTOBER 2024 CAMINOS CALENDAR

WE WILL ALWAYS MEET AT THE LIBRARY WHEN WE HAVE A FIELD TRIP UNLESS OTHERWISE ANNOUNCED.

ALWAYS BRING YOUR OWN REUSABLE WATER BOTTLE AND A LUNCH.



 <div>10/05/24</div> <div>CENTRAL LIBRARY, 10:30-12:30 FAMILY MEET&GREET 12:30-4:30PM 1ST CAMINOS SESSION!</div> <div>LOTERIA COSTUME MAKING, EXPECTATIONS, &MORE!</div> 	<div>10/12/24</div> <div>CENTRAL LIBRARY, 10:30-4:30PM</div> <div>ICEBREAKERS, WRITING WORKSHOP BY MIGUEL B., AND LOTERIA COSTUME MAKING.</div> 	<div>10/16/24</div> <div>TEAMS MEETING, 6-7:30PM</div> <div>TRAININGS, TEAMS MEETING STRUCTURE, AND ICEBREAKERS.</div> 
<div>10/19/24</div> <div>CENTRAL LIBRARY, 10:30-4:30PM</div> <div>LOTERIA COSTUME MAKING DAY, FACE PAINTING WORKSHOP, AND DIA DE MUERTOS EVENT INFO!</div> 	 <div>10/26/24</div> <div>VIVA LA VIDA PARADE, TIME TBD (SEE EMAIL)</div> <div>WEAR YOUR LOTERIA COSTUME AND MARCH WITH US IN THE PARADE!</div>	<div>10/30/24</div> <div>TEAMS MEETING, 6-7:30PM</div> <div>VIVA LA VIDA REFLECTIONS; DIA DE MUERTOS EVENT DETAILS.</div> 



Outreach and Marketing



Mexic-Arte Ofrenda Exhibit- "Path to the Altar"

Exhibition Dates: Sep. 27, 2024 - Jan. 5, 2025

Mexic-Arte Museum's Fall Day of the Dead exhibit is now open for viewing. This *ofrenda* was created collectively by ESB MACC staff at Mexic-Arte, drawing inspiration from altar styles in Mexico as well as U.S. inter The marigold archways reflects altar traditions in Michoacan, and we were also inspired by the light blue colors found in Mary Andrade's altar in the photograph that hangs to the right of the altar. The objects on the altar contribute to this Mexican-American style altar that includes both Pre-Columbian references and modern ones in like Miguel from Coco and Lucha Libre.

The altar includes photographs and short biographies of the following individuals who have passed away:

Emma S. Barrientos (1942–2009)

Socorro Chapa (1954-2023), MACC employee

Adelita Treviño Diaz (1953 - 2022), MACC employee

Mary Ann Vaca Lambert (1956-2022), MACC & DAC employee

Jonathan Jamerson (Passed in 2015), MACC employee

Shorty Ortiz (1922 - 2020), Musician

Anthony Ortiz Jr. (1993 - 2017), Musician

José Francisco Treviño (1941- 2022), Artist & Collector

Carlos Piñeda (1939 - 2009), DAC employee

Sam Coronado (1946 - 2013), Artist & Serigraphy Teacher

Raul Salinas (1934 - 2008), Poet & Writer

Paul Hernandez (1946-2020), Activist

Ishmael Soto (1932 - 2017), Art Professor

Manuel "Cowboy" Donley (1927 - 2020), Musician



The altar is on display and available to view during Mexic-Arte's gallery hours until January 5th, 2025.

Outreach Events- September

Sept 1- Lowrider Event, Palmer Event Center

Sept 7- Teresa Long Community Day, Long Center

Sept 15- Grito at Republic Square Park

Sept 20- Frida Friday ATX Childrens Activity



Outreach Events- October

Oct 1- Umlauf Hispanic Heritage Month Celebration

Oct 9- Presentation to Adobe Office on Day of the Dead

Oct 9- Aida Cuevas concert at the Long Center

Oct 10- Lively Middle School Hispanic Heritage Month

Oct 12- AISD Art Contest & Presentation at the Performing Arts Center

Oct 20- Hola Fest with Norsan Media at Pan Am Rec Center

Collaborations



Chicano Classics Event

Saturday, September 21, 12 PM - 3PM, Cepeda Branch Library

This special partnership featured art, culture, history, books, and music! As many as 70 participants showed up to kick off Hispanic Heritage Month at Austin Public Library. Some families came from as far as Hutto and Houston, TX! Library staff curated a unique all ages display of books on lowrider culture from Austin Public Library's collection for this event.



