

# 2nd Annual STRONGER AUSTIN DAY

Rock Climbing

Kids Soccer Tournament

Mixed Fit Class

Zumba

Yoga

Gardening

Tai Chi

Tae Kwon Do



## STRONGER

## AUSTIN

POWERED BY: IT'S TIME TEXAS



# Saturday, Sept. 29, 2018

Gus Garcia Rec Center - 1201 E. Rundberg Lane

## 10a.m.-1p.m.

**Free fun exercise activities, healthy cooking demos,  
health screenings, kids activities & more!**

**[strongeraustin.org](http://strongeraustin.org)**



**STRONGER  
AUSTIN**  
POWERED BY: IT'S TIME TEXAS



Funded by the Aetna Foundation, a national foundation based in Hartford, Connecticut, that supports projects to promote wellness, health, and access to high quality health care for everyone. The views presented here are those of the author(s) and not necessarily those of the Aetna Foundation, its directors, officers, or staff.

The City of Austin is proud to comply with the American Disabilities Act. If you require assistance for participation in our programs or use of our facilities, please call (512) 974-3914.

This institution is an equal opportunity provider. This material was funded by USDA's Supplemental Nutrition Assistance Program -- SNAP.

To receive assistance purchasing healthy foods, sign up for SNAP benefits at [yourtexasbenefits.com](http://yourtexasbenefits.com).