

6.4.25

MACC Staff Report – [Website](#) - [Facebook](#) - [Instagram](#)

Please share our social media posts, sign up for our [newsletter](#), and check out our upcoming events!

Holistic Wellness Programming

Past:

All-Levels Yoga: Saturdays @ 10:30-11:30am

Southeast Library

Attendance: 42

Focuses on body awareness, connection with the breath, with gentle movement, and time for meditation and relaxation. The library has mats to share.

Nourishing Flow: 1st Sat of each month @ 1:30-2:30pm

My Vinyasa Practice- SoCo Studio

Attendance: 3

A gentle and restorative yoga class that invites you to reconnect with your body and breath. Through mindful movement, soothing breathwork, and the healing power of sound, we'll cultivate a deep sense of relaxation

Women's Self-defense: Saturday, May 10 @ 2pm – 4pm

Austin Women's Boxing Club

Attendance: 12

We will practice using mixed martial arts techniques from Karate, Jiu Jitsu, and more. You will gain a basic understanding of how to defend yourself using your body

Zumba: Saturday, May 10 @ 5pm – 6pm

Corazon Latino Dance Studio

Attendance: 4

Bring your mom, mother figure, friend (or yourself) to this high-energy fitness class that combines Latin rhythms and easy-to-follow dance moves! It's a fun and effective way to get a full-body workout, improve your cardiovascular health, and burn calories.



Tortilla Workshop: Sunday, May 11 @ 3pm – 4:30pm

•Session 1: 3-3:30pm

•Session 2: 4-4:30pm

Veracruz All Natural

Attendance: 40

Join us for this all-ages event to learn (or perfect!) your corn tortilla making skills, guided by the wonderful folks of Veracruz All Natural! Light snacks and refreshments will be offered.

Chair Yoga: 3rd Friday of each month @ 10am

Windsor Park Branch

Attendance: 6

A gentle form of yoga that can be done seated in a chair. These modifications make yoga accessible to people with various physical abilities

Affirmations to Overcome Perfectionism & Navigate Negative Self-talk (16+):

Saturday, May 17 @ 2pm – 4pm

Ruiz Library. Attendance:14

The founders of Sin Miedo Counseling will guide us in understanding the impact of perfectionism and negative self-talk, using affirmations as tools for healing and self-talk, using affirmations as tools for healing and self-compassion.



Healing Garden Workday: Sunday, May 18th @ 10am-11am

Sunset Valley Community Garden

Attendance: 8

Creating Garden Ollas and Water Ceremony:

Join us as we learn how to keep our garden soil healthy while exploring the mesoamerican Azteca chinampas farming practices by creating our own garden ollas and close with a guided water ceremony.

Women's Circle (16+) Sunday, May 11 @ 3:30-5pm

Sunset Valley Community Garden

Attendance:7



Join us to share in plática (heart-centered conversation), self-care practices, and canto (song). This is a time to connect with others, nurture yourself, and refill your cup under the light of the full moon.

Chair Yoga: 3rd Wed of each month @ 10am

Dove Springs Recreation Center

Attendance: 4

A gentle form of yoga that can be done seated in a chair. These modifications make yoga accessible to people with various physical abilities.

Learn to Row 4th Thursday of each month @ 6-7:30pm

Austin Rowing Club

Attendance: 8

Join us on Lady Bird Lake to be introduced to sweep rowing (using one oar) in a training barge. Learn rowing stroke basics, how to stay safe on the water and handle the rowing equipment. Expect a fun, beginner friendly, and lively experience.

Upcoming:

Salsa & Bachata Basics Thursdays in June @ 6:30pm-7:30pm

Pam Am Recreation Center

Learn basic steps and body movements that define these popular Latin American dances. No prior experience or partner is needed.

Beginner Swim Lessons Tuesdays and Thursdays June 10 - July 3 @ 6 - 6:40pm

Mabel Davis Municipal Pool

Students will learn to feel comfortable in the water and basic skills to develop positive attitudes and safe practices in and around the water. Two separate concurrent classes available for adults and youth (5-17).

Learn to Row June 5th @ 6-7:30pm (Make up day)

Austin Rowing Club

Join us on Lady Bird Lake to be introduced to sweep rowing (using one oar) in a training barge. Learn rowing stroke basics, how to stay safe on the water and handle the rowing equipment. Expect a fun, beginner friendly, and lively experience.

All-Levels Yoga: Saturdays @ 10:30-11:30am

Southeast Library

Focuses on body awareness, connection with the breath, with gentle movement, and time for meditation and relaxation. The library has mats to share.

Learn to Kayak: Every Second Wednesday @ 6pm-7:30pm

Austin Rowing Club

Join us on Lady Bird Lake and paddle through the heart of Downtown Austin 🚣. Choose a single or double kayak or paddleboard.

Chair Yoga: 3rd Wed of each month @ 10am, Dove Springs Recreation Center

Chair Yoga: 3rd Friday of each month @ 10am, Windsor Park Branch

A gentle form of yoga that can be done seated in a chair. These modifications make yoga accessible to people with various physical abilities.

Cine de Oro: Tuesday, June 24th @ 9-12pm

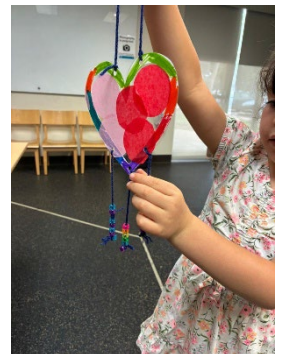
Conley Guerrero Senior Activity Center

Join us for a screening of a film from the golden age of Mexican cinema. Lunch will be served.