We were honored to be joined by local Austin lowrider legend John Colunga (who most recently had a lowrider on exhibit at the Bullock Museum last month). He and his crew brought out a whole fleet of lowriders! Both adults and children were delighted by the opportunity to view a colorful dazzling array of lowriders up close in the Cepeda Branch parking lot. By the time families made their way indoors, all were fired-up to make and adorn their own lowrider paper models.

The event was enriched by a music performance by the Bronze Band. Local musicians Robert Ojeda and his band played a lively set of songs that reflected historical influences upon Mexican American music today. Esteemed local Austin artist Alonso Estrada premiered a towering custom art installation piece as an ode to lowrider art and culture. It will remain on exhibit through October 15th. It serves as a remarkable symbol of belonging for the Latinx and Mexican American community at the Cepeda Branch Library in East Austin.



Tribute to Manuel Cowboy Donley

September 28, 6-9 p.m., Parque Zaragoza, East Austin

This tribute was a collaboration between The Donley Family, the ESB-MACC, the Austin Tejano Music Coalition, and was produced by Christopher Michael Mares Mendoza. It was a heartfelt tribute to the legendary Manuel "Cowboy" Donley, featuring performances by musicians, including family members, honoring his remarkable musical arrangements. Senator Gonzalo Barrientos was a part of this event. Trio Los Vigilantes also performed. It was a wonderful evening of Tejano music outside in East Austin.



Photo from Facebook/ Christopher Mendoza

Signature Events

Viva Mexico!

Saturday, Sept 14, 5-9pm

Thank you all for an amazing 16th annual Viva Mexico, Diez y Seis Celebration! We had over 1,200 community members come out to enjoy the festivities! Special thank you to our partnership with Univision, Claudia Talamantez, Karla Barreto and Blanca Gaytan, the Mexican Consulate Humberto Hernandez Haddad and staff, MACC Advisory Board members, Pan Am Recreation Staff and Ms. Janet Moore. Thank you to all the fantastic performances, and all of the hard-working ESB MACC staff!



Viva Mexico Partners:

[Univision,](#)

[Consulado General de Austin](#)

[Frida Friday ATX](#)

Viva Mexico Performers:

[Danza Azteca Guadalupana](#)

[Mariachi Clasico](#)

[Round Rock Ballet Folklorico](#)

[Llamativa](#)

[Organización Kumbiambera](#)

[Alexandra Dorantes](#)

Viva Mexico Food Trucks:

[El Mana Food Truck, Mike's Texas Tacos, Dulce Frida](#)

[Mom and Pops Popsicles](#)

Dia de los Muertos/ Day of the Dead

Saturday, Nov 2, 2:00-8:00pm * New Time!

Oswaldo A. B. Cantu Pan Am Recreation Center, 2100 E 3rd St, Austin, TX 78702

Share on [Facebook!](#)

Share the website! www.AustinTexas.gov/DayoftheDead



The Emma S. Barrientos Mexican American Cultural Center presents our annual celebration of Dia de los Muertos / Day of the Dead at the Pan Am Recreation Center. This beloved tradition brings family and community together to celebrate the lives of our ancestors, family, friends, and public figures.

We are pairing up again with MexAmerican to bring you a double festival! The comic convention has now become a MACC tradition, highlighting graphic artists and comic books that highlight Latine cultural arts in Central Texas. More info on the [Mexamerican](#) website.



This East Austin celebration is a community-building family friendly event. Guests can enjoy hands-on children's activities, art activations, vendors, food trucks, and a collective community altar. This outdoor event is free and open to all ages. Guests may bring chairs and tents, coolers, and food/water. No glass or weapons. Dogs must be leashed.

VENDORS- Would you like to sell artwork, goods, or food? Please [fill out this form](#). All food trucks will be asked for a photo of their up-to-date Travis Co/Austin Public health permit.

NON-PROFITS- To sign up to have an information table for your non-profit organization, [fill out this form](#).



- 🦋 Outdoors, all ages
- 🦋 Face Painting
- 🦋 Calavera/ Catrina attire or Mexican American Comic-Con attire
- 🦋 Free sugar skull making
- 🦋 Community altar
- 🦋 Large-scale art installations by Las Pinatas ATX
- 🦋 Mexamerican Comic Convention including 40+ artists & activities
- 🦋 Live music & dance performances - The Tiarras, Miguel St. Michael

The MACC will also lend support to the Day of the Dead celebration at Oakwood Cemetery on Friday, November 1st.

Phase 2 “Topping Off” Event

[“Topping Off” by City of Austin Capital Delivery Services](#)

September marked a major milestone for our Phase 2 Expansion & Renovation! On Sept 10 & 11, City of Austin Capital Delivery Services held a brief signing of the topmost beam that will be a part of the new construction, a tradition to celebrate the progress made so far.

In this small, invitation-only event, they honored key contributors who have played an essential role in this project. Check out the [Phase 2 website](#) for monthly updates & newsletter!

