

## **Senior Congregate Meal Program**

The City of Austin Parks and Recreation Department welcomes Meals on Wheels and More as our partner for the delivery of congregate meals to eight (8) recreation/neighborhood and senior activity centers through out Austin. The Senior Congregate Meals Program is open to anyone 60 years of age or older. The meals are at the suggested Client Share donation of \$1.00 to \$3.00 but no contribution is required. In addition to lunch, participants share social and recreational activities and receive additional benefits such as nutrition education, health and welfare counseling and information and referral services.

## Locations

- Alamo Recreation Center, 2100 Alamo Street, 512-974-5680
- Conley-Guerrero Senior Activity Center, 808 Nile Road, 512-978-2660
- Dove Springs Recreation Center, 5801 Ainez Dr, 512-974-3840
- Gus Garcia Recreation Center, 1201 East Rundberg, 512-339-0016
- Metz Recreation Center, 2407 Canterbury Street, 512-978-2399
- South Austin Neighborhood Center-Durwood, 2508 Durwood, 512-972-6840
- South Austin Senior Activity Center, 3911 Manchaca Road, 512-978-2400
- Virginia Brown Recreation Center, 7500 Blessing Avenue, 512-974-7865

For more information regarding the Congregate Meal Program, call 512-476-6325. Inquiries about senior adult recreation and social activities, please call 512-974-9491.