Youth and Family Education

Sabados en Familia

The last Sabados en Familia of the Spring was held on May 10th at the Millwood Branch Library, with 12 participants in attendance. The Education team read The Dream Catcher by Marcelo Verdad, and families created their own suncatchers as a symbol of keeping dreams alive and vibrant. The Education team enjoyed hosting Sabados en Familia out in the library branches. Sabados en Familia will take a summer break and resume in the fall with more creative and engaging programming.



In May, the Education team has supported several MACC outreach events. During Fiesta Reclamada, the Education Team hosted an education table where guest learned the history of la Batalla de Puebla, and kids were able to make *repujado* key chains. At the Tortilla Making Workshop, Mr. Paz led a hands-on activity where participants printed designs on servilletas (cloth napkins) to take home and wrap their tortillas. During the Ballet Folklorico de Austin performance at the Long Center, the team partnered with the Marketing department to host a vibrant outreach table where children and families created folklorico dancer puppets.

Throughout May, the Education team has been actively preparing for the upcoming Summer Camp at the Asian American Resource Center. Staff participated in a series of professional development trainings, including Classroom & Behavior Management, Supporting Participants with Special Needs, and CPR & Water Safety. These trainings ensure a safe, inclusive, and enriching environment for all campers.

This summer's camp will take participants on a creative journey through Latin America, with each week spotlighting a different region through an artistic lens. Arts Instructor Cassie will guide youth through Theater and Acting, incorporating puppetry, telenovelas, and digital media. Arts Instructor Angelina will lead sessions on Movement and Rhythm using 3D art and nature-inspired projects. Arts Instructor Paz will share his expertise in photography and printmaking through zines, prints, and hands-on photo activities.

Camp Dates:

Session One: **June 9–27**

Session Two: **June 30- July 18**

Session Three: **July 21- August 8**

Caminos Teen Leadership Program



On May 16th, the Caminos team participated in **SaulPauls Arts Festival** for Youth at Republic Square Park. They had over 300 students from Elementary, Jr High and High School stop by their table and create art. Each teacher was able to receive a MACC coloring book, pen and magnet so they could go back and tell their students about the work we do at the cultural center.

At the end of May, the Caminos team also finished filming a **documentary** of the mural project they have been doing at the pocket park. This year's class graduates on June 7th. They will have a graduation ceremony for the Caminos students and their families at the Dougherty Arts Center.



Pocket Park Mural Dedication was on Saturday, May 31st. Board Members, MACC Staff, Special Guests and City of Austin officials were in attendance. The program was live-streamed and you can watch it on the ESB MACC's [Facebook](#)! There were 57 attendees in total.

Speakers:

- Michelle Rojas, ESB-MACC Manager
- Marjorie Flanagan, Cultural Education Programs Division Manager
- Board Representatives (in alphabetical order): Angelica Navarro, Roy Reyna, Selma Sanchez, Lily Zamarripa-Saenz
- Laura Esparza, Executive Director of Art Alliance Austin
- Senator Gonzalo Barrientos
- Former Board Members Velia Sanchez and David Carroll
- Caminantes: Camila and Jayla , Class of 2025

The Rosas Laevigata (Cherokee Roses) bench mural was developed by local Austin artist Alonso Estrada, also known as the Death Head. It is inspired by Austin Landscape Technicians and Construction Workers that build our city.

Huge thank you to Art Alliance Austin, Royal Blue Grocery and Salvation Pizza for your support of this project.

Outreach and Marketing



In early May, the ESB MACC participated in the Cinco de Mayo events across Austin. They tabled at the City Hall City de Mayo breakfast sponsored by the COA Austin Hispanic Latino Network. Ricardo Zavala from Dove Springs Proud and plenty of non profit leaders and City Officials learned about the MACC.

MACC staff networked at both the Mexic-Arte's Fete at Republic Square Park and the Cinco de Mayo celebration at the Mexican Consulate. Michelle and Olivia participated in the Mesa de Trabajo with some of the members of the Saltillo delegation that was in Austin when the Austin Sister Cities Association hosted them the first weekend in May.

The ESB MACC had an outreach table at the Ballet Folklórico of Austin on May 18th. Families made folklorico dancer puppets and got information about free family-friendly programs.

The ESB MACC had information tables at the Martin Middle School Steamfest on May 3rd and at the BCL Resource Fair at the AISD Performing Arts Center on May 31. At both events, families contributed feedback about what they want to see in the new visual art spaces at the MACC when it reopens.

Signature Events

Awards of Excellence - Saturday, June 28, 2025, 3:00-5:30pm

Long Center- Kodosky Lounge, 701 W Riverside Dr, Austin, TX 78704



We are excited to invite you to the 2025 ESB Mexican American Cultural Center's Awards of Excellence. This will be the last year that we host the awards ceremony at the Long Center as the ESB MACC building will be celebrating its "re-opening" on Nov. 1st, 2025!

Board Members, please fill out the RSVP form **ASAP**
(no later than June 20, 2025)

[Awards of Excellence RSVP Form](#)

We ask that you not publicly announce the winners until the ESB-MACC makes a formal public announcement on June 20th. The announcement will go out on the ESB MACC's social media accounts (@ESBMACC), the [City of Austin News Portal](#), and the Awards of Excellence webpage: www.AustinTexas.gov/MaccAwards

ACME – Creative Reset



The City of Austin's new [Office of Arts, Culture, Music & Entertainment \(ACME\)](#) just turned 90 days old—and is kicking off The Creative Reset, a year-long strategic planning initiative to reimagine how Austin supports arts, music, culture, and heritage. Phase 1, launching now, focuses on redesigning the City's cultural funding programs.

Survey & More info: <https://www.austintexas.gov/creativereset